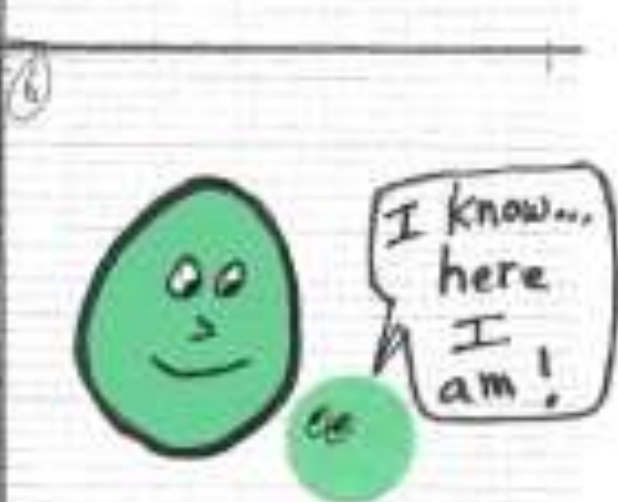
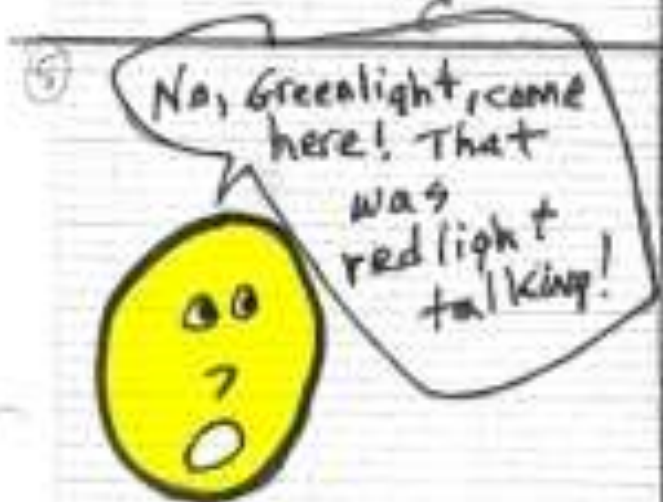
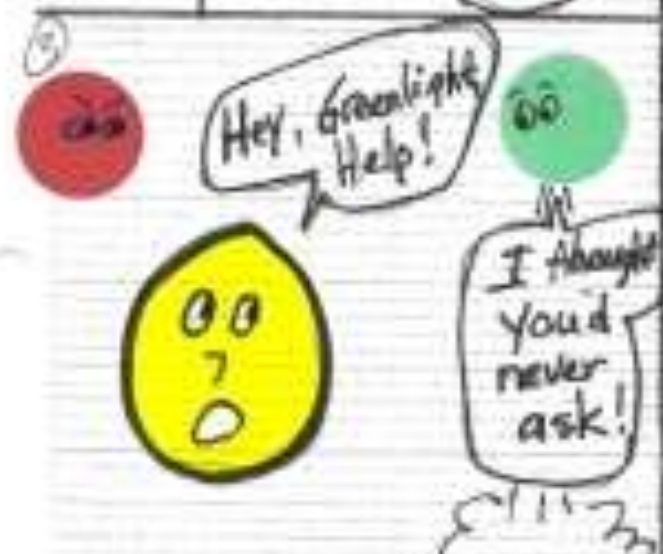
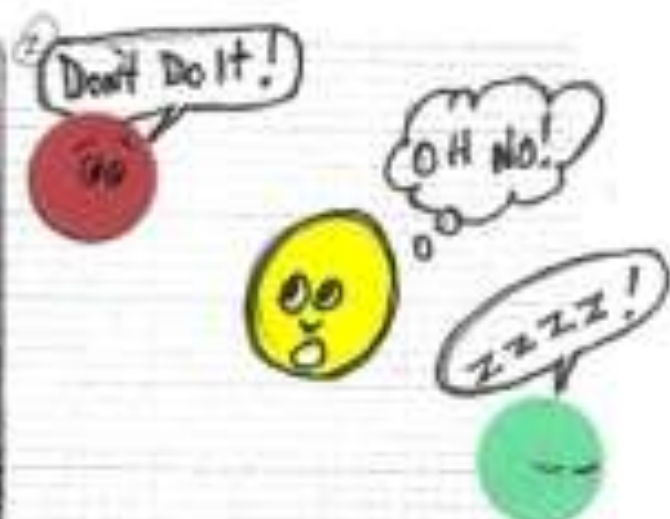


How to Get the Girl (or Guy) of Your Dreams (or Anything Else You Want)

By Roland C. Bonay
<http://rolandbonay.com>



Based on the book “DO IT!” by Peter
McWilliams





Thank You,
now go
away!



8

Don't listen,
that was Red Lite
again



9

I'm not going--and
don't you listen to
Red Lite either. You
can do the thing
you want to do. You
know you can!



But I'm
Afraid!



10

You know fear means
"don't do it!"
Everyone knows
that!



11

Fear is the **ENERGY** to
do your best in a new
situation, so, naturally
you're afraid... why not
USE the **ENERGY**?



Oh, right!



12

Oh, wrong!
What if she rejects
you? You'll feel
guilty and miserable
AND you'll **DESERVE** it!



Oh, No!

13
Guilt is being angry with yourself, and anger is the energy to make change.
Is this new experience something that will harm you or another?



14
YES!

No, it's just New... and different.



15
It will hurt you emotionally. You shouldn't feel uncomfortable. It's dangerous. It can KILL you! You can have a heart attack... or a stroke!



16
Oh; give us a break!

Speaking of breaks, you might break an arm or your neck!

?



17
Is this step you're afraid to take moving you in the direction of your dreams?

Hey, that's my space!

Yes!



18
Then Do It!

You're not worthy of this! Who do you think you are?



QUIET!

No! I'm gonna stay right here and ruin everything! It's my job AND I Love it!



Is this a step towards your heart's desire?

No!

YES!



Then you're worthy of it!

You'll fail!

Yeah, I might...



If you do, then you'll learn from the failure, but I don't think you'll fail.

You'll be let down! Your feelings will be hurt! You'll feel bad, terrible, miserable, deserted!



Hey, I can't see!

You'll be fine. You don't have to respond to anything that happens to you with hurt. Just respond with LOVE



Get off me!

Use the energy of anger to make a positive change. Or change the belief you have that people should treat you in a certain way.



mmmmff!

25 Just remember that beneath the hurt and the anger is love. I can't hold Red Lite back forever so the next time he shows up we shower him with LOVE

26 I'm Back!
Whoosh!
Ready?
Yes

27 ??
I LOVE YOU!
Now!

No!
I Love You!
I Love You!
Arrgh!
Stop!
Stop!
I Love You!

28 I'm Outta Here!
Whoosh!
OK, so lets DO IT!
Lets DO it!

29 Where'd she go?

SUSAN JONES - HA

to be continued...