



Dear Friends,

This has been an extraordinarily busy but beautiful fall. Both re-enrollment and new enrollments have been numerous with many rushing to make the October 1st early enrollment deadline. If you haven't been able to finalize your plans yet, do give us a call-it looks as if Camp will be full by the end of the year. We apologize to any of our families inconvenienced by next year's date change. We are trying to be as flexible as possible in meeting the needs of our New York public school families (school doesn't end until June 27th) and those from the southern US and Midwest (school starts in the third week of August).

The warm weather has allowed us a good window of opportunity for our fall maintenance projects. Tim, Steve and Karen have been busy repairing cabins and tackling various drainage issues. All boats are cleaned and stored for the winter. Gregg Van Deusen, our resident "eBay-man", has managed to sell off 4 of our old sailboats. Mitch says that this is a real "coup". We are pleased to announce that the Adirondack Camp roadway has been given a new surface from the gate to the bottom of the hill past Creative Arts. I am sure the various camp vehicles are much happier (as are we).

Our first fall Advisory Board Meeting was held the last weekend in September and we had a great turnout. Attending were Matt, Merritt and Jim Duffy, Mo Paishon, Andrew Ledee, Evelynne Brouillard, Carolina Macrini, Kevin Porterfield, Sam MacNaughton, Shawn and kids, Mitch and Renee Mitchell and kids, Gregg and Jen and kids, Alex, Linda and Kyrstie. Even Rikki came by that evening to lend a hand in the preparation of the Adirondack Camp Scholarship Fund mailing. Many significant issues were addressed during the day long meeting, including selecting Camp Fairs and the date change of Visiting Day this summer. Be on the watch for news updates on our website. We're all excited and very much looking forward to Summer 08.

See you then if not before.

Warm wishes from your Adirondack Family.



The Adirondack Scholarship Fund has been busy with a fund-raising campaign this fall. If you, or anyone you know, is in the fortunate position to be able to donate, please visit their independent website at www.adirondackscholarship.org

If you, or anyone you know, can benefit from the fund, please contact Nancy Rad, radlny@yahoo.com, 518-369-6716

to request an application.



Obscure, but Telling, Program Facts and Stats from the 2007 Season

...an ode to numerical beauty.

I. The Obvious Ones

1322=The total number of schedules printed -
680 First Session / 642 Second Session

That's equivalent to 25.4 years of schedules.

324= The total number of campers.

30= Total number of different activities offered
over the summer, not including swimming.

II. What is the Most Popular Activity?

1203= The number of times some form of
swimming appeared on a schedule...far and away
the most taken activity. So, one could argue
swimming is the most popular activity.

366= The number of times campers took tennis.
The average camper took tennis 1.13 times during
their tenure at camp. This was the highest out of
all non-mandatory activities. HOW tennis staff!
Kayaking had 320; Waterskiing had 316; and
Archery had 314.

15=The number of times Julia Vos took tennis
(over eight weeks).

10= The average number of campers in a
kayaking class. On average, kayaking was
completely filled every week. Thus, one could
argue kayaking is the most popular activities.
Waterskiing had four spaces left open over the
course of the summer; culinary fun had two.

∞=The maximum number of campers Matt
Garaufis allowed per kayaking period in Week 8.
(The largest period had 14 campers).

88.24%=percentage of campers that placed
Waterskiing on their preference sheet, by far the
most requested activity. Hence, waterskiing could
claim to be the most popular activity.

Rock Climbing was the second most requested.

III: Some other notables

14= The number of different activities tried by
Hugh Mitchell. This is the most out of any
camper. The record is 16, set by Hugh in 2006.

2= The number of activities taken by Helene
Dacey over four weeks at camp (Sailing and
Lifeguard Training)

1693= Number of Award Certificates Printed

510= Number of Award Certificates Presented
on Stage

83= The most Mountain Dew™ cans
simultaneously crammed into the office refrigerator

5 =The number of days until the refrigerator
was empty.

0= Number of MD's Sam has had since camp.

Number One!

Adirondack Camp's ranking in Google for
"traditional kids summer camp"

Tim's Tool Tips-

**"Measure twice,
cut once!"**





Five Quests Revealed!

Quest One: Lake George Five

Over the next few Tom-Toms I thought it wise to go more in depth about The Five Quests- Adirondack Camp's Wilderness Adventure Program. Why these particular Quests, and what makes each one unique?

Quest one is known as the Lake George Five. This Quest takes advantage of the public land surrounding Lake George and gives a dedicated Questor Five completely different looks at the lake. I suppose it could be considered the easiest of the Five Quests because the mileage is short (five miles is the longest), the mountains are not particularly tall, and the trails are well maintained (easy hiking). It is more appropriate to call this Quest a good introduction to Adirondack hiking. While the mountains in the "Daks" are not considered tall by mountain standards, many of the trails are very to extremely steep making the smallest of mountains a real challenge. The Lake George Five (LG5) give the best possible taste of the adventure that is Adirondack hiking.

This Quest was originally created to have nearby, easily accessible mountains (15 minute to an hour drive). All ages are welcome on the Lake George Five but it tends to be the realm of the 9-11 year old. The mountains of the LG5 are dispersed around the Lake to give the best possible chance of seeing the lake in its entirety. The two shortest mountains are on the northern end. Cook (the shortest of the Five) and Record (65 feet taller) give a complete view of lake George from Black Mountain to Ticonderoga.

Black Mountain (the tallest at 2646') is placed mid-lake with the best view to the north. Camp looks incredibly small (claustrophobically so) from this vantage- all the more reason to get out and experience the adventure of the Five Quests. South of Black Mountain on the same side is Buck Mountain (second tallest). Great views of the southern section of Lake George including the sprawling Lake George Village and all its "Family Fun"! You can also see the final peak- Prospect Mountain. Now to be honest, I normally would avoid hiking on a mountain you can drive up (including Whiteface) but its placement is too perfect to leave out and the view (like Whiteface's) is unmatched in the area.

Taken as a whole this is a sweet Quest wrapped up in nice package. Doable in a summer as an eight weeker, Hugh Mitchell is currently our only Questor to have finished. This Quest is also doable as a 4 weeker over a couple of summers. David Breen only needs one more to finish. Thanks to all who took part in the LG5, and all the Quests, this summer and hope to get a many others started on the path to domination. Look for the schedule on the website and start planning your adventure in New York's Premier Wilderness areas!





Fall Birthdays: Happy Birthday To You- HOW!



September: Shelbie Thomas, Ellery Hickey, Emily Wissemann, Ben Breckenridge, Alex Feldman, Shai Goodman, Brian Rackson, Emma Garrison, Natalie Seelig, Daria Badini, Chloe Barron, Luis Godoy, Jacklyn Signorile, Margot da Cunha, Tiago Souza, Connor Farrelly, Will Leatherman, Angelika Lankina-Hubman, Alexander Popov, Theodora Smith-miller, Kira Silver, Hannah Stetson, Lindsay Fowler, Matthew Amsterdam, Alanna Edwards, Matt Norris

October: Mathilde Bodier, Helen Scully-Nisa, Erica Carey, Alexandra Cheung, Rentaro Mereu, Vittoria Petitbon, Maria Henry, Lauren Plotkin, Peter Drucker, Maria Oliver, Emery Cloud, Katherine Spevok, Francois Rostand, Joel Silver, Christopher Barlow, Ben Goodman, Leo Marrinson, Charles Norfleet, Malcolm Sackler, Brandon Spall, Emily Coch, Stephen Broadbent, Tucker Killian, Gregg Nabhan, Danika Darrin, Thomas Laberge, Roderick Hickey, Eleanor Judge, Jesse Birdsall, Minhua Scully-Nisa, Julia Bateh, Alice Mitchell, Pieter Hoets, Beth Ferriss, Lisanne Wintgens, Karl Stracke, Carolina Macrini, Frank Shaw, Kyleigh North, Ryan Harrell

November: Jack Roche, Liam Obergfoll, John Breen, Tara Stone, Molly Kaye, Gabrielle Rossi, Joel Gotthelf, Johnny Richmond, Teron Coleman, Kevin Travers, Jacob Sheck, Destiny Thompson, Gabriel Trujillo, Joshua Tinnerman, Nicole Beckman, Luis Manuel Zabala Hines, Cal Manjunath, Richard Ovalle, Romain De Beaufort, Elena Robertson, Lazare Rossillon, Alexi Donnelly, Graydon Vandever, Pablo Salazar, Elika Peyvan, Jon Lewis, Pia Salazar, Monica Aznar, Sydney Stegman, Olivia Aries, Jack Whitman, Peter Gallagher, Krysta Sensbach, Gael Leveneur

The Beaver Song

Beavers one, beaver all,
Let's all do the beaver call...

Beavers two, beavers three,
Let's all climb the beaver tree...

Beavers four, beavers five,
Let's all do the beaver jive...

Beavers six, beavers seven,
Let's all go to beaver heaven...

Beavers eight, beavers nine,

STOP- It's beaver time!

Go Beavers, Go Beavers...

The Doughnut Song

Well...I....
Went to Cincinnati
And I walked around the block
And I walked right into a doughnut shop
And I picked up a doughnut
And I wiped off the grease
And I handed the man a 5 cent piece.
Well... He...
Looked at the nickel
And he looked at me
And he said, "Kind sir you can plainly see
There's a hole in the nickel
And it goes right through"
I said, "Aye, there's a hole
In the doughnut too!
Thanks for the doughnut...TA TA!"

**CAN WE
QUOTE YOU ON THAT??**

"I wish Carlo could come home and cook for me!" "I don't know how to explain it, the whole feeling at Camp this year was so positive, so welcoming- it was the BEST SUMMER EVER!" "My kids still wear their camp t-shirts".

Over the course of the summer and during many conversations with families post season, folks have been RAVING about their experience at Adirondack. We would love to post these comments on the website. If you have something you'd like to shout from the rooftops, please e-mail it along with your consent to

jen@adirondackcamp.com



**A
LEADER**

(Lao-tse)

A Leader is best when people barely know he exists,
Not so good when people obey and acclaim him,
Worse when they despise him.
Fail to honor people, They fail to honor you'
But of a good leader, who talks a little,
When his work is done, his aim fulfilled,
They will all say, "We did this ourselves"

Noonway! ADK ARTS Lovers!

We'd like to thank all of our fabulous guest artists this summer and, of course, all of you who participated in the fun with us, for helping to make this the biggest and best summer ever for the ARTS at Adirondack!

Thanks to the very popular "Drumming From the Heart" workshop presented in week 1, we now have a new native word added to our camp vocabulary: Hutah! (pronounced with great vigor: Hoo-cha! meaning "to move forward, begin, or just "yea-ah!", "good job!").

Juggling craft was brought to new heights at the kick off to Session 2 with the High Peaks juggling workshop and show. Thanks to Eric Geoffrey many of you now have a new skill with which to dazzle and amaze your friends back home!

We can't wait to see what effects the ever popular "Sky Fliers" activity will have on the trends in aviation 20 years from now! We have a feeling we'll be seeing some pretty interesting flying machines in the air, designed by those of you who began that journey with Ellen Franklin Ferguson this summer!

Thanks, also, to Shankari for teaching us all how to relax and enjoy our wonderful surroundings. It was great to see campers of all ages equally benefiting from proper Yoga stretch and relaxation tech-

nique, especially while standing on Canoe Dock in preparation for their Big Triangle Swim!

Finally, the performance industry better watch out, as all you budding improvisation artists hit your stride on stage, armed with techniques taught by Judy Milstein. A very early taste of live Shakespeare theatre was enjoyed by all of you who took part in our very first performance art "trip" this summer to see "A Comedy of Errors".

We're already talking to more artists about joining us next year. What do you think about Hip-Hop Dance, really cool works in clay, and making art sculpture through fiber knitting and wire weaving, for example?

Of course, all your usual favorites like camp craft and Eagle~i Video will continue to grow and offer more fun and challenges every year. If you have any particular art activity you'd like to have us feature, please be sure to let us know and we'll do our best to work it in!

In the meanwhile, keep those creative ideas flowing and hands playing 'til we meet again in 2008!

HUTAH!
Mo & Reneé





CULINARY FUNSTERS

ITALIAN PRETZELS

1 PACKAGE DRY YEAST
1 CUP WARM WATER
4 CUPS FLOUR
1 TEASPOON SALT
1 TEASPOON BLACK PEPPER(optional)
2 TABLESPOONS FENNEL SEEDS (optional)
 $\frac{3}{4}$ CUP VEGETABLE OIL



COARSE SALT

IN A SMALL BOWL COMBINE YEAST AND WATER. MIX WELL WITH A WOODEN SPOON.

IN A MEDIUM BOWL, COMBINE FLOUR, SALT, PEPPER, AND FENNEL SEED.

USING A WOODEN SPOON, STIR YEAST MIXTURE AND OIL INTO FLOUR. MIX UNTIL BLENDED.

TURN OUT DOUGH ONTO A LIGHTLY FLOURED SURFACE. KNEAD FOR 5 MINUTES TO MAKE A SMOOTH, ELASTIC DOUGH.

COVER BOWL WITH A PLASTIC WRAP, THEN A CLEAN TOWEL, AND PLACE IN A WARM SPOT TO RISE. (THE TOP OF A WARM STOVE IS IDEAL.) LET RISE TILL IT'S DOUBLED IN BULK, ABOUT 2 HOURS.

PREHEAT OVEN TO 350 F.

ROLL DOUGH INTO PENCIL-WIDE STRIPS ABOUT 10 INCHES LONG. FORM INTO A PRETZEL SHAPE OR RING AND PLACE ON A PARCHMENT-LINED COOKIE SHEET, SPACING THEM ABOUT 2 INCHES APART. USING A PASTRY BRUSH, BRUSH THE TOPS OF THE PRETZELS WITH WATER AND SPRINKLE WITH COARSE SALT.

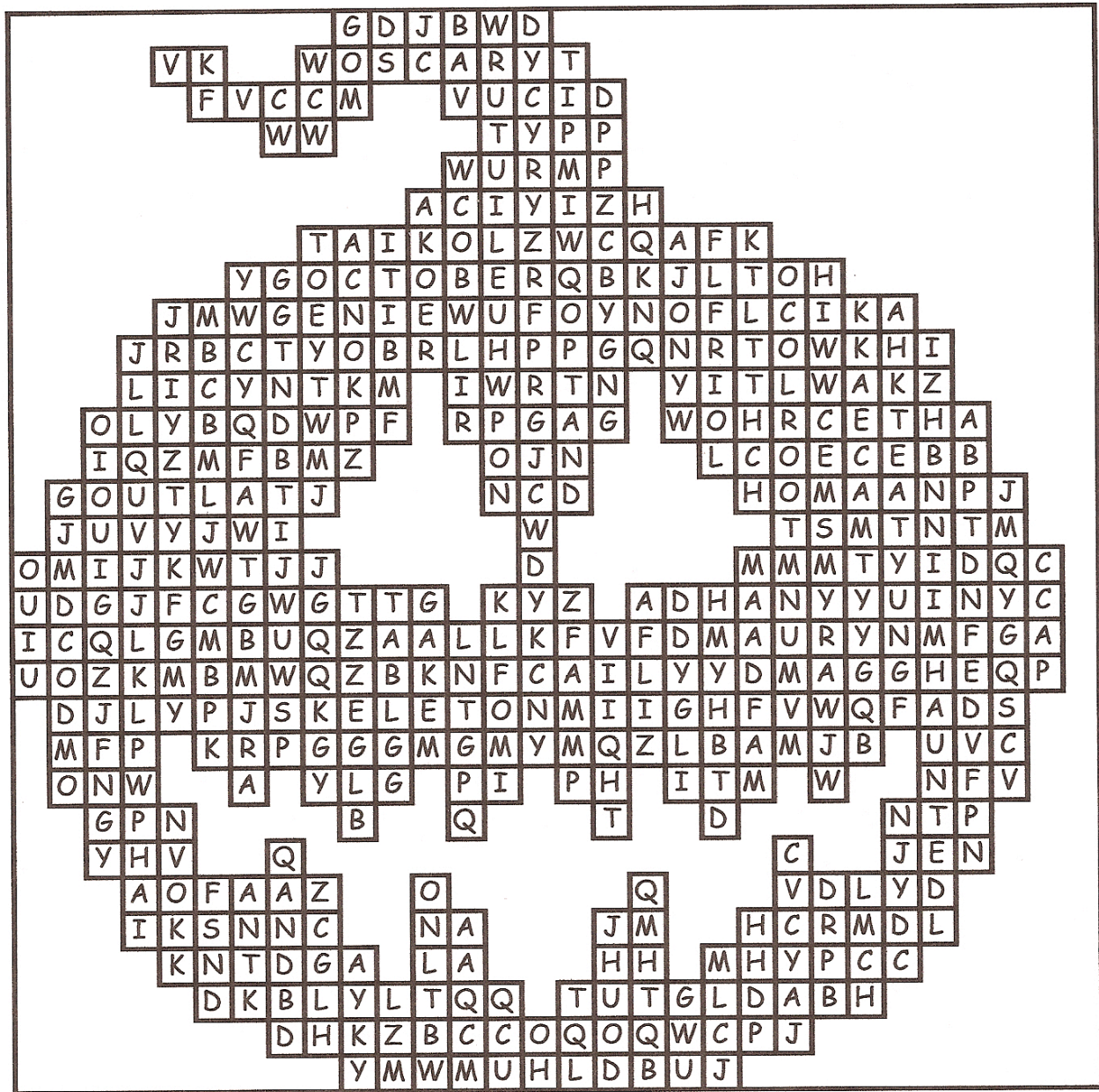
BAKE FOR 20 TO 25 MINUTES, OR UNTIL GOLDEN BROWN.

REMOVE COOKIE SHEET FROM THE OVEN. USING A METAL SPATULA, REMOVE THE PRETZELS AND PLACE ON A WIRE RACK TO COOL.

ENJOY!



Halloween Fun Pages



HALLOWEEN
 HAUNTED
 SKELETON

CANDY
 GHOST
 GENIE

TRICK OR TREATING
 COSTUMES
 WITCH

SCARY
 OCTOBER
 SCARY



Why didn't the skeleton cross the road? He didn't have the GUTS!

What do skeletons say before they begin dining? BONE appetit!

What was the witch's favorite subject in school? SPELL-ing!

What do you call an overweight jack-o-lantern?

A PLUMP-kin!

Why don't skeletons like parties? They have no BODY to dance with!

What kind of mistakes do ghosts make? BOO-BOOS!



Did you hear what happened to the boy and girl vampires? They loved in VEIN!

What did the ghost buy for his new Haunted House? Home MOANERS insurance!

What's a vampires favorite sport? CASKET-ball!

Why do vampires need mouthwash? They have BAT breath!

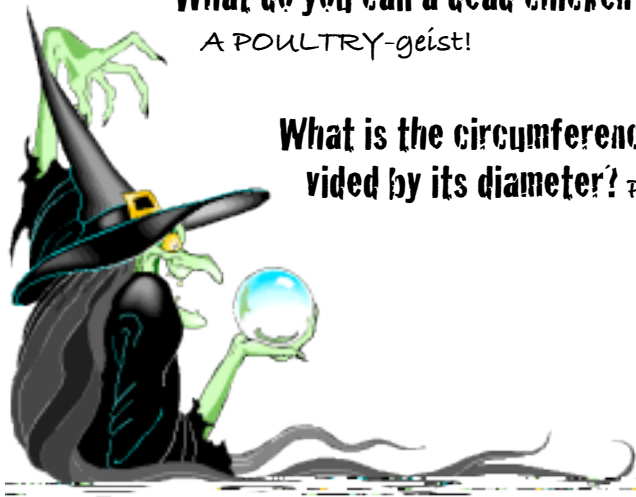
How do you make a witch scratch? Take away the W!

What do you call a dead chicken that likes to scare people?

A POULTRY-geist!



What is the circumference of a jack-o-lantern divided by its diameter? Pumpkin PI!





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CAMPER, STAFF, & ALUMNI TIDBITS: **Deiter Ludwig** and **Kourtney's** outdoor wedding was wonderful. The couple rode in a horse-drawn carriage complete with a driver in top hat and tails. The bride and her attendants were stunning. The food was great and the company even better- **Linda & Alex Levitch**, **Chris & Shannon Jockel**, **Jeff Jockel**, **Ian Cohen**, **Henry Clutsam**, **Neely & Andrew Dicob**, **Jared Kingsley**, **Matt**, **Nina**, **Jack**, and **Anna Basinet** and **Merritt** and **Jim Duffy**- it was great to see you! We wish the happy couple a wonderful honeymoon in Hawaii and a long and happy marriage. Noonway! * **Giancarlo Giangola** and wife **Ramya** welcomed a baby girl, **Chiara** on August 14th. HOW! * **KP Porterfield** is knee deep in production for a spring release of Blue Sky Studio's latest animated film, "Horton Hears a Who" starting **Jim Carey** and **Steve Carrell**- take a friend! * **Rikki Galusha** has accepted a job advocating for battered women in Essex County. We will miss her here at Camp but wish her all the best. Maybe we'll ship her a trunk next summer for old times sake! * HOW and UGH to the **Vanderveer** Boys! While **Gray** was busy showing off his newly acquired camp wake boarding skills, **Will** was reliving last summer's trip to the ER, this time to get his toe-nail sewn back!! * Since leaving Adirondack last summer, **Jarryd Wittingslow** has not stopped globe trotting! He has been living in London, touring Europe every chance he gets, and is headed for Africa on a five-week safari this fall. We're hoping the trade winds blow him back our way soon. * Speaking of travel, **Julie Emra** will be joining us late next summer, due to a fantastic trip to India next June! * **Walker Maeder-York** and **Caleb Warren** have teamed up as an unstoppable Hawk Cabin duo on the Cambridge soccer team. * Our best wishes to a speedy recovery to **Ryan Harrell** who is recovering from reconstructive knee surgery. You'll notice it didn't stop him from hitting the waves this past summer, and I suspect we'll see more of the same in '08! * Alumni **Jim Vaughn** and wife **Nancy** stopped by for a visit. He said nothing's changed (except for a few buildings and the GIRLS) since the 1940's! * Our most sincere condolences to the **Miller** and **Duffy** families on the loss of their father, **Bertram Miller**. Our love and thoughts are with you as always.* **Christophe Strunc** went from the majesty of Camp to that of the French Alps where he communicated through the international language of music. We'll keep our eyes peeled for his groovy new Euro-Dance moves next summer! * **Emily Wissemann** took a once-in-a-lifetime trip to Hawaii with her Advanced Geology class. They left in a Tornado near JFK, were threatened by Hurricane Flossie and tsunami warnings and experienced 3 earthquakes while they were there! The group hiked up and down volcanoes, above the clouds, to gorgeous waterfalls and she now is an expert on rocks! ***Will Wissemann** got his driver's license at the end of the summer. He now has a full academic schedule as a senior and is busy applying to college. * Look alive! **Gregg Van Deusen** is planning a massive new 46er hike in the Dix Range for the Five Quests program next year. He hiked five 46ers, 17 miles and 7500 feet total elevation gain in 9 hours flat- not to worry, you'll have 3 days for it (though **Fedia** could do it in an afternoon). How Trips! *Many folks have kept in touch about their busy end-of-summer events before settling back into school and fall sports. What are YOU up to?! Write and tell us at jen@adirondackcamp.com.

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