

Pathways Through Loss

June 8-10, 2012

Hinton Rural Life Center

When we think of loss we think of the loss, through death, of people we love. But loss is a far more encompassing theme in our life. For we lose not only through death, but also by leaving and being left, by changing and letting go and moving on. And our losses include not only our separations and departures from those we love, but our conscious and unconscious losses of romantic dreams, impossible expectations, illusions of freedom and power, illusions of safety—and the loss of our younger self, the self that thought it always would be unwrinkled and invulnerable and immortal.

— Judith Viorst in *Necessary Losses*

Loss is both a universal and a deeply personal experience. The **Pathways Through Loss** retreat will be an exploration of the nature of loss, how we face it or avoid it, and some of the ways that we walk (or run) through it. Join us for this weekend of insightful reflection, thoughtful learning, and spiritual growth.

Beginning with an introductory session on Friday evening and continuing through morning, afternoon, and evening sessions on Saturday, participants will delve into the nature of loss and the human response to it. Included in the workshop will be a discussion of the many kinds of losses experienced throughout life, an exploration of images surrounding them, the emotions they elicit and a variety of pathways through them. The workshop will conclude with worship on Sunday morning. Resources will include both leader and participant experiences and learnings. Participants will also be introduced to a variety of approaches and written resources for further reflection and growth.

Retreat Schedule

FRIDAY

4 – 6:00 p.m.	Registration
6:00 p.m.	Dinner
7:00 p.m.	Introductory Session

SATURDAY

8:00 a.m.	Commuter Registration
8:00 a.m.	Breakfast
9:30 a.m.	Session I
12 noon	Lunch
1:30 p.m.	Session II
2:30 p.m.	Rest, renewal, and reflection time
4:30 p.m.	Session III
6:00 p.m.	Dinner
7:00 p.m.	Session IV

SUNDAY

8:00 a.m.	Breakfast
9:00 a.m.	Morning Worship
10:00 a.m.	Adjourn

Retreat Leader

The Reverend Harold W. Bruen (Hal) is a retired United Methodist Minister. During his thirty-nine year career, he served churches in Kansas, W. Virginia, Maryland and upstate NY. He concluded his ministry as pastor of St. Paul's UMC in Syracuse, NY for eighteen years. He currently teaches World Religions at Wake Technical Community College. He earned a Bachelor of Arts (BA) degree with majors in Religion and Philosophy and History and Political Science from Southwestern College in Winfield, Kansas. He earned his Master of Divinity (MDiv) degree from Wesley Theological Seminary in Washington, D.C. He did post-graduate training in family and marriage counseling with the Greater Washington Pastoral Counseling Center, the Mid Atlantic Training Center, and the Family Services Division of the Board of Discipleship of the United Methodist Church.



Registration Form

All registrations due by May 25

Name _____

Address _____

City _____

State _____

Zip _____

Phone _____

Email _____

Church _____

Lodging: [] Single room and meals @ \$176.00
(please check [] Double room and meals @ \$111.00
one) [] Single room and meals with
spouse accompaniment @ \$222.00

Do you have special dietary needs or special accommodations needs? If so, please describe:

Registration Fee (must accompany this form) \$ 50.00

Room/Board Fee: \$ _____

Commuter Meals Only (\$27.50) \$ _____

Total Due: \$ _____

Total Remitted: \$ _____

Balance Due: \$ _____

An administrative fee of \$25 will be retained for all cancellations.

Please make check payable to Hinton Center.

Mail completed form with deposit to:

Hinton Rural Life Center
PO Box 27
Hayesville, NC 28904
(828) 389-8336 / Fax (828) 389-3279

Email questions to Amy Spivey, amy@hintoncenter.org

Directions to Hinton Center at www.hintoncenter.org