

**Registration Form  
Healing Touch Level 2**

**Oklahoma City, OK  
Integris Baptist Medical Center  
November 12-13, 2011  
9:00 am – 6:00 pm**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Investments received by October 13, 2011

Course Investment – \$275

HTI, AHNA, ONA/OSNA member – \$250

Student – \$200 (with student ID)

Repeat – \$125

After October 13, add \$25 to above

Recommended Course Workbook -- \$10

Special 10% discount on HTI Membership if joining HTI before class begins. Receive class discount. *Join online or by check to HTI \$90.00*

Amount pd \$ \_\_\_\_\_ (minimum deposit \$50)

Check payable to HTO (Healing Touch Oklahoma)

PayPal (visit our website <http://healingtouchok.com>)

Refund Policy: If the Instructor cancels the class student will be given a full refund of tuition. If student cancels, minimum deposit is nonrefundable. .

Yes, I can bring a massage table

No, I can't bring a massage table

Healing Touch Oklahoma  
13106 La Cresta Drive  
Piedmont, OK 73078



## **HTI HEALING TOUCH CERTIFICATE PROGRAM™**

*for Health Care Professionals  
and Others Committed to Healing*

### **Level 2**

**Oklahoma City, OK**

**November 12-13, 2011**

**Certification by**

**HEALING TOUCH INTERNATIONAL, INC.**

**Healing Touch International, Inc.** is the non-profit professional membership and educational organization for Healing Touch. It was established in March 1996, to receive the AHNA Healing Touch Certificate Program and the process for Healing Touch Certification of Practitioners (CHTP) and Instructors (CHTI) from the American Holistic Nurses Association.

**Endorsed by**

**The American Holistic Nurses Association**

The **American Holistic Nurses Association** is a nonprofit membership organization dedicated to the principles and practice of holistic nursing defined as "the renewing and enhancing of the art of nursing and caring for the whole person"



## HTI Healing Touch Certificate Program™

The HTI Healing Touch Certificate Program™ is a multi-level course of study in energy-based therapy that moves from beginning to advanced practitioner and is complementary to health care. The program incorporates a variety of energy-based modalities that are sequenced in Levels 1 through 5, allowing participants to progress from beginner to practitioner. Students receive a certificate of completion at each level. Upon completion of Levels 1-5 and additional requirements, students are eligible to apply for certification through Healing Touch International, Inc. Instructor Training prepares the individual to become an instructor. Each level in The HTI Healing Touch Certificate Program™ includes both didactic and experiential learning in which participants practice and share experiences using energy-based healing techniques. In addition the program encourages the developing practitioner to enhance skills and knowledge through recommended readings and practice sessions. There is also a strong commitment to personal growth and knowledge of holistic health principles.

### Target Audience

The HTI Healing Touch Certificate Program™ is a nursing continuing education program for registered nurses, health care professionals, body-oriented therapists, psychotherapists or other licensed health care professionals and individuals who desire an in-depth understanding of healing work that uses energy-based concepts. Certification as a Healing Touch Practitioner is an appropriate goal for those who wish to establish a Healing Touch practice or incorporate Healing Touch as a major focus within an existing professional practice.

### Level 2 Description

Level 2 is for students who have completed Level 1 and wish to increase breadth and depth in the study of Healing Touch. The second level of study in Healing Touch includes an intake interview, back techniques and a one-hour healing sequence. Emphasis in the experiential learning is on developing healing sequences for specific client needs.

## Level 2 Objectives

The participant will:

1. Share the experience of practicing Level 1 techniques.
2. Develop interviewing and additional assessment skills.
3. Demonstrate a one-hour healing sequence for specific client problems.
4. Document clinical work.
5. Practice back and neck techniques.
6. Describe specific techniques in addressing client health challenges.
7. Describe application of HTI's Standards of Practice and Code of Ethics within a Healing Touch session.

## Level 2 Course Content

1. Review techniques from HT Level 1
2. Sharing experiences of practicing L1 techniques
3. Discuss applying techniques in clinical settings
4. Assessment process: interviewing skills, recording observations, documentation
5. Healing techniques: One-hour Healing Sequence, Spiral Meditation, Mind Clearing, Wound Closing, Pain Ridge, Pain Drain, Sealing Leaks, Back Techniques

### Instructors – Carol Hjersted-Smith and/or Raine Benham:

#### Carol Hjersted-Smith, RN, CHTP/I

Carol is a Certified Healing Touch Practitioner and Instructor. She is co-founder of Integrative Healing Arts, LLC, and Healing Touch Oklahoma, offering Healing Touch Workshops, introductory courses and presentations to professional and community groups. She enjoys a private practice in Healing Touch, has conducted research using HT with hospitalized patients, provides HT sessions for hospitalized inpatients, and incorporates holistic nursing and HT into her practice as an emergency services nurse.

#### Raine Benham, RN, CHTP/I

Raine Benham is a holistic nurse and has worked within the healthcare system for over twenty years. Her background includes intensive care, and psychiatric nursing, as well as working with and counseling battered women. She is a Certified Healing Touch Practitioner with a full time private practice where she offers Healing Touch sessions and other holistic/complementary care modalities. She has been a networker for the American Holistic Nurses Association for the Oklahoma City area since 1997. She is co-owner and founder of Integrative Healing Arts and Healing Touch Oklahoma, LLC.

**Disclosure:** Carol Hjersted-Smith and Raine Benham are instructors of the HTI Healing Touch Certificate Program™ and have the right to use the intellectual property of the HTI Healing Touch Certificate Program™ Course of Study.

This course is an approved course of study of the HTI Healing Touch Certificate Program™. The HTI Healing Touch Certificate Program™ is an endorsed program of the American Holistic Nurses Association.

Healing Touch International, Inc.

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Lakewood, CO 80228

Ph: (303) 989-7982 Fax: (303) 980-8683

e-mail [Support@HealingTouchInternational.org](mailto:Support@HealingTouchInternational.org)

[www.HealingTouchInternational.org](http://www.HealingTouchInternational.org)

## Workshop Information

**Nursing: 17.5 contact hours**

**NCBTMB: 17.5 contact hours**

**CA Board Registered Nursing: 17.5 contact hours**

## Continuing Education Contact Hours



This continuing nursing education activity was approved by the American Holistic Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



HTI is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider.

Provider approved by the California Board of Registered Nursing, Provider Number CEP15275 for 17.5 contact hours.

### Oklahoma classes are sponsored by the Oklahoma Nurses Association and the Oklahoma Student Nurses Association.

The ONA and OSNA allow you the opportunity to join nursing colleagues in bringing better nursing care and education to the people of Oklahoma and the nation. The ONA works to refine nursing services for the public, advance the profession of nursing, provide peer support, and improve working conditions for nurses. For membership information call (405) 840-3476 or 1-800-580-3476 or visit the website at [www.oknurse.com](http://www.oknurse.com)

For further information contact:

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[heartsmith@sbcglobal.net](mailto:heartsmith@sbcglobal.net)