


Alexandria Allies Presents

DODGEBALL

Event Info:

Compete in a dogdeball tournament against other 6-on-6 teams at Lake Community Church on Nov. 21, starting at 1:00 PM.



Compete 6-on-6 against teams from other youth groups!

TEAM REGISTRATION FORM

Please fill out the following information and turn it in to your church's youth pastor. Each team member must also turn in their medical release form and \$3/person (checks made out to Allies). Forms are due by Nov 15.

Team Name: _____

Church: _____

Want to play, but don't have a full team?

Fill out this form with only your name listed and/or any friends you want to play with and turn it in along with your consent release form and \$3 by November 15. If enough singles register, we'll combine random teams for you all.

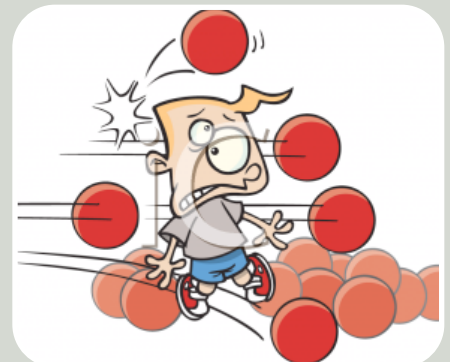
Team Roster:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Important Notes:

1. Teams uniforms are encouraged.
2. Teams are expected to be familiar with the official dodgeball rules provided in this packet.
3. This team registration form, every player's consent release form and \$3/person is due by Nov 15 (checks made out to *Allies*). Turn it all in to your church's youth pastor.
4. Please show up at Lake Community Church promptly at 1:00 PM as to not delay your team from playing.

Substitute: _____



Official Dodgeball Rules

The Team

- At least 4 players must fill the court or it is a disqualification. Players who are late to arrive may not play until the next round.
- You can have a maximum of 7 players on your roster. Only 7th-12th graders are allowed.

When someone is out

- If a live ball is thrown and hits a player and bounces off a wall, the ceiling, another object, or another person you are out.
- When a live ball hits two players, the first person to get hit is out, but the second person is not out.
- If at anytime a live ball hits the ground it is considered a dead ball. So if the ball hits the ground first before hitting a player they are *not* out.
- If at any time a body part touches the ground past the middle line you are out. However, if there is a ball that is reachable you are allowed to get it as long as you don't touch the ground. Also see *The Opening Rush* about crossing middle line.

Ball Caught

- When a person catches a live ball thrown at them, the other person is *not* out. Instead, someone from their team may re-enter.
 - If a live ball hits one

player and falls into the hands of another you are safe, that does not constitute as an out for anyone. Everyone, including the player who threw the ball, is safe.

Boundaries

- The only time you are allowed to leave the playing court is when you are retrieving a ball. If you are trying to dodge a ball and you jump out of bounds, *you are out!*
- If you are out you must be behind the designated line or you team will receive a warning. If you receive two warnings the other team may choose one player from your team to come out and start at the end of the line.

The opening rush

- A person must be touching the wall either with a hand or a foot. If at the blow of the whistle you are not touching the wall you are automatically out.
- Players may not cross the middle line at the opening rush for a ball or they will be out.

Ball holding rule

(Using a ball for protection and ways to get out)

- You may use a ball to block other balls being thrown at you. However, if at any time a thrown ball knocks the ball you are holding out of your hands, you are out.
- NOTE: The fingers on a ball are part of the ball, but the back of the hand and the wrist are not. So if you get hit in the fingers first you're still in, but if you get hit in the back of the hand or on the wrist you are out.

- Once a live ball hits another ball in an opponent's hand it becomes a dead ball. So if the ball is caught after hitting a protecting ball no one is out or if the ball hits a person after a protecting ball no one is out.
- If a live ball hits a player at any time before it hits a ball first the player is out.
- Sneak attacks are allowed as long as the

player remains in the field of play.

- If the game is stalled and a Ref warns you to throw the ball and you hold for longer than 5 seconds, for the rest of game you are not allow to throw until you catch 2 live balls.

The chair rule

- There will be 6 chairs on each side of the head ref. If you are out, you must sit in the order that you got out, so you may re-enter when it is your turn. Next in line must sit closest to the ref.

The re-enter rule

- The order that you get out is the order you get back in.
- The only way for someone on your team to re-enter into the game is if someone on your team catches a ball on your team.
 - It cannot come off a wall
 - It cannot come off a ball
 - It cannot touch anything in between the catcher. If a live ball hits the first initial contact person and he bobbles and pulls it in without hitting anything or anything, the next player in line can come back in.
- NOTE: You have 3 seconds to re-enter or you stay out, only now you are in the back of the line. Once you enter play in bounds you are a *live* Player.

Last man rule

- If there is one person left on your team and he catches a live ball, your whole team comes back in!

Know these

- Don't be jerks
- Avoid head shots
- If at any time you are caught cheating, you and your team will forfeit that game.
- No abusive language, foul language or gestures.
- The ref is making judgment calls and if you don't like the calls, get over it, or they can just kick you out of the game and/or off your team.
- Breaking the "Know These" rules is grounds for dismissal from the game, your team, and even the facility. Please be Christlike in all that you say and do.

Not your
typical dodge-
ball rules



2009 CONSENT RELEASE FORM

This form is
required for
every student

Acknowledgment of consent

As legal guardian of the below-named participant, I hereby give my permission for any and all medical attention necessary to be administered in the event of an accident, injury, sickness, etc., under the direction of the person(s) listed below, until such time as I may be contacted. I also hereby assume the responsibility for payment of any such treatment. This release is effective for the day of November 21st, 2009, specifically for the Allies Dodgeball Tournament.

Minor's first and last name

Address

Parent/Guardian's first and last name

Address

Home Phone

Work Phone

Cell Phone

Email

Insurance Company

Policy Number

If I cannot be reached, either of the following is designated:

First and last name

Address

Phone Number

Physician

Address

Phone Number

Known allergies/medical conditions

Current medications

Date of last Tetanus shot

Please check the over-the-counter medications you will NOT allow to be dispensed to this participant:

aspirin acetaminophen (e.g. Tylenol) Pepto Bismol
 nasal decongestant (e.g. Sudafed) ibuprofen (e.g. Advil, Motrin)
 cough suppressant (e.g. Robitussin, menthol cough drops)

Parents/guardians, please read and sign this:

As the above-named participant (or legal guardian if the participant is a minor under the age of 18), I hereby attest that I have read this complete document; all information provided is complete and true; I have legal standing to make decisions which affect the rights of the above named participant; and I understand and consent to all terms outlined in this document. I hereby voluntarily and knowingly assume all risks and dangers inherent and incidental to Youth Ministry activities and travel, understanding that some activities may pose a risk of injury. I will not hold liable Lake Community Church, Allies, it's employees, or volunteers for any injury, illness or property damage involving the above-named participant for circumstances beyond their control. I give my permission for him/her to travel and participate in Allies DodgeBall Tournament. Photographs and video are taken of participants in the course of events and may be used for publicity and or promotional reasons, and I will allow photo and video publication without the use of the minors name (unless specifically requested) taken during the Allies Dodgeball Tournament.

Signed: _____ Date: _____