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15th
ANNIVERSARY



Qatar Foundation Telegraph.

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Education University College London to offer master's degrees in Qatar from 2011

New university joins QF

HER HIGHNESS Sheikha Mozah bint Nasser Al Missned, Chairperson of Qatar Foundation, witnessed the signing of an agreement for University College London (UCL) to join Education City.

The world-renowned UK university will offer its master's degrees in Museum Studies, Conservation and Archaeology as part of a three-way partnership between Qatar Foundation, University College London and Qatar Museums Authority.

The agreement was signed at the Royal Society in London by His Excellency Dr Abdulla bin Ali Al Thani, Vice President for Education of Qatar Foundation, and Professor Malcolm Grant, UCL provost.

"University College London has consistently been ranked among the world's greatest universities, and its achievements in the fields of Archaeology and Museum Studies have been particularly striking," said Dr Al-Thani. "I know UCL will add greatly to the intellectual and cultural life of Qatar. It is a significant milestone in the history of Qatar Foundation that a British university is to establish a campus at Education City."

UCL Qatar will provide professional training courses beginning in spring 2011 for the staff of Qatar Museums Authority, enabling Qatar to become a regional center of excel-



lence in museum practices at all levels. Two-year master's programs in Museums and Conservation practice and in Arab and Islamic Archeology will be on offer from 2012. Courses on offer to students will include research projects based on early iron

in Sudan and Bronze Age Egyptian glass. In the next five years, the goal is to have 145 local and international students on campus.

"I am delighted that one of our world class universities can play a leading role in supporting the tre-

mendous cultural drive being led by Her Highness Sheikha Mozah and Her Excellency Sheikha Al Mayassa," said David Willets, UK Secretary of State for Universities and Science. "I know that as Qatar develops its exciting plans for further new museums,

UCL will, through professional training, partnerships with local universities and schools, research programs and an archaeological fieldwork unit provide a ready source of expertise and experience to help make these projects globally renowned."

Annual Research Forum

■ Qatar Foundation will bring together local and international researchers and highlight research efforts in Qatar and the Gulf during its first Annual Research Forum on 12 and 13 December. Turn to page 2 for more details.

»Theater performances seem more real [than movies] – there are more emotions, the actors are dressed in elaborate costumes, and you need to understand how to capture that.«

Turn to page 4 for more on the Digital Theatre workshops.

Desert plants in cosmetics

■ Qatar Science & Technology Park is supporting research to find out how plants endemic to Qatar and the region could contribute to the cosmetics industry. Turn to page 6 to read more on how they are planning to use the Sidra tree in skin care products.

COMING UP

Doha Carbon & Energy Forum
8 – 10 November

■ The three-day Doha Carbon & Energy Forum, organized by Qatar Foundation, ExxonMobil and Qatar Petroleum, will focus on technologies that might contribute to finding solutions to the environmental and energy challenges in Qatar and the Gulf region.

Annual Research Forum
12 – 13 December

■ Qatar Foundation (QF) will hold its first Annual Research Forum on 12 and 13 December, bringing together local and international researchers to highlight research efforts in Qatar and the Gulf.

The second day will conclude with the awarding of research programs in the categories of biomedical, energy, environment, computing and humanities, arts, social sciences and Islamic studies. Three other awards will be given out to student poster presentations.

“Just as the forum will serve as a hub of intellectual and scientific exchange that will spur further groundbreaking endeavors, Qatar will soon become the regional center for research and innovation that will benefit not only its own population but also those of its neighbors,” said Dr Abdelali Haoudi, QF’s Vice President for Research.

“The Forum is also a mechanism where we can identify synergies between different research themes,” added Dr Chee Wen Chong, Manager, Research Partnerships Office, Research Division. “While we usually look at specific fields in isolation, we’d like to create connections between different research groups.”

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Research Series of new deals to expand Qatar Foundation’s capabilities

A new era of research

QATAR FOUNDATION announced a series of new partnerships and programs in London that will provide new opportunities to students, boost research and innovation, and have a lasting impact on the nation’s health.

In the first of these, research pioneers from Britain and Qatar held a rare roundtable at The Royal Society, setting the stage for long-term collaboration between the two countries.

“It’s not just what we are doing, it’s what we *should* be doing that is important,” said Her Highness Sheikha Mozah bint Nasser Al Missned, Chairperson of Qatar Foundation.

“There’s a fever of research in Qatar but I worry about fevers because fevers burn out. We live in an interconnected world and we must build on what we have and learn how to use the past as a tool to rekindle the confidence of our ancestors, not just as a historical reference.”

At Her Highness’ request, experts made practical suggestions for Qatar to move forward in its biomedical research strategy, with commercializing research so that its benefits could be spread more widely featuring heavily.

“Science and research have obvious benefits for individual and public well-being,” said Lord Mandelson, former UK Business Secretary. “The best way to encourage innovation is to encourage internationalism and commercialism, through linking medical research to science and then to commerce. The work Qatar is doing is a golden opportunity not only for Qatar but for the rest of the world.”

Biobank

Qatar’s research efforts will be further boosted by a planned bank of genetic and biological samples, The National Biobank, to be established through an agreement between Qatar Foundation, the Supreme Council of Health and Imperial College London.

It will collect and store data on Qatar and south-east Asian populations – a genotype previously unexplored by any bio bank. The data collected will include biometric measurements, lifestyles, environmental exposures as well as biochemical analysis of their blood samples. It will also extract and store DNA and blood samples from participating residents for future analysis.



Research experts and political figures exchanged ideas in the roundtable at The Royal Society

The bank of genetic and biological samples will assist research taking place at the centers in QF’s Biomedical Research Institute, which focus on diseases common to Qatari and GCC populations, in particular diabetes, cardiovascular diseases and cancer.

The first of these centers, the Qatar Cardiovascular Research Center (QCRC), was also unveiled at The Royal Society.

QCRC is a collaborative effort, built on the expertise of Qatar Foundation’s medical partners including Hamad Medical Corporation, QAL Advanced Cardiovascular Network and Weill Cornell Medical College in Qatar.

New Opportunities

In announcing the Qatar Biomedical Research Institute and its first project, the Qatar Cardiovascular Research Center, Dr Fathy Saoud,

President of Qatar Foundation, stated: “These new centers will offer important opportunities for Qatar-based scientists to integrate, coordinate, and align biomedical research in Qatar, furthering to establish Qatar as an important research hub.”

In the final deal to be signed in London, between Qatar Foundation and the British Library, tens of thousands of documents – including po-

litical records, letters and maps – and medieval manuscripts relating to centuries of history of the Arabian Gulf will be made available online to pupils, students and scholars across the Gulf region and around the world.

Signed in London by Her Highness Sheikha Mozah and Baroness Tessa Blackstone, Chairman of the British Library Board, the four-year project will see curators and experts from the UK national library digitize India Office Records on the Gulf, spanning a period from the middle of the 18th century to 1951. In addition, the project will digitize manuscripts that demonstrate the influence of the Islamic world on the fields of science and medicine during the medieval period.

The goal of the project is to make this treasure trove of historic material available online in English and Arabic, alongside scholarly and contextual commentary.

New initiatives

- University College London to open in Qatar in 2011
- National Biobank will store genetic and biological samples
- Qatar Cardiovascular Center will be first in new Qatar Biomedical Research Institute
- QF and British Library to make historic documents available online

Lord Ara Darzi Lecture

■ As part of Qatar Foundation’s Distinguished Lecture Series, Professor Lord Ara Darzi, holder of the Paul Hamlyn Chair of Surgery at Imperial College London, will hold a lecture about Health Care Reforms – Quality and Innovation on 22 November. Following his lecture will be a 45-minute discussion session. The event will be held in Weill Cornell Medical College in Qatar.



Doha Debates shortlisted for awards

■ The Doha Debates have been shortlisted for two prestigious awards by the Association for International Broadcasting. The awards celebrate excellence in global program making for television, radio and online material and will be held in London on 9 November. They are judged by international panels drawn from the broadcasting industry as well as radio and TV critics.



Education QMA launches scheme to teach young students QMA hunts for talented musicians



QATAR MUSIC Academy (QMA) has unveiled its first program, aimed at teaching music to children aged 8-10.

Thanks to both organizations' membership of Qatar Foundation, students will have the opportunity to be taught by musicians from Qatar Philharmonic Orchestra (QPO).

Each student will learn the piano and another instrument of their choice, and will learn the traditions of both Western and Arabic music.

"Our aim is to nurture the young musical talent in Qatar, and this is the first step on the road towards achieving our mission of fostering appreciation of music in Qatar, and

creating a place for it at the heart of national culture," said Dr Abdul Ghafour Al Heeti, Acting Director of QMA.

"Many of the teachers are musicians with Qatar Philharmonic Orchestra. These musicians all have impressive performance experience, gained at some of the most renowned orchestras and venues of the world. We have the best of both worlds with our teachers. They are all excellent instrumentalists and also have extensive teaching expertise."

According to Dr Al Heeti, the decision to partner with QPO offers benefits to both the organizations and to the students.

"The program launches in early 2011, and all lessons will take place at QMA's custom-designed campus in the new Cultural Village. As well as learning instruments from world-class musicians, students will eventually have the chance to take part in a variety of public performances.

A maximum of 60 students will be accepted, and anyone interested should fill out an application form. Shortlisted candidates will be asked to an interview and audition, which will test their aptitude with an instrument and their knowledge of music theory.

☎ For more information, please visit www.qatarmusicacademy.com.qa

Film Student's work at private screening Student showcases work at film festival



REZWAN AL ISLAM, a Communication student at Northwestern University in Qatar (NU-Q), premiered his first short film during a private screening at Doha Tribeca Film Festival at the end of October.

The 10-minute film was the result of seven months of workshops Al Islam attended in Doha Film Institute's (DFI's) Filmmaker's Lab. He was invited to join the program after sending in a short script he had written for an introductory course to filmmaking at NU-Q.

In April, he and seven other participants attended the Tribeca Film Festival in Manhattan, taking part in several screenwriting workshops. The

week was followed by several other workshops in Qatar, which taught him the essentials of filmmaking.

Writing, directing, and editing the movie, Al Islam says he "learned a lot about the growing film industry in Qatar and how much I love films even though it was painstaking at times.

"When you go out in the field, a million things go wrong – the actors cannot perform, the location doesn't work, even while editing you find out that it does not flow with the narrative," said Al Islam about the process. "I started changing little things in the script to make everything work better."

Diabetes Campaign to help sufferers complete pilgrimage

QDA aims for healthy Haj

QATAR DIABETES Association (QDA) has launched a campaign to help diabetics avoid health problems when they go on Haj.

QDA has partnered with the Qatari Haj Authority to work with both diabetics who wish to go on the pilgrimage and the medical professionals who will be accompanying them.

While Haj is an important religious duty, it also places stress on the body that can be particularly dangerous for diabetics. There is a great deal of physical activity which raises the risk of de-

hydration and heat stroke. Meals may not always be taken regularly, leading to unhealthy fluctuations in blood sugar. And diabetics have to be especially careful to protect their feet, since they are particularly slow to heal in those suffering from the condition.

As part of the campaign diabetics will be given a special kit including a brochure packed with advice and a bag to ensure they carry their insulin properly.

Tips include avoiding direct sunlight and making sure enough insulin is packed for the entire trip.



President of Turkmenistan visits QF

His Excellency Gurbanguly Berdimuhamedov, President of Turkmenistan, was welcomed by the Communication Directorate on 12 October. He was given a presentation of Qatar Foundation's master plan, followed by a brief question and answer session. The event was concluded with a tour around Qatar Foundation's facilities and buildings.



Celebrating The Philippines

A unique cultural event celebrating Filipino culture was held on 28 October, featuring traditional handicrafts, cuisine, face painting for children and many other activities. The event was organized by Qatar Foundation Faculty and Staff Life Committee in cooperation with the embassy of the Republic of the Philippines.

COLUMN

ALI JASSIM AL HAIDOUS

Decorating interiors

IMAGINE THE following situation. For weeks you have been corresponding with a colleague over the phone and via email, brainstorming together on ideas and communicating efficiently. Soon enough you agree to meet and you step into their office with anticipation.

But as you sit there discussing strategies, you don't feel completely comfortable. Piles of papers are scattered across the desk, the plants look withered, and the Spartan interior is uninspiring.

Studying what someone's home or office looks like, you instantly learn a lot about their taste and personality, allowing you to unconsciously form an image about that person. Therefore, I believe it is imperative to be creative in the way you decorate your interior.

So what could you do to make your design more interesting? First and foremost, don't be afraid to experiment and create a unique style – not only will you feel happier being in a surrounding you feel comfortable in, you will immediately have a positive conversation starter while setting a good example as a representative of your company.

Simple touches could instantly lift up the look of your office. You can request plants and are allowed to customize your interior to a certain degree. You could lay out a rug on your floor, put some cushions on your couch, and add decorative items to your desk such as photos and souvenirs from trips.

Once you get the hang of it, why not experiment with the styles in your home as well? Start by choosing color patterns that you won't mind seeing for the next 10, 20

»Interior design is a wonderful process and it is extremely rewarding whenever you hear your friends' amazed reactions.«

years, because if you go for trendy colors you might get tired of seeing them in a few months' time.

Next, make sure that the materials you choose are durable and simple so that the design does not become overwhelming. Focus on the rooms you'll be using frequently such as the living room, dining room and bedroom and make sure you feel comfortable spending time in them.

If you don't want to go for drastic change, add some simple touches here and there to liven up the place – hang pictures on the wall, add dimmed lights, change the way your couches are positioned, replace the material the floor is made of – you could use tiles if you have carpet, or the other way around.

Once you have determined your taste, you could even start designing themes yourself. When I planned to build my house, I took a piece of paper and a pencil and sketched out all the ideas I had. I discussed them with an interior designer and I am delighted to see that now the design is truly an expression of myself.

Interior design is a wonderful process and it is extremely rewarding whenever you hear your friends' amazed reactions.



COLUMNIST

Ali Jassim Al Haidous
Business Support Manager
Facilities Management Directorate

»Make sure that the materials you choose are durable and simple so that the design does not become overwhelming.«

© WHAT DO YOU THINK?

Tell us how you feel by emailing us at qft@qf.org.qa



Digital Theater Cultural Development Center promotes filming

Combining theater and film

FEATURING PASSIONATE performances rich with drama and emotions, theater is one of the oldest art forms to exist. But ever since the invention of cinema, audiences have shrunk to the point that now only a relatively small number of people show interest in the performing art.

In Qatar the local theater movement is modest in size, but that will soon change if the Cultural Development Center, the British Council and Qatar's Ministry of Culture, Arts and Heritage have their way.

Last month, the collaboration launched a Digital Theatre project, which resulted in high definition filmed performances of six regional countries at the GCC Youth Theatre Festival, held between 21 and 30 October, being made available online to audiences across the world. The footage was filmed, edited and will be distributed for free over the internet by the UK-based Digital Theatre company at www.digitaltheatre.com

The project also offered a boost to local filmmakers, as Digital Theatre held an 11-day workshop in October that allowed 17 talented people from Qatar to learn the latest skills for filming and recording theatrical produc-

tions for broadcast on digital media.

They were taught how to use specific angles to capture live performances in a way that attracts the viewer, edit scenes and finally upload the performances onto the web.

Workshop participant Karim Ashour, a Chemistry student at Qatar University, said being part of the project was "exciting" as it allowed him to learn about a contemporary art form. "Digital theater is something new and might become very popular in future," Ashour told *QF Telegraph*.

"We learned a lot during the sessions – about why certain cameras are used, the difference between what the performance looks like on film and to the live audience, how to place cameras in positions so as not to block the view of audience.

"I signed up for the workshop because I wanted to learn more about editing clips and special effects. It was interesting to see how filming theater is different than shooting movies – theater performances seem more real – there are more emotions, the actors are dressed in elaborate costumes, and you need to understand how to capture that."

He added that he was "very happy" to learn about digital theater, as prior to his experience he hadn't had any knowledge of filming theatrical productions. "I have told my family and friends about this new technology. It is great that with the workshop I was able to learn different skills and techniques that will help me express the ideas that I have."

Promoting Theater

■ One of Cultural Development Center's (CDC's) aims is to create a theater and drama movement in Qatar, according to Hafiz Ali Abdulla, Arts Manager at CDC. "The Digital Theatre project is an example of promoting theater, allowing us to upload films of theatrical productions online and translate them into English to share them with the rest of the world. Our collaboration will soon also look at how we can develop an entity that can further foster the theater movement in Qatar."



QF Radio Offering programs about QF activities and global matters

The voice of Qatar Foundation

COVERING THE latest Qatar Foundation (QF) news and general topics of interest to a wide audience, QF Radio aims to boost the knowledge of its listeners through its in-depth coverage and fresh approach.

With 70% of the content in Arabic and the remaining 30% in English, the radio station attracts listeners from all across Qatar, as well as an international audience via streaming audio on its website.

"We offer programs for everyone," says Saad Al-Hudaifi, Head of QF Radio. "We cover all activities in Qatar Foundation, but we also realize that other things in the world are important such as economic trends that affect everyone. With the help of experts working at QF, we discuss these global matters in detail from a QF angle."

Examples of such programs are the daily show *Far Corners*, in which John Bullock talks about current affairs and situational snapshots from around the world and *Sports Global*,



a daily 25-minute sports news bulletin produced and presented by Al-Hudaifi.

Continuing to broaden its scope, QF Radio last month launched several new weekly shows after expanding the size of its team.

E-Vision, produced and presented by Mona Beckhet, gives us a closer look at education and academic life,

a topic further explored by Rubina Singh in *Taking You Further*, in which she holds discussions with students about their projects and passions.

In *Science Alive*, producer Huda Elserari takes on the fascinating world of scientific research, while Ameena Al Hamadi analyzes the characteristics of animals and ways to deal with them by providing vibrant descriptions complete with colorful animal noises. Finally, Hanan Al Emadi produces the *International News* program and actively contributes to the QF News bulletin, both of which are aired daily.

"A lot of things happen here which employees might not know all the details about," explains Al-Hudaifi. "In QF News, we go to events and explain what is happening and why on a deeper level. We run a lot of different stories - every producer must contribute three stories per day."

Students too get plenty of opportunities to make themselves heard on the radio. "One of our main focuses is to give students from Qatar the

chance to understand media. They can approach us with ideas and get involved in various activities - interviewing, producing, writing scripts, presenting shows. We are willing to teach them how everything works if they are new to this field."

Pleased with the mix of programs that are being aired, Al Hudaifi says that QF Radio aims to cater to everyone. "We keep our programs short - the longest is 25 minutes - and fresh by coming up with exciting ways to cover events. I hope that we'll continue to see more and more listeners tune in to listen to our programs."

☛ Turn to page 7 for the schedule of QF Radio's programs

Qatar National Day

■ QF Radio is planning to give 72 hours of coverage to Qatar National Day, reporting from a location in Education City to celebrate the event. For more information, visit www.qfradio.org.qa

How do I...?

QF Telegraph helps make your life at Education City easier

■ What is the idea behind the My Father initiative?

The My Father initiative is a project that celebrates the role of fathers in the lives of each individual. It aims to become the largest co-authored anthology about fathers. The book will be submitted to Guinness World Records.

■ Who is involved in the My Father initiative?

Rajeev Thomas, Sr. Organizational Development Specialist, Strategic Planning Directorate, is the founder of this initiative. He is supported by 'Top Shabbab', a youth leadership club affiliated to Reach Out to Asia. Other centers who have joined the initiative are QatarDebate, which led an Arabic debate about fathers in summer, and Bloomsbury Qatar Foundation Publishing, which recently led and sponsored a Youth Writing Workshop.

■ Who can participate?

Anyone who loves their father can join by writing stories about them and submitting them online to have a chance at seeing them published in a book. The book will hopefully be published before next Father's day.

■ What events are coming up?

The initiative will soon host a debate in English and a writing workshop exploring father-child relationships. A photography contest and a painting contest are also in the planning. All selected photos and paintings will be exhibited and up for sale at Souq Waqif.

■ Will I be able to earn money in return for my story?

No. All proceeds go to charity.

■ Why should I participate in this project?

The initiative gives an opportunity to people to express their thanks to their fathers. People from across the world are brought together in this initiative, transcending geographical, cultural and age barriers.

■ Who can I get in touch with for more information?

Most information can be found on the website www.my-father.net or on the Facebook page facebook.com/MyFatherBook. Specific questions can be sent to stories@my-father.net

☛ Email us your work related questions at qft@qf.org.qa, and we will do our best to help you

MY QF

**Name:** Gary Galza**Title:** Security Supervisor for Centers, Health, Safety, Security and Environment Directorate**Years at QF:** 1.5 years

Describe your role: I am the focal point for Education City's branch campuses for anything related to security. They turn to us for advice on electronic security, where to put additional CCTV cameras, how to handle special incidents, investigating cases, and other things. We also assess the security in each building. When a branch campus wants to change something about the building, we conduct a technical evaluation to determine the safety and security of the proposal. When the final design of a building is ready, you can see that our Directorate's input has been factored in.

What I like about my job is...

The job is different every day. Whether we are producing documents, investigating cases, training staffers, troubleshooting, liaising with people, the challenges we face are always very exciting. We are able to apply the skills we gained in other jobs and are continuously learning.

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Send us an email at qft@qf.org.qa

Dr Julien Abi Nahed

Whether it's through reading French books or attending presentations on nanorobots, Dr Julien Abi Nahed, Lead R&D Executive, Qatar Robotic Surgery Centre at Qatar Science & Technology Park, loves discovering new things.

What would you like to see tackled by The Doha Debates?

A lot has happened during the past decade or so in Qatar, so I would like to see a debate that will identify the challenges we're facing at the moment. Different goals have been set for the near future and I'd like to explore what has worked in the past and what hasn't.

What book are you reading at the moment?

À la recherche du temps perdu [In Search of Lost Time] by French author Marcel Proust. I've just started reading it, but already find his writing very captivating. I like literature – it takes you to a fantastic place you often can relate to, and I am fascinated by the different ways in which people express themselves.

If you could switch jobs with anyone at QF for a day, who would it be and why?

The Dean of any of the branch campuses in Education City. While the challenges might not seem so obvious to outsiders, managing a large institution is probably quite a difficult job. I'd like to find out how they deal with these challenges on a daily basis. You probably need to be very innovative.

Has technology changed your life? How?

I find the invention of the airplane simply fascinating. Of course we have a lot of advanced technology, but when you are sitting in an airplane, just imagine that over a century ago people didn't think it could be possible to physically transport ourselves across countries within a reasonable amount of time. The entire world has changed with this invention.

If you were an inventor or innovator, what would you invent?

I'd invent something that can get rid of pollution, which reduces the toxicity on this planet in an efficient way.

Another thing I'd like to see is the development of the ultimate minimal invasive surgery device. We could have a miniature robot that could move through blood vessels and cure the patient. That is not even science fiction – at a conference I recently attended, a nanorobot, similar to a capsule, was presented which patients can swallow. Surgeons could pilot the robot, which contains a built-in camera, using an external

navigation system.

What is your greatest ambition?

I want to experience the most in life by meeting people from different

cultures, building something that is useful to others, and being able to say in 10, 15 years' time that I've contributed something meaningful to the world.



The
60
Second
Interview
WHAT STAFF DO WHEN THEY'RE NOT AT QF

Environment QSTP supports projects using plants from the region in cosmetics

The beauty of the desert



THE DESERT is undeniably beautiful. But soon the attractiveness of Qatar's rugged landscape could be used to beautify something altogether different.

Qatar Science & Technology Park is currently supporting research to find out how plants endemic to Qatar and the region could contribute to the cosmetics industry. The research is being conducted by the Department of Biological & Environmental Sciences of Qatar University (QU) and the Bio-GeM Institute, an Italian biotech consortium.

The work has already led to results, according to Pasquale Vito, Professor of Genetics at the Università del San-

nio, Italy and Group Leader at the Bio-GeM Institute.

"We have established experimental protocols for drawing out and fractionating plant extracts, and now we are analyzing the biological activities of these extracts. The plants whose extracts have been prepared and analyzed grow wild in Qatar and the region."

The collaboration holds a patent for the use of the Sidra tree, otherwise known as *Ziziphus spina christi*, in cosmetics and psoriasis. "*Ziziphus spina christi* is a paradigmatic example of how extracts from endemic plants may be used for cosmetic purposes," said Dr Talaat A. Ahmed, Associate Professor of Plant Molecular Genetics at QU.

"All parts of it help in maintaining a healthy lifestyle and are already used in the Arab world and many other parts of the world for skin care. The chemical composition and phytochemicals

present in the plant would suggest and substantiate the ethnobotanical and cultural reliance on this plant."

Growing scientific evidence proves that plants possess a vast and complex variety of active ingredients able not only to calm or smooth the skin but also actively restore, heal and protect it. Plants that have traditionally been used by humans are now being put through scientific trials.

"Although the use of these plants' extracts has a sound tradition, their place has yet to be rationalized in cosmetics and therapeutics using the current methodology," added Dr Hamda Al-Naemi, Assistant Professor of Physiology at QU.

"Scientific studies are therefore required to judge their efficacy and some of the biological properties popularly claimed as well as other limitations to widen the scope of these molecules."

BOOK CORNER

Al Gharfoul (The Gruffalo)

By Julia Donaldson; translated by
Nadia Fouda and Andy Smart

ONE OF the most popular and best loved contemporary children's picture books, Julia Donaldson's wonderfully engaging *The Gruffalo* is finally available in Arabic through Bloomsbury Qatar Foundation Publishing (BQFP). This wonderful story has sold over 4 million copies and is "one book... that you could confidently predict would be read and admired by readers of all ages 100 years hence" (*The Observer*, UK).

The Gruffalo, which has been trans-



lated into nearly 40 languages, is also the winner of the Smarties Book Prize, the Blue Peter Award for the Best Book to Read Aloud, and has also been voted the Best Bedtime Story by BBC2 Radio listeners.

Al Gharfoul, which recently sold out

in London's Harrods, tells the story of a tiny mouse that ventures out for a peaceful walk in the forest, only to find that it is full of bigger animals on the look-out for a tasty meal. To avoid being eaten, the smart little mouse conjures up a monstrous best friend who turns out to be more than just a figment of his imagination.

Fluid and delightfully poetic, the Arabic translation by Nadia Fouda and Andy Smart is as much fun to read as to read aloud and children will be asking to hear this over and over again. Complemented by Alex Scheffler's vivid illustrations, *Al Gharfoul* is also bound to inspire a love of the Arabic language in young children, and will encourage them to read.

Donaldson has won numerous awards, including the Smarties Book Prize, the British Book Awards, the Experian Big Three Award, the Sheffield Book Award, the Scottish Children's Book Award and the Book Trust Early Years Award. Scheffler was born in Germany and has worked with Donaldson on many projects.

Owned by Qatar Foundation and managed by Bloomsbury Publishing Plc, BQFP publishes books of excellence and originality in English and Arabic, including Arabic translations of international bestselling children's fiction so that children in the region can enjoy these books for the first time ever.

Available from all major bookstores in Doha. For more information contact: bqfp@qf.org.qa

QF in numbers

The Digital Theatre project will result in filmed performances

of **six** regional countries at the GCC Youth Theatre Festival

A **45**-minute discussion session will follow Lord Ara Darzi's lecture on Health Care Reforms on **22** November

University College London to open in Qatar in **2011**

QF's first Annual Research Forum will take place on **12 and 13** December

RADIO



DAILY

Sports Global Saad Al Kuwari highlights the latest sports news from Qatar and the rest of the world.

Far Corners John Bullock discusses international current affairs.

International News The latest news from around the world, presented in Arabic.

CNN News Keep up to date with the latest English-language news.

WEEKLY

E-Vision Mona Beckhet presents news on education and student life straight from professors, teachers and students.

Future Leaders Meet potential young leaders in both English and Arabic.

Science Alive Huda Elserari brings you the latest science news in Arabic

Campus Buzz Students present their own show.

Industry Fahad Al Khater presents the latest innovations, gadgets and technology.

My Favorite...

Wanda Rebecca Garvey

QMS Auditor, QMS Directorate

I enjoy trying new restaurants in Doha. My latest favorite is Maze at the Pearl-Qatar, which serves European cuisine with an Asian twist. At the opening launch, having the opportunity to meet and be served by three Michelin Star celebrity chef Gordon Ramsay was amazing. The restaurant has an incredible menu which changes regularly and I highly recommend the dishes on their varied lunch menu such as the salad of French goat's curd and tortellini of ricotta and Swiss chard. Chef Robert never fails to impress with his culinary abilities. Everything is always cooked and served to perfection – dining at Maze, we are spoiled for choice in a great ambience. It offers an excellent fine dining experience in a modern and uniquely designed restaurant.



Conditions of submission

Requests for inclusion and submissions of material must be made no later than two weeks in advance of publication. Requests and submission of information may be made by email only directly to the relevant *QF Telegraph* journalist or to qft@qf.org.qa. Any articles written will be treated as correct and approved by the

Sender and his or her Department/Center, as will recorded interviews. Interviews given may not be recalled or changed unless containing substantial errors of fact. Interviews and information received will be treated as confidential until published. The publisher's decision on all matters of content and style is final.

Games

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | 3 | 9 | | 2 | | | | 1 |
| 6 | | | | | 1 | | | 3 |
| | 2 | 5 | | | | | | |
| | | | | 5 | | 2 | | |
| | | 8 | 2 | | 7 | 4 | | |
| | | 2 | | 8 | | | | |
| | | | | | | 3 | 1 | |
| 2 | | | 6 | | | | | 9 |
| 3 | | | | 9 | | 6 | 8 | |

SU|DO|KU

THE RULES ARE SIMPLE

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through to 9.

SOLUTION

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 8 | 9 | 2 | 6 | 1 | 7 | 5 | 3 |
| 6 | 5 | 7 | 8 | 3 | 9 | 1 | 4 | 2 |
| 2 | 1 | 3 | 5 | 4 | 7 | 9 | 6 | 8 |
| 9 | 6 | 1 | 3 | 8 | 4 | 2 | 7 | 5 |
| 5 | 3 | 4 | 7 | 1 | 2 | 8 | 9 | 6 |
| 8 | 7 | 2 | 9 | 5 | 6 | 3 | 1 | 4 |
| 7 | 4 | 8 | 6 | 9 | 3 | 5 | 2 | 1 |
| 3 | 2 | 6 | 1 | 7 | 9 | 4 | 8 | 5 |
| 1 | 9 | 5 | 4 | 2 | 8 | 6 | 3 | 7 |

FACILITIES TIMINGS

HEALTH & FITNESS

Fitness Center

Sun-Sat: 5.30am-10pm

Ladies Fitness Room

Sun-Sat: 5.30am-10pm

Swimming Pools

All pools (EC Members):
3.30pm-7.30pm (men will be
requested to leave on 5pm on
Sun, 5.30pm on Wed)
Fri, Sat:

All pools (Public): 9am-6pm
Ladies Swimming (EC
Members)
Sun: 5pm-8pm
Wed: 5.30pm-7.30pm

SOCIAL

Basketball

Tues: 7pm-9pm

Badminton

Wed: 6pm-9pm
Fri: 10am-1pm

Squash

Thurs: 5pm-7pm
Ladies: Sat: 4pm-5pm

Indoor football

Wed: 5.30pm-7pm

Ⓢ Location for all activities: Recreation Center, call
4454 0805 or email recreationservices@qf.org.qa



EVENTS

NOVEMBER 2010

VCU-Qatar Gallery Exhibition – ‘New York Chronicles’

Wed, 20 October – Sat, 27
November

‘New York Chronicles’ brings
together a number of established
and emerging Arab artists whose
works represent a broad spectrum
of the New York experience.

Location: The Gallery at VCU-
Qatar

For more information, please visit
www.qatar.vcu.edu or call +974
44020555.

Wheels ‘n’ Heels

Fri, 5 – Sat, 6 November

Organized by ROTA, the fourth
annual Wheels ‘n’ Heels features
two days of fun-packed family
activities. From 12 noon on
Friday and 10am on Saturday,
enjoy entertainment, kids games,
food and drink and an open air
market. Plus, jog, walk, cycle or
skateboard your way along Doha
Corniche at 3.30pm on Friday to
raise money for ROTA.

Location: Doha Corniche –
Sheraton Park

For more information call 4454
1603 or visit the webpage on
www.reachouttoasia.com

Touch of France Concert

Sat, 6 November, 7.30pm

In this Qatar Philharmonic
Orchestra concert, Wissam
Boustany will perform solo
on flute, playing Doha Secrets
Symphony - 4. Movement, A.
Khachaturian's Concerto-
Rhapsody, and Violin & Orchestra
-Version for Solo flute.

Location: Aspire Zone, Ladies Club

Bonsai Market

Sat, 6 November, 10am – 5pm

This event will allow the QF



community to buy various kinds
of Bonsai plants, available starting
from QR 45, as well as other
flower plants, ground cover plants,
tropical plants, and so forth.

Visitors will be educated by staff
from Qatar International Nursery
about the art of Bonsai and how
to protect the plants. The event
is being organized for the second
time due to popular demand.
Location: Education City Club
House.

Miriam Cooke Lecture

Sun, 7 November, 6pm – 7.30pm

Part of the Monthly Dialogue
series organized by Georgetown
University – School of Foreign
Service, Miriam Cooke, a
professor of modern Arabic
literature and culture at Duke
University, will talk about ‘The
Tribal Modern: The Past as
Future’.

Location: Liberal Arts & Sciences
Building

For further information, please
contact by email: cirsevents@
georgetown.edu or by telephone:
4457 8208

Jazz Evening

Tues, 9 November, 6.30pm – 9.30pm

Virginia Commonwealth
University in Qatar (VCUQatar)
presents an evening of jazz with

the Doha Jazz Quartet. Led by
trumpeter Chris Coull since
2002, the quartet will deliver
soulful, passionate and technically
outstanding bebop tunes from
the golden era of jazz, the forties
and fifties as well as exhilarating
offerings from icons such as
Miles Davis and John Coltrane.
Joined by renowned singer Mary
Rambau for renditions of vocal
classics by Cole Porter and Duke
Ellington, the Doha Jazz Quartet
promises an evening that's at the
heart of all the best jazz.

Location: VCUQatar Atrium

For more information, please
visit www.qatar.vcu.edu or call
44020555.

World of French Music

Sat, 13 November, 7.30pm

Lubana Al-Quntar (soprano) and
Edgar Krapp (organ) of QPO
will play French compositions,
including pieces such G. Bizet's
Je dis, que rien ne m'épouvante -
Aria Michaela from Carmen, J.
Massenet's Adieu notre petite table
from Manon, and C. Gounod's Air
des bijoux - Jewel aria from Faust.
Guest conductor: Amine Kouider.
Location: Aspire Zone, Ladies Club

Ⓢ Have your event listed. Send
us an email at qft@qf.org.qa

EC CLUB HOUSE

CLUB HOUSE

Sun-Thurs: 6am-10pm

Fri-Sat: 6am-11pm

FITNESS ROOM

Daily: 6am – 10pm

(Fitness instructor available)

POOL

Daily: 9am-6pm

SPA

Daily: 6am-10pm, please call
44540836 for appointments.

MINI-FOOTBALL PITCH

Daily: 6am-8pm

RECREATION FACILITIES

Tennis, Squash and Basketball
Courts

Daily: 6am-10pm

GAMES ROOM

Sun-Thurs: 8am-10pm

(Closed on Monday)

Fri-Sat: 8am-11pm

DINING FACILITIES

The Grill

Daily: 6pm-10pm

Meseika Snack Bar Daily:

9am-10pm

Lebaina Restaurant

Breakfast served

Daily: 6am – 9am

NUTRITION SERVICES

Sun: 5pm-8pm

Mon, Wed: 4pm-6pm

Tue, Thurs: 9am-12pm

COMMUNITY SUPPORT SERVICES

Sun-Thurs: 8am-10pm

Fri-Sat: 8am-11pm

LULU EXPRESS HOURS

Daily: 7am-11pm

