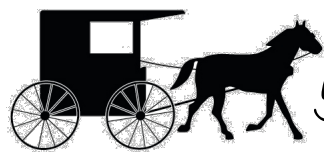




from local farms to  
your family's table



## Horse and Buggy Produce

your Local Natural Foods Cooperative

Produce • Eggs • Meat • Trout • Poultry • Baked Goods • Dairy

### what

Each week, we'll deliver to you a "share" of the freshest locally-grown fruits & vegetables from central Virginia, as well as other local farm products such as honey, apple butter, maple syrup and apple cider.

We do the shopping for you, hand-selecting your share from 100+ Old Order Mennonite farmers' small plot personal vegetable gardens, fruit orchards, and livestock in the Shenandoah Valley.

*Our service links your table with their harvest.*

We also offer shares of local:

- Pasture-Raised Poultry
- Spring-Raised Trout
- Bread & Granola
- Beef, Bison, Pork & Lamb
- Pasture-Raised Hens' Eggs
- Goat Cheese

### when

Our season runs from mid-April through mid-December 2010.

### where

Pick-up locations available in Charlottesville (250W, 29N, 250E, Dtn), Crozet, Lynchburg and Richmond.

### why

Save time and money, and support local agriculture while providing you & your family with the highest quality local food - fresh & delicious, better for you & the planet.

**\*\*PLUS\*\* 3% of your subscription fee will be donated to Tom's Garden!**

### how

Getting started is simple:

- Visit our website, [horseandbuggyproduce.com](http://horseandbuggyproduce.com), for complete details and ordering information.
- 700 subscriptions are available in the Charlottesville/Albemarle area plus 100 in Glenmore;
- 200 in Richmond; and 200 in Lynchburg, issued on a first come, first served basis.
- You may interrupt or resume our service at anytime, and no commitment is necessary.
- Custom build your Horse & Buggy experience, selecting from a wide variety of farm products & a range of share sizes.
- Your shares are delivered to one of several convenient pick-up locations on a weekly or bi-weekly basis.
- In addition, each week we have a mini-farmer's market at each pick-up location, where we sell a separate selection of goods on an a la carte basis.