

The Goodlife Feis 2026

Sunday, September 20th

Stage A

Stage B

Beginners

206RL (4)	309RL (6)
208RL (3)	312RL (5)
212RL (3)	
308SJ (5)	208SJ (3)
312SJ (4)	210SJ (1)
	399SJ (1)
212LJ (2)	206LJ (4)
308LJ (5)	207LJ (3)
312LJ (5)	208LJ (3)
399LJ (1)	209LJ (2)
308SN (2)	310SN (1)
	312SN (1)
308TJ (3)	312TJ (4)
308HP (4)	312HP (6)
399HP (1)	
310PD (1)	

Novice & Prizewinner

509RL (3)	409RL (9)
511RL (5)	411RL (5)
513RL (6)	414RL (6)
514RL (6)	
409SJ (6)	510SJ (6)
411SJ (6)	513SJ (4)
413SJ (7)	514SJ (5)
409LJ (7)	411LJ (5)
	414LJ (6)
410SN (1)	

Stage A (cont.)

Stage B (cont.)

Cont. Novice & PW 1st Chance

510TJ (7)	409TJ (4)
512TJ (5)	413TJ (5)
514TJ (3)	414TJ (3)
409HP (6)	510HP (6)
411HP (6)	513HP (6)
414HP (6)	514HP (6)
409TS (3)	509TS (1)
410TS (2)	510TS (3)
414TS (2)	513TS (2)
	514TS (2)

First Feis

108RL (2)

2nd Chance PW

510HP2 (5)	512HP2 (8)
509TJ2 (3)	512TJ2 (7)
513TJ2 (3)	
509SJ2 (2)	512SJ2 (5)
514SJ2 (4)	
509RL2 (3)	512RL2 (7)
513RL2 (5)	

Stage C

713OC (6)
612PC (5)
611PC (6)
610PC (5)

715OC (7)
615PC (6)
613PC (8)

716OC (5)
618PC (8)

719OC (8)
720OC (9)

612PC2 (12)
615PC2 (12)
618PC2 (6)

[Live Schedule at iFeis.net](https://www.iFeis.net)

Start Time

Competitions start at 8:00 a.m.

First Feis Dancers

First Feis awards will take place in the awards area approximately one hour after **their** competition.

Lunch

Lunch timing will be based on flow of stages.

Champs

All First Chance PC & OC competitions will start in soft shoe. All Second Chance PC competitions will start in hard shoe.

Blocked champ competitions will run concurrently but are scored separately.