

LIVE
LIFE TO THE
PLUS+



Toni Olson
Mum on a Mission



Jeff Olson
2 Time Olympian



Human Performance for *EVERYONE*

enduring physical vitality starts now

This message is for elite athletes & people living with chronic disease; for doctors & patients; for parents & weekend warriors; for coaches & trainers; business & health professionals; vegetarians & meat eaters; type A personalities & type II diabetics; the greatest generation & the next generation. It is for you, whoever you are, because this is a universal message.

Embrace. Share. Inspire. Act.

Wednesday, Feb. 15th, 7 - 8pm **MELBOURNE***

Novotel St Kilda, 16 Esplanade, St. Kilda

*15 minutes after the Wellness Presentation there will be a 30 minute VF overview for those interested.

Saturday, Feb. 18th, 10 - 4pm **PERTH Super Saturday**

The Boulevard Centre, 99 The Boulevard, Floreat.

Tuesday, Feb. 21st, 7 - 8pm **SURFERS PARADISE***

Crowne Plaza, 2807 Gold Coast Hwy, Surfers Paradise

*15 minutes after the Wellness Presentation there will be a 30 minute VF overview for those interested

Saturday, Feb. 25th, 10 - 4pm **SYDNEY Super Saturday**

North Sydney Leagues Club, 12 Abbott St, Cammeray

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