



USAW SANCTIONED OLY MEET
HOSTED BY ELITE STRENGTH & CONDITIONING
AUGUST 18TH • 8AM - 4PM

LOCATION: 16719 PAWLIN DR, SELMA, TX 78154

THERE WILL BE 3 SESSIONS THROUGHOUT THE DAY. SESSION 1: WEIGH IN AT 8 AM, LIFT AT 10 AM. SESSION 2: WEIGH IN AT 10 AM, LIFT AT 12 PM. SESSION 3: WEIGH IN AT 12 PM, LIFT AT 2PM.

\$35 PER ATHLETE