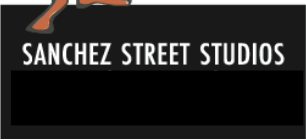


Carol LeMaitre & Sharon Gallagher's  
**Pilates Teacher Training**

**Equipment Module**

Reformer, Cadillac, Wunda Chair, Barrels

2011 Course Schedule



**SANCHEZ STREET STUDIOS**

1587 SANCHEZ STREET  
 SAN FRANCISCO, CA 94131

415 648 4911

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	<i>Friday 4pm-6pm</i>	<i>Saturday 2pm-6pm</i>
Week 1	<i>April 8</i> Intro Reformer	<i>April 9</i> Intro Cadillac/Wall Unit Intro Wunda Chair
Week 2	<i>April 15</i> Beginning Reformer	<i>April 16</i> Beginning Cadillac/Wall Unit Beginning Wunda Chair
Week 3	<i>April 22</i> Intermediate Reformer	<i>April 23</i> Intermediate Reformer Int Cadillac/Wall Unit
Week 4	<i>April 29</i> Intermediate Cadillac/Wall Unit	<i>April 30</i> Intermediate Wunda Chair
Week 5	<i>May 6</i> Ladder Barrell	<i>May 7</i> Spine Corrector Periphery Apparatus
Week 6	<i>June 3</i> Advanced Reformer	<i>June 4th</i> Adv/Super Adv Reformer Adv. Cadillac/Wall Unit
Week 7	<i>June 10</i> Adv/Super Adv Cadillac/Wall Unit	<i>June 11</i> Adv/Super Adv Wunda Chair