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The Scullery

Recipes from an Ulster-Scots heritage

AUTHOR

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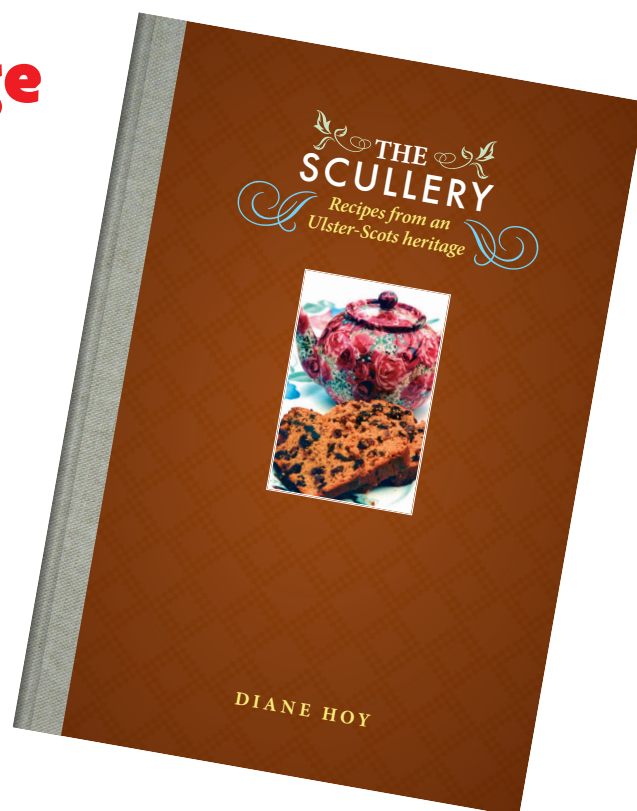
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DETAIL:

Little has been written about Ulster-Scots cooking, traditional or contemporary – a fact that has inspired Diane Hoy to put together a wonderful recipe book that embraces the historic and contemporary variety of Ulster-Scots cooking.

We explore breads through soda, potato bread and wheaten, as well as scones, pancakes and malt bread. Did you know that Veda was invented by a Scot but Northern Ireland is the only place in the United Kingdom still making it today? We indulge in meat with Ulster pork, beef, lamb and poultry, as well as the various fish and mussels caught locally. We enjoy the liberal use of cream, butter and cheese, and the flavour possibilities of home made ice cream.

Delve into this sumptuous book to discover flavoursome and uncomplicated Ulster-Scots cooking. Appreciate the range of fruit and vegetables all grown and thriving in the Ulster-Scots' agricultural heartland, and take advantage of locally produced meat, poultry and fish, all cooked in a variety of delicious and healthy ways. The main emphasis is on fresh, simple, wholesome fare accompanied by a good slice of history.

Diane has just finished filming a guest appearance on the new UTV series about Ulster-Scots food and cooking with Paul Rankin and Nick Nairn, to be broadcast later this year.



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