

Wednesday Night Renewals

...for Body, Mind, Spirit



UCUMC introduces a new, weekly program for mid-week renewal and inspiration on Wednesday evenings. Participants may attend any or all of these weekly offerings:

- 5:30-6pm – light supper
- 6:00-7pm – stimulating classes on a variety of subjects
- 6:00-7pm – yoga class for all ages and physical abilities
- 7-7:30pm – contemplative worship with Dr. Ken Chalker

Take time midweek to be engaged, educated, enriched and renewed.

RESERVATIONS ARE REQUESTED

Please complete and return this form to the church office.

Name(s) _____

(WITH A RESERVATION, DINNER IS PROVIDED AND A FREE-WILL OFFERING ACCEPTED.)

I/we plan to attend:

<u>Date</u>	<u>Dinner</u>	<u>Program</u>	(See reverse side for descriptions)
Oct 19	_____	_____	<i>Galileo: Science vs Religion</i> – Nathan Motta
Oct 26	_____	_____	<i>Inner Visions</i> – Jan Thrope
Nov 2	_____	_____	<i>Einstein's Telescope</i> – Dr. Evalyn Gates, CEO Natural History Museum
Nov 9	_____	_____	<i>Gray's Anatomy: More Than A TV Show</i> – Dr. Rick Drake, Director of Anatomy, College of Medicine, Cleveland Clinic
Nov 16	_____	_____	Advent wreath-making with John Wheeler
Nov 30	_____	_____	<i>The Advent of God's Social Network</i> – Dr. Ken Chalker

I/we plan to participate in yoga rather than the program:

- Oct 19 Oct 26 Nov 2 Nov 9 Nov 16 Nov 30

(Please indicate if you plan to participate in the dinner as well)

Fall Wednesday Night Class Opportunities . . .

October 19: – *Galileo: Science vs Religion.* Nathan Motta, Assistant Director of the Cleveland Playhouse production of "The Life of Galileo," discusses the significance of the life of mathematician and scientist Galileo who was persecuted by the Roman Catholic Church for his views on the universe. Dr. Chalker joins Nate in discussing the ongoing conflicts between science and religion. Participants need not see the play to benefit from this informative, entertaining presentation.

October 26 – *Inner Visions.* Jan Thrope, activist, author and founder of Inner Visions of Cleveland, presents grassroots stories of truth and hope she has written and photographed from the perspective of people living in some of the most economically challenged areas of Cleveland's east side urban core. These are stories of everyday life in the city. But they are also about the power of what happens when neighbors connect to neighbors to create the life they envision. Jan shares the extraordinary improvements being accomplished by ordinary people such as food-producing gardens replacing barren city lots, student mentoring programs helping kids rise high above expectations, and support groups that make neighborhoods stronger, safer and more cohesive.

November 2 – *Einstein's Telescope.* Dr. Evalyn Gates, Executive Director and CEO of the Cleveland Natural History Museum discusses topics from her book "Einstein's Telescope: The Hunt for Dark Matter and Dark Energy in the Universe," but you need not read the book to participate. Dr. Gates is passionate about science and physics and she is acclaimed for her ability to communicate complex subjects in such a way that everyday people can understand.

November 9 – *Gray's Anatomy: More Than A TV Show.* UCUMC member Dr. Richard (Rick) Drake is Director of Anatomy and Professor of Surgery at the Cleveland Clinic Lerner College of Medicine of Case Western Reserve University and one of the authors of *Gray's Anatomy for Students*, inspired by the first and famous *Gray's Anatomy* textbook published in 1858. Rick's anatomy textbook has been widely praised for its innovative illustration style which emphasizes clarity and a conceptual approach to learning. He will share information about the British anatomist Henry Gray, the significance of Gray's text in medical education, and the intriguing story of how Rick's own textbook came to be published and the reception it has received.

November 27 – *Advent Wreath-Making.* UCUMC flower arranger extraordinaire, John Wheeler, will enable folks of all ages to complete a beautiful Advent wreath of their own creation. Supplies will be provided and donations accepted to defray expenses.

November 30 – *The Advent of God's Social Network.* Dr. Chalker compares God's relationship with humankind at the time of Christ's birth with current-day relationships through various social media such as Facebook and Twitter.