

How did you feel on your first day?

How welcome were you made to feel?

Circle any of the following words to describe how you felt.

Afraid

Bored

Busy

Calm

Challenged

Confident

Confused

Cool

Disappointed

Energetic

Exhausted

Friendly

Frightened

Grown up

Happy

Helpful

Interested

Nervous

Praised

Stressed

Told Off

Unprepared

Unused

Worn Out

Worried

Young

On the following pages you can record the actual work you do or any skills you feel you have developed.

Find time every day to record what you have done.



P.S. Don't forget to thank your placement provider – a card or letter is always appreciated.

Day 1

Got the ropes on the Bronze arts awards as to what I have to do. I also learnt about what the company does. Also got to talk to Communications manager ~~and~~ about what

the communication is used to promote the company.

Day 2

Going to Warrington for a training program. Before that logging contracts and grants into the companies system. The training was about benefits and taxes and what should and shouldn't be taxed in a company.

Day 3

Research for Arts Award here (John Lennon) and interviewed 3 members of staff about ~~the~~ what they do in the company and how they got into it.

Day 4

visited Walker art gallery to visit 'like you've never been away' exhibit and in the evening visited the private viewing of René Magritte 'The Pleasure Principle'

