

November 29, 2025

Saanich Fairgrounds, 1528 Stellys Cross Rd



CONTACT US

CHAIRPERSON: MAIREAD SUPPLE, TCRG

EMAIL: SLAINTEBC@HOTMAIL.COM

SOCIAL: @NOLLAIGSHONAFEIS

HOSTED BY SLAINTE IRISH SOCIETY & VICTORIA SCHOOL OF IRISH DANCE
ENTER AT WWW.IFEIS.NET- ENTRIES CLOSE NOVEMBER 16th

SCHEDULES & FEES

SATURDAY NOV 29

HOLIDAY DRESS CODE:

**FESTIVE HOLIDAY/CHRISTMAS DRESS UP
OR
ALL BLACK ("BLACK OUT")**

BRING THE SPARKLE OR BRING THE STYLE!



DATES: NOVEMBER 29, 2025

ENTRIES: WWW.IFEIS.NET

ENTRY DEADLINE: NOVEMBER 16 2025

**THE CLOSING DATE FOR ENTRIES IS NOVEMBER 16TH 2025. A LATE
FEE OF \$25.00 WILL APPLY FOR ANY REGISTRATION OR PAYMENT
RECEIVED AFTER NOVEMBER 16TH. THERE ARE NO REFUNDS FOR
NO-SHOWS OR WITHDRAWLS.**



FEES:

**ACCOUNT/FAMILY FEE - \$50.00 (\$40.00 IF REGISTERED BY
OCTOBER 16TH , 2025)**

\$160.00 FAMILY MAXIMUM (RESTRICTIONS APPLY)

LATE REGISTRATION FEE - \$25.00

GRADES SOLOS - \$7.00

TROPHYCOMPETITIONS - \$20.00

PRELIM AND OPEN CHAMPIONSHIPS - \$50.00

FIGURE DANCE PER TEAM MEMBER - \$7.00

ALL SPECIALS - \$20.00

TIR NA NOG FLAT RATE - \$10.00

PAYMENT CAN BE MADE VIA CREDIT CARD THROUGH IFEIS

OR BY ETRANSFER TO SLAINTESOCIETY@HOTMAIL.COM

PLEASE INCLUDE YOUR DANCERS NAME AND SCHOOL IN THE MEMO LINE



Nollaig Shona - Grades Solo Competitions

First Feis	U8	U10	U12	U14	14&O
Reel	1	3	5	7	9
Light Jig	2	4	6	8	10
Beginner	U8	U10	U12	U14	14&O
Reel	100	107	114	121	128
Light Jig	101	108	115	122	129
Single Jig	102	109	116	123	130
Slip Jig	103	110	117	124	131
Treble Jig	104	111	118	125	132
Hornpipe	105	112	119	126	133
Trad Set	106	113	120	127	134
Adv. Beginner	U8	U10	U12	U14	14&O
Reel	200	207	214	221	228
Light Jig	201	208	215	222	229
Single Jig	202	209	216	223	230
Slip Jig	203	210	217	224	231
Treble Jig	204	211	218	225	232
Hornpipe	205	212	219	226	233
Trad Set	206	213	220	227	234
Novice	U8	U10	U12	U14	14&O
Reel	300	307	314	321	328
Light Jig	301	308	315	322	329
Single Jig	302	309	316	323	330
Slip Jig	303	310	317	324	331
Treble Jig	304	311	318	325	332
Hornpipe	305	312	319	326	333
Trad Set	306	313	320	327	334
Prizewinner	U8	U10	U12	U14	14&O
Reel	400	407	414	421	428
Light Jig	401	408	415	422	429
Single Jig	402	409	416	423	430
Slip Jig	403	410	417	424	431
Treble Jig	404	411	418	425	432
Hornpipe	405	412	419	426	433
Trad Set	406	413	420	427	434
Adult	Beginner		Novice		Prizewinner
Reel	500		507		514
Light Jig	501		508		515
Single Jig	502		509		516
Slip Jig	503		510		517
Treble Jig	504		511		518
Hornpipe	505		512		519
Trad Set	506		513		520

TIR NA NOG

WE WILL ALSO BE OFFERING TIR NA NOG FOR ALL DANCERS U6 WANTING TO SHOWCASE THEIR MOVES ON STAGE BUT MIGHT NOT BE QUITE READY FOR FIRST FEIS. TIR NA NOG DANCERS CAN REGISTER IN PERSON DAY OF THE COMPETITION

Nollaig Shona - Grades Trophy Competitions

Comp #	Trophy Competition	Birth Year
930	Novice / Prizewinner Hard Shoe Trophy 14 & Over	2010 or earlier
931	Novice / Prizewinner Hard Shoe Trophy Under 14	2011-2012
932	Novice / Prizewinner Hard Shoe Trophy Under 12	2013-2014
933	Novice / Prizewinner Hard Shoe Trophy Under 10	2015-2016
934	Novice / Prizewinner Hard Shoe Trophy Under 8	2017 or later
Comp #	Trophy Competition	Birth Year
920	Beginner / Advanced Beginner Reel Trophy 14 & Over	2010 or earlier
921	Beginner / Advanced Beginner Reel Trophy Under 14	2011-2012
922	Beginner / Advanced Beginner Reel Trophy Under 12	2013-2014
923	Beginner / Advanced Beginner Reel Trophy Under 10	2015-2016
924	Beginner / Advanced Beginner Reel Trophy Under 8	2017 or later
Comp #	Trophy Competition	Birth Year
900	First Feis Trophy 14 & O	2010 or earlier
901	First Feis Trophy Under 14	2011-2012
902	First Feis Trophy Under 12	2013-2014
903	First Feis Trophy Under 10	2015-2016
904	First Feis Trophy Under 8	2017 or later
Comp #	Trophy Competition	Birth Year
910	Adult Beginner/Advanced Beginner Reel Trophy	2006 or earlier
911	Adult Novice/Prizewinner Hard Shoe Trophy	2006 or earlier
Comp #	Specials Competition	Birth Year
1000	Beginner/Advanced Beginner Light Jig Special U12	2013 or later
1001	Beginner/Advanced Beginner Light Jig Special 12&O	2012 or before
1002	Novice/Prizewinner Treble Reel Special U12	2013 or later
1003	Novice/Prizewinner Treble Reel Special 12&O	2012 or before
1225	CFAX Santa's Anonymous Grades Christmas Charity Special U99	U99

CFAX CHARITY SPECIAL

CFAX SANTAS ANONYMOUS SOCIETY IS A TRUSTED CHILDREN'S CHARITY IN GREATER VICTORIA, DEDICATED TO ASSISTING FAMILIES WITH CHILDREN FACING HARDSHIPS. ALL PROCEEDS FOR THIS SPECIAL WILL BE DONATED TO THIS ORGANIZATION. DANCERS ARE ENCOURAGED TO DRESS IN THEIR BEST HOLIDAY ATTIRE AND DANCE WITH FRIENDS. CHOREOGRAPH 32 BARS TO REEL MUSIC OF HOLIDAY FUN TO PERFORM. PROPS ALSO ENCOURAGED!

Nollaig Shona - Championship Competitions

Comp #	Championship Competition	Birth Year
700	Preliminary Championship 16 &O	2008 or earlier
701	Preliminary Championship U16	2009-2010
702	Preliminary Championship U14	2011-2012
703	Preliminary Championship U12	2013-2014
704	Preliminary Championship U10	2015-2016
705	Preliminary Championship U8	2017 or later

Comp #	Championship Competition	Birth Year
710	Open Championship 18&O	2006 or earlier
711	Open Championship U18	2007-2008
712	Open Championship U16	2009-2010
713	Open Championship U14	2011-2012
714	Open Championship U12	2013-2014
715	Open Championship U10	2015-2016
716	Open Championship U8	2017 or later
717	Adult Championships	N/A
718	Advanced Adult Championships	N/A

Comp #	Specials Competition	Birth Year
1004	Prelim/Open Championship Treble Reel 16&O	2008or earlier
1005	Prelim/Open Championship Treble Reel U16	2009-2010
1006	Prelim/Open Championship Treble Reel U14	2011-2012
1007	Prelim/Open Championship Treble Reel U12	2013-2014
1226	CFOX Santa's Anonymous Champs Christmas Charity Special U99	U99

START TIME SPLITS AND COMBINED GROUPS

START TIME OF ALL STAGES WILL BE 9:00 AM

COMPETITIONS MAY BE SPLIT OR COMBINED AT THE DIRECTION OF THE FEIS COMMITTEE

THE FEIS COMMITTEE WILL COMBINE SMALLER COMPETITIONS WHERE POSSIBLE IN ORDER FOR DANCERS TO QUALIFY TO ADVANCE.

Nollaig Shona - Figure Dancing and Additional Competitions

Beginner	U8	U10	U12	U14	14&O
2 Hand	800	801	802	803	804
3 Hand	805	806	807	808	809
4 Hand	810	811	812	813	814
6 Hand	815	816	817	818	819
8 Hand	820	821	822	823	824
Championship	U8	U10	U12	U14	14&O
2 Hand	825	826	827	828	829
3 Hand	830	831	832	833	834
4 Hand	835	836	837	838	839
6 Hand	840	841	842	843	844
8 Hand	845	846	847	848	849

Comp #	Competition	Birth Year
1008	Irish Soda Bread Competition	U99
1009	Irish Art Competition	U99
1010	Irish Music Competition	U99

COMPETITION DETAILS

SODA BREAD COMPETITION:

ENTRY IS FREE AND OPEN TO EVERYONE - DANCERS, FAMILY, FRIENDS AND THE PUBLIC ARE INVITED OT JOIN IN. DROP OFF YOUR HOMEMADE IRISH SODA TO THE REGISTRATION DESK BY 11:00 AM. INCLUDE YOUR NAME AND CONTACT NUMBER WITH IT. ONLY FIRST PLACE WILL BE AWARDED WITH ALL OTHER COMPETITORS RECEIVING A PARTICIPATION AWARD.

IRISH MUSIC COMPETITION:

ENTRY IS FREE AND OPEN TO EVERYONE - DANCERS, FAMILY, FRIENDS AND THE PUBLIC ARE INVITED OT JOIN IN. SHARE YOUR BEST IRISH INSPIRED TUNES AND MELODIES TO FILL THE EVENT WITH THE SOUND OF IRISH CULTURE! ONLY FIRST PLACE WILL BE AWARDED WITH ALL OTHER COMPETITORS RECEIVING A PARTICIPATION AWARD.

IRISH ART COMPETITION:

ENTRY IS FREE AND OPEN TO EVERYONE - DANCERS, FAMILY, FRIENDS AND THE PUBLIC ARE ALL ENCOURAGED TO SHOWCASE THEIR CREATIVITY. SHARE YOUR BEST IRISH- INSPIRED ARTWORK FOR A CHANCE TO CELEBRATE OUR CULTURE THROUGH COLOUR AND IMAGINATION. DROP OFF YOUR ART ENTRY TO THE REGISTRATION DESK BY 11:00 AM. INCLUDE YOUR NAME AND CONTACT NUMBER WITH IT.ONLY FIRST PLACE WILL BE AWARDED WITH ALL OTHER COMPETITORS RECEIVING A PARTICIPATION AWARD.

ACCOMODATION

QUALITY INN WADDLING DOG

2476 MT. NEWTON CROSS ROADS

CALL TO BOOK 250-652-1146



FEIS ROOM BLOCK AVAILABLE UNTIL OCTOBER 30TH

8 MINUTE DRIVE TO VENUE

ROOM RATE (2 QUEEN BEDS) - 177.86/NIGHT

ROOM BLOCK UNDER NOLLAIG SHONA FEIS

FEIS RULES



WCIDTA STANDING RULES FOR REGIONAL FEISEANNA

1. COMPETITIONS ARE OPEN ONLY TO AMATEURS. ONLY STUDENTS OF TEACHERS REGISTERED IN GOOD STANDING WITH THE W.C.I.D.T.A., THE I.D.T.A.N.A., AND AN COIMISIUN LE RINCI GAELACHA MAY COMPETE.
2. COMPETITOR'S AGES WILL BE DETERMINED AS OF JANUARY 1ST OF THE CURRENT YEAR.
3. ENTRY FORMS ARE TO BE CHECKED AND SIGNED BY THE REGISTERING TEACHER.
4. FEE GUIDELINES
5. MUSIC SHALL BE IN ACCORDANCE WITH REGULATION METRONOME SPEEDS.
6. CATEGORIES:

FIRST FEIS: A DANCER WHO HAS NEVER PREVIOUSLY COMPETED IN A REGISTERED COMPETITION.

BEGINNER: A DANCER WHO HAS NOT QUALIFIED FOR ADVANCED BEGINNER IN THAT PARTICULAR DANCE.

ADVANCED BEGINNER: A DANCER WHO HAS RECEIVED A QUALIFYING PLACE IN THAT PARTICULAR DANCE IN THE BEGINNER LEVEL, BUT HAS NOT YET QUALIFIED TO MOVE ON TO NOVICE IN THAT PARTICULAR DANCE.

NOVICE: A DANCER WHO HAS RECEIVED A QUALIFYING PLACE IN THAT PARTICULAR DANCE IN THE ADVANCED BEGINNER LEVEL, BUT HAS NOT YET QUALIFIED TO MOVE ON TO PRIZEWINNER FOR THAT PARTICULAR DANCE.

PRIZEWINNER: A DANCER WHO HAS RECEIVED A QUALIFYING PLACE IN THAT PARTICULAR DANCE IN THE NOVICE LEVEL, BUT HAS NOT YET QUALIFIED TO ADVANCE TO PRELIMINARY CHAMPIONSHIPS.

FIRST FEIS TROPHY: (REEL, 32 BARS): OPEN TO DANCERS ENTERED IN THEIR FIRST FEIS. DANCERS MAY NOT COMPETE IN ANY OTHER TROPHY COMPETITION. (05/2022)

BEGINNER/ADVANCED BEGINNER TROPHY: (REEL, 32 BARS): OPEN TO DANCERS WHO DANCE THE MAJORITY OF THEIR DANCES IN THE BEGINNER OR ADVANCED BEGINNER LEVEL IN SOLOS. A DANCER MUST ADVANCE TO NOVICE/PRIZEWINNER TROPHY IF THEY RECEIVE TWO FIRST PLACE TROPHIES IN THIS LEVEL, OR IF THEY ADVANCE IN THEIR SOLO LEVELS.

NOVICE/PRIZEWINNER TROPHY: (TREBLE JIG, 32 BARS, CHOICE OF 2 SPEEDS) OPEN TO DANCERS WHO DANCE THE MAJORITY OF THEIR DANCES IN THE NOVICE OR PRIZEWINNER LEVEL IN SOLOS. ALSO OPEN TO DANCERS WHO HAVE PREVIOUSLY WON TWO FIRST PLACE TROPHIES IN THE BEGINNER/ADVANCED BEGINNER TROPHY COMPETITIONS. DANCERS IN ALL AGE GROUPS WILL DANCE THE TREBLE JIG (AS PER 05/31/02).

PRELIMINARY CHAMPIONSHIPS: OPEN TO DANCERS WHO HAVE WON TWO FIRST PLACE TROPHIES IN THE NOVICE/PRIZEWINNER TROPHY COMPETITION, AND WHO HAVE NOT PREVIOUSLY WON TWO FIRST PLACE PRELIMINARY CHAMPIONSHIPS.

OPTION A: 48 BARS OF REEL OR 40 BARS OF SLIP JIG, AND ONE NON-TRADITIONAL SET DANCE, WITH THE EXCEPTION OF THE U8 / U9 AGE GROUPS WHO WILL DANCE A TRADITIONAL SET DANCE. (11/11/05)

OPTION B: 48 BARS OF REEL OR 40 BARS OF SLIP JIG, AND ONE NON-TRADITIONAL SET DANCE MAY BE DANCED, (WITH THE EXCEPTION OF THE U8 / U9 AGE GROUPS WHO WILL DANCE A TRADITIONAL SET DANCE (11/11/05). WHERE OPTION B IS USED, ALL THREE ROUNDS WILL BE OFFERED AS A TROPHY DANCE INSTEAD OF PRELIMINARY SOLOS. (05/31/02)

OPTION C: 48 BARS OF REEL OR 40 BARS OF SLIP JIG, AND 48 BARS OF TREBLE JIG OR 40 BARS OF HORNPIPE, AND THE OPTION OF A RECALL FOR THE SET DANCE ROUND IN ADDITION TO OFFERING ALL SOLO DANCES IN PRELIMINARY SOLO AND OPEN COMPETITIONS. (11/05/04) U8 / U9 AGE GROUPS WILL DANCE A TRADITIONAL SET DANCE. (11/11/05)

OPEN CHAMPIONSHIPS: OPEN TO DANCERS WHO HAVE PREVIOUSLY WON THREE FIRST PLACE PRELIMINARY CHAMPIONSHIPS. (01/09/24)

OPTION A: 48 BARS OF REEL OR 40 BARS OF SLIP JIG, AND 48 BARS OF TREBLE JIG OR 40 BARS OF HORNPIPE, AND ONE NON-TRADITIONAL SET DANCE WITH THE EXCEPTION OF THE U8/U9 AGE GROUPS WHO WILL DANCE A TRADITIONAL SET DANCE. (11/11/05)

OPTION B: 48 BARS OF REEL OR 40 BARS OF SLIP JIG, AND 48 BARS OF TREBLE JIG OR 40 BARS OF HORNPIPE, AND A NON-TRADITIONAL SET DANCE EXCEPT FOR THE U8/U9 AGE GROUPS WHO WILL DANCE A TRADITIONAL SET DANCE. (11/11/05) WHERE OPTION B IS USED, ALL THREE ROUNDS WILL BE OFFERED AS A TROPHY DANCE INSTEAD OF OPEN SOLOS. (05/31/02)

FEIS RULES

7. DANCERS MAY ONLY DANCE EACH DANCE ONCE, THE EXCEPTION BEING DANCERS WHO ARE ENTERED IN FIRST FEIS COMPETITIONS, WHO MAY ALSO DANCE IN BEGINNER FOR THOSE DANCES.
8. IN FIGURE DANCING, 50% OF A TEAM MAY BE MOVED TO A HIGHER AGE GROUP TO COMPLETE A FIGURE - UNLESS THE FEIS COMMITTEE HAS GRANTED SPECIAL PERMISSION. ALL CEILI DANCES MUST BE PERFORMED IN ACCORDANCE WITH THE OFFICIAL BOOK "AN RINCE FOIRNE".
9. A COMPETITION MAY BE CANCELLED OR COMBINED WITH A HIGHER AGE GROUP IF THERE ARE LESS THAN THREE ENTRIES. IF THE ENTRY IS 40 OR HIGHER, THE COMPETITION WILL BE SPLIT.
10. DANCERS SHOULD BE IN THE HALL 60 MINUTES BEFORE THE SCHEDULED TIME OF THEIR COMPETITION.
11. ALL DANCERS MUST BE IN COSTUME, COMPLETE WITH SHOES AND NUMBER TO RECEIVE ANY AWARD ONSTAGE.
12. UNDER NO CIRCUMSTANCES ARE THE ADJUDICATORS OR THE MUSICIANS TO BE APPROACHED DURING THE FEIS. THE DECISION OF THE ADJUDICATOR IS FINAL.
13. NO STEEL TAPS OR BUBBLE HEELS ALLOWED. SHOES MAY BE SUBJECT TO INSPECTION BY ADJUDICATORS. COSTUMES MUST BE IN ACCORDANCE WITH THE IDTANA AND AN COIMISIUN GUIDELINES.
14. THE FEIS COMMITTEE, THE WCIDTA, ITS PARENT BODIES, AND THE VENUE, ARE NOT RESPONSIBLE FOR PERSONAL INJURY, PROPERTY LOSS OR DAMAGE DURING AN EVENT.
15. PROTEST AGAINST BREACH OF RULES WILL BE CONSIDERED IF MADE IN WRITING AND SIGNED BY THE OBJECTOR. THE OBJECTION MUST ALSO BE ACCOMPANIED WITH A \$25 FEE AND REACH THE COMMITTEE BEFORE PRIZES ARE PRESENTED. IF THE COMPLAINT IS JUSTIFIED, THE \$25 FEE WILL BE REFUNDED.
16. COMPETITORS MAY ONLY COMPETE IN A TROPHY COMPETITION OR A CHAMPIONSHIP, BUT NOT BOTH. SPECIALS (I.E. TREBLE REEL, SLIP JIG) DO NOT APPLY.
17. ANY FORM OF UNAUTHORIZED PHOTOGRAPHY WHICH HAS THE CAPABILITY TO CAPTURE A DANCER'S IMAGE WHILST IN MOTION, USING ELECTRONIC OR MANUAL MEANS E.G. MOBILE PHONE, STANDARD CAMERA, VIDEO CAMCORDER, COMMERCIAL FILM, WITH OR WITHOUT ENHANCEMENT, IS EXPRESSLY FORBIDDEN IN COMPETITION.
18. THE FEIS COMMITTEE RESERVES THE RIGHT TO REFUSE ANY ENTRY.
19. DANCERS SHALL ADVANCE IN EACH INDIVIDUAL SOLO DANCE AS FOLLOWS (06/15/01):

Number of Dancers in the Competition	Placing(s) that move dancer(s) to the next level
<5	no placing advances
5 – 9	1 st place moves up
10 – 19	1 st , 2 nd , 3 rd move up
20 – 29	1 st , 2 nd , 3 rd , 4 th move up
30 or more	1 st , 2 nd , 3 rd , 4 th , 5 th move up

20. DANCERS SHALL ADVANCE IN TROPHY COMPETITIONS AND CHAMPIONSHIP AS FOLLOWS:
 - A DANCER WHO WINS TWO FIRST PLACE TROPHIES IN BEGINNER/ADVANCED BEGINNER TROPHY ADVANCES TO NOVICE/PRIZEWINNER TROPHY, OR:
 - A DANCER WHO ADVANCES TO NOVICE OR PRIZEWINNER FOR THE MAJORITY OF THEIR SOLO LEVELS (HARD SHOES IN PARTICULAR) AUTOMATICALLY ADVANCES TO THE NOVICE/PRIZEWINNER TROPHY.
 - A DANCER WHO WINS TWO FIRST PLACE TROPHIES IN NOVICE/PRIZEWINNER TROPHY ADVANCES TO PRELIMINARY CHAMPIONSHIPS.
 - A DANCER WHO WINS TWO FIRST PLACE PRELIMINARY CHAMPIONSHIPS ADVANCES TO OPEN CHAMPIONSHIPS.
 21. ALL FEIS COMMITTEES MUST AWARD A MINIMUM OF 30% OF COMPETITORS IN PRELIMINARY AND OPEN CHAMPIONSHIPS. (11/01/02)
 22. SHINY PLASTIC NUMBER CARDS SHOULD NOT BE USED. (11/06/03)
- ALL OTHER FEIS RULES AS PER AN COIMISIUN LE RINCI GAELACHA, THE IDTANA AND THE WCIDTA.