



**Strength &  
Conditioning**

[www.vital2.co.uk](http://www.vital2.co.uk)  
Membership Gym  
& Personal Training

Newsletter #6 November 2010

# New Year Membership Package

## All circuits are...



Upgrade your gym membership to £39.50 and receive all circuits for FREE!

V2 are starting a NEW membership package in the New Year and shall be including up to 10 supervised sessions, every week, FREE!!!

If you upgrade to this package you will no longer pay £3 for our circuits. The more sessions you do the more money you will save!

Upgrade to only £39.50 and.....

# DON'T MISS OUT!

**Between now and Christmas all circuits at V2 (including boxing and survival) are FREE\***

V2 have timetabled 2 extra supervised sessions during the day on Monday at 12pm and Thursday at 1pm

Circuit sessions in the New Year will still be available to non-members at £5 per session

Speak to Greg or Ian about changing your membership to the **NEW YEAR** package

\*If you are a member paying the monthly price of £39.50



V2 Strength & Conditioning, 8 Lincoln Enterprise Park, Newark Road, Lincoln, LN5 9EJ

Tel: 01522 690702

Website: [vital2.co.uk](http://vital2.co.uk)

Email: [info@vital2.co.uk](mailto:info@vital2.co.uk)