

# Wednesday Night Renewals

## ...for Body, Mind, Spirit



UCUMC introduces a new, weekly program for mid-week renewal and inspiration on Wednesday evenings. Participants may attend any or all of these weekly offerings:

- 5:30-6pm – light supper, Great Hall
- 6:00-7pm – stimulating classes on a variety of subjects, Yoder Room
- 6:00-7pm – yoga class for all ages and physical abilities, Parlor
- 7-7:30pm – contemplative worship, Chapel

### RESERVATIONS ARE REQUESTED

Please complete and return this form to the church office.

Name(s) \_\_\_\_\_  
 (WITH A RESERVATION, DINNER IS PROVIDED FOR A \$5 CONTRIBUTION.)

I/we plan to attend:

<u>Date</u>	<u>Dinner</u>	<u>Program</u>	<u>Yoga</u>	(Full program descriptions on reverse side)
Oct 26	_____	_____	_____	<i>Inner Visions</i> – Jan Thrope
Nov 2	_____	_____	_____	<i>Einstein's Telescope</i> – Dr. Evalyn Gates, CEO, Natural History Museum
Nov 9	_____	_____	_____	<i>Gray's Anatomy: More Than a TV Show</i> – Dr. Rick Drake, Director of Anatomy, College of Medicine, Cleveland Clinic
Nov 16	_____	_____	_____	<i>Advent wreath-making</i> – John Wheeler
Nov 30	_____	_____	_____	<i>The Advent of God's Social Network</i> – Dr. Ken Chalker

## Fall Wednesday Night Class Opportunities . . .

**October 26 – *Inner Visions*.** Jan Thrope, activist, author and founder of Inner Visions of Cleveland, presents grassroots stories of truth and hope she has written and photographed from the perspective of people living in some of the most economically challenged areas of Cleveland's east side urban core. These are stories of everyday life in the city. But they are also about the power of what happens when neighbors connect to neighbors to create the life they envision. Jan shares the extraordinary improvements being accomplished by ordinary people such as food-producing gardens replacing barren city lots, student mentoring programs helping kids rise high above expectations, and support groups that make neighborhoods stronger, safer and more cohesive.

**November 2 – *Einstein's Telescope*.** Dr. Evalyn Gates, Executive Director and CEO of the Cleveland Natural History Museum discusses topics from her book "Einstein's Telescope: The Hunt for Dark Matter and Dark Energy in the Universe," but you need not read the book to participate. Dr. Gates is passionate about science and physics and she is acclaimed for her ability to communicate complex subjects in such a way that everyday people can understand.

**November 9 – *Gray's Anatomy: More Than A TV Show*.** UCUMC member Dr. Richard (Rick) Drake is Director of Anatomy and Professor of Surgery at the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University and one of the authors of *Gray's Anatomy for Students*, inspired by the first and famous *Gray's Anatomy* textbook published in 1858. Rick's anatomy textbook has been widely praised for its innovative illustration style which emphasizes clarity and a conceptual approach to learning. He will share information about the British anatomist Henry Gray, the significance of Gray's text in medical education, and the intriguing story of how Rick's own textbook came to be published and the reception it has received.

**November 16 – *Advent Wreath-Making*.** UCUMC flower arranger extraordinaire, John Wheeler, will enable folks of all ages to complete a beautiful Advent wreath of their own creation. Supplies will be provided and donations accepted to defray expenses.

**November 30 – *The Advent of God's Social Network*.** Dr. Chalker compares God's relationship with humankind at the time of Christ's birth with current-day relationships through various social media such as Facebook and Twitter.