



Hank's is a proud supporter of that which is Fresh, Local, Organic, Sustainable and Seasonal.

Breakfast

8am – close

Granola & Preserves <i>Raw honey & choice of yogurt, milk or soy</i> \$5.50	Egg White Frittata of the Day <i>Grilled flatbread, daily additions & spinach salad</i> \$6
Toast <i>Jams, peanut butter, or organic honey</i> \$2	Hanks Fresh Baked Pastries <i>Cinnamon buns, carrot cake, date squares, cookies, scones, muffins...</i> <i>And much more</i> \$ various
House Made Peameal Sandwich <i>Aged cheddar, tomato, mayo, fried egg & lettuce on ancient grain bread</i> \$6	

Salads & Stuff

11am – 4pm

Soup of the Day \$3/\$4.50	Smoked Chicken & Candied Walnut Salad <i>Arugula, sweet pickled beets & light blue cheese dressing</i> \$9
Hand Cut Fries <i>Pesto aioli</i> \$5	Grilled Local Asparagus Salad <i>Greens, chives & Dijonaise</i> \$7
Romaine Salad <i>Lemon pepper croutons, smokey bacon & Caesar vinaigrette</i> \$7	Spreads & Breads <i>Two daily spreads, olive oil Crostini & baguette</i> \$6
House Greens <i>Ontario feta cheese, sun dried tomatoes & honey balsamic vinaigrette</i> \$7	

Sandwiches

11am-4pm

(Sandwiches offered by ½ or whole portion)

Hank’s Burger <i>Pommery mustard relish, green onion aioli, lettuce & tomato on a Kaiser</i> \$8	Tuna Salad <i>Bell peppers, celery & lemon mayo on ancient grain bread</i> \$3.50/\$6
Pulled Pork <i>Caramelized onions, Guinness BBQ sauce & creamy coleslaw on a Kaiser</i> \$7.50	Mushroom & Goat Cheese Wrap <i>Pickled onions, spinach, sweet red peppers, roasted garlic & white bean paste in a tomato basil wrap</i> \$5/\$8
Fresh Roasted Turkey Club <i>Bacon, tomato, lettuce & herb cranberry mayo on a baguette</i> \$5/\$8	Open Faced Steak Sandwich <i>Crispy onions, watercress, apple & horseradish mayo on ancient grain bread</i> \$10
Deviled Egg Salad <i>Green onions, Dijon mustard, mayo & lettuce on ancient grain bread</i> \$3.50/\$6	*ADD soup, fries or greens to any order \$3

Others

11am – 4pm

Fish & Chips <i>Ontario pickerel, Beau’s beer batter & tartar sauce</i> \$14	Voodoo Chicken Pasta <i>Homemade Tagliatelli, sweet peppers, grilled chicken & spiced creamy tomato sauce</i> \$14
---	---

By: Chef Bryan Burke