

## **Team Rules for The 2013 Texas State Championships And Open**

### **Teams**

**Each barbell club is allowed to register up to one team per location. For example, if club ABC has a location in Dallas and Ft Worth, club ABC can either have 1 large team or 2 smaller teams based on location.**

### **Registration**

**Teams must be registered as a team through the Eventbee website by 4PM CST January 18, 2013.**

**<http://2013texasstateweightliftingchampionships.eventbee.com/>**

### **Roster**

**Only lifters that are registered by 11:59 PM CST January 4, 2013 that indicate they lift for the Team's club at time of registration are eligible for a Team's roster. Please note that if your club has more than one team, the lifter must also indicate which location they train at and will be placed on that Team's roster.**

Club? N/A if unattached\*

**Lifters will need to bring their USAW membership cards or be able to log into USAW.Hangastar.com to verify club membership at weigh in. Internet service will not be provided at weigh in.**

**All lifters must have current USAW membership.**

**If a club has more than one team a lifter must represent the team where they physically train.**

**All lifters that follow the above guidelines will be on a Team's roster and eligible to participate in the team event.**

### **Scoring**

**A Team's score will be the sum of the top rostered 4 male Sinclair/Meltzer scores and the top 4 female Sinclair/Meltzer scores. No need to set a roster. Note that a Meltzer score is for individuals that are considered Master lifter (35+). An individual may compete in the Open division and still receive a Meltzer coefficient applied to their Sinclair.**