

2026 Tennessee Feis

Saturday, April 18, 2026

Syllabus approved by IDTANA, Southern Region Liason, Areleen Ni Bhaoill, approved February 15, 2026



Hosted by:

Middle Tennessee Irish Music & Dance
And Tennessee Irish Cultural Organization

FEIS LOCATION: Columbia, TN

Feis Venue: Columbia State Community College
Cherry Theater, 1665 Hampshire Pike, Columbia, TN

Feis Cap:

125 grade dancers/100 champ dancers

Adjudicators:

Meghan Lucey (CT), Erin O'Donnell (CT),
Karyn K. Oster (TN),

Musician:

Claire Shirey (TN), Allison Hill (TN), Kaelen Korbel (TN)

Website:

MiddleTNIrish.org/Tennessee-feis/

General questions:

Email: TheTennesseeFeis@gmail.com
Social Media FB & IG: @TheTennesseeFeis

Local rules:

By registering and paying for this feis, parents and dancers agree to release the Tennessee Feis, the venue, tabulation and all volunteers of any liability for any injury or illness to complete any requirements for this competition.

No Refunds

Registration:

Enter on www.iFeis.net

Deadline to register is Tuesday, March 1, 2026.

Late entries accepted with \$25 late fee/family, April 1-10.

No entries will be accepted after April 10, 2026.

All unpaid entries will be deleted at midnight on April 10th.

Entries Open at www.iFeis.net

FEIS REGISTRATION SUMMARY

- Up to March 31, all registration only accepted at iFeis.com
- ONLY credit card payments accepted.
- No Phone or email entries accepted
- April 1-10 – registration accepted with \$25 late fee.
- Changes and additions to registration may be self-initiated through March 31.
- Feis caps are: (registration will close for those levels only once that cap has been reached)
 - Grades 125
 - PC/OC 100
- All results will be posted to iFeis.com for FREE for both championship and grades levels during and after the feis.

FEIS GENERAL SCHEDULE

- 8:30 AM - START
- MORNING - Music, Language, Prelim & Open Champs
- NOON - Awards Presentation for Music & Champs
- AFTERNOON - All Grade Levels
- End of Day: Teams
- ART/BAKING - Drop off by 11:00am, awards at noon.

ENTRY FEES: per competitor and per dancer

- Solos: \$12.00
- Preliminary Championships (2 rounds): \$40.00
- Open Championships (3 Rounds): \$55.00
- Specials & Non-Dance Competitions: \$10.00
- Teams/Figures per person: \$6.00
- Facility/Family Admission Fee: \$35.00
- Family Max: \$150.00 per family; Not Including:
 - Facility/Family Admission Fee
 - Late fees or change fees
- Late Fee after March 31, 2026: \$25.00 per family
 - Late fee per family April 1-10
 - \$10 Chang Fee Per Dancer April 1-10
 - Registration/Changes after April 10 at the discretion of the registrar.
 - Contact TheTennesseeFeis@gmail.com
- All unpaid registrations will be dropped at midnight April 10, 2026.
- NO REGISTRATION/CHANGES ON THE DAY OF THE FEIS
- NO REFUNDS



Spring Feis – 1 Day
Saturday, April 18, 2026

Feis Cap: 125 grade dancers/100 champ dancers

Hosted by:
Middle TN Irish Music & Dance
Tennessee Irish Cultural Organization

FEIS LOCATION: Columbia, TN
Columbia State Community College – Cherry Theater

Feis Hotel Suggestions:

Holiday Inn Express Columbia by IHG \$145	1530 Bear Creek Pike, Columbia, TN 38401
Fairfield by Marriott Inn & Suites Columbia \$145	1545 Halifax Dr, Columbia, TN 38401
Hampton Inn Columbia by Hilton \$145	1551 Halifax Dr, Columbia, TN 38401

Adjudicators:
Meghan Lucey (CT), Erin O'Donnell (CT)
Karyn K. Oster (TN)

Musician:
Claire Shirey (TN), Kaelen Korbel (TN), Allison Hill
(TN)

General questions: TheTennesseeFeis@gmail.com
Social Media FB & IG: @TennesseeFeis
Website: MiddleTNIrish.com/Tennessee-feis

REGISTER @ iFeis.net
Regular Registration closes March 31, 2026.

Late registration with additional \$25.00 fee available April 1-10.
Changes per dancer \$10 April 1-10. No changes after April 10.
No Registration after April 10.

**No registration the day of the feis
No refunds for any reason.**

Entry fees per competitor per competition are as follows:

- Solos: \$12.00
- Preliminary Championships (2 rounds): \$40.00
- Open Championships (3 Rounds): \$55.00
- Specials & Non-Dance Competitions: \$10.00
- Teams/Figures per person: \$6.00
- Facility/Family Fee: \$35.00
- Family Max: \$150.00 per family, not including Facility or Late fees.
- Late Fee after March 31, 2026: \$25.00 per family
 - Late fee per family April 1-10, 2026.
 - No Registration after April 10.
 - All unpaid registrations will be dropped at midnight April 10, 2026.
 - Changes and additions to registrations may be self initiated through March 31, 2026 for no charge.
 - \$10 Change fee April 1-10; please contact TennesseeFeis@gmail.com
 - No Entries or Changes After April 10, 2026
 - No Entries or Changes on the Feis Day

Local rules:

- By registering and paying for this feis, parents and dancers agree to release the Tennessee Feis, the venue, tabulation and all volunteers of any liability for any injury or illness to complete any requirements for this competition.
- MERGE/SPLIT COMPETITIONS: Competitions may be merged or split based on entries for a minimum of 5 dancers in each competition.
- **NO REFUNDS** for any reason, unless cancelled by the feis organization.

Grade Levels:

- First Feis: A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
- Beginner I (Beginner) Grade: A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
- Beginner 2 (Advanced Beginner) Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
- Novice Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. In Novice competitions with 20 or more dancers, a dancer who wins 1st or 2nd place in a dance will advance to the Open/PW category in that particular dance (Dec 2012)
- Open Prizewinner Grade: A competitor who does not qualify as a beginner, advanced beginner or as a novice.
- Adult: An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.

AGE CHART

Birth Year	Age Group		Birth Year	Age Group
2023	Under 3		2011	Under 15
2022	Under 4		2010	Under 16
2021	Under 5		2009	Under 17
2020	Under 6		2008	Under 18
2019	Under 7		2007 & Before	18 & Over
2018	Under 8			
2017	Under 9			
2016	Under 10			
2015	Under 11			
2014	Under 12			
2013	Under 13			
2012	Under 14			

SPECIAL PERSON: Inclusive dance competition for persons of all ages.

	REEL or JIG
All Ages	100 SP

TIR NA NOG: Limited to children who have never had Irish dance lessons. Mainly for younger siblings that want to participate.

	REEL
Under 4	104 TNN
4 & Over	105 TNN

FIRST FEIS:

	REEL	LIGHT JIG	SLIPJIG	SINGLE JIG
Under 5	105 R	105 LJ	105 SJ	105 SN
Under 6	106 R	106 LJ	106 SJ	106 SN
Under 7	107 R	107 LJ	107 SJ	107 SN
Under 8	108 R	108 LJ	108 SJ	108 SN
Under 9	109 R	109 LJ	109 SJ	109 SN
Under 10	110 R	110 LJ	110 SJ	110 SN
10 & Over	111 R	111 LJ	111 SJ	111 SN

BEGINNER:

	REEL	LIGHT JIG	SLIPJIG	SINGLE JIG
Under 5	205 R	205 LJ	205 SJ	205 SN
Under 6	206 R	206 LJ	206 SJ	206 SN
Under 7	207 R	207 LJ	207 SJ	207 SN
Under 8	208 R	208 LJ	208 SJ	208 SN
Under 9	209 R	209 LJ	209 SJ	209 SN
Under 10	210 R	210 LJ	210 SJ	210 SN
Under 11	211 R	211 LJ	211 SJ	211 SN
Under 12	212 R	212 LJ	212 SJ	212 SN
12 & Over	213 R	213 LJ	213 SJ	213 SN
Adult	299 R	299 LJ	299 SJ	299 SN

ADVANCED BEGINNER: *Only Fast Traditional Speed

	REEL	LIGHT JIG	SLIPJIG	SINGLE JIG	*TREBLE JIG	*HORNPIPE	TRAD SET
Under 6	306 R	306 LJ	306 SJ	306 SN	306 TJ	306 HP	310 TS
Under 7	307 R	307 LJ	307 SJ	307 SN	307 TJ	307 HP	310 TS
Under 8	308 R	308 LJ	308 SJ	308 SN	308 TJ	308 HP	310 TS
Under 9	309 R	309 LJ	309 SJ	309 SN	309 TJ	309 HP	310 TS
Under 10	310 R	310 LJ	310 SJ	310 SN	310 TJ	310 HP	310 TS
Under 11	311 R	311 LJ	311 SJ	311 SN	311 TJ	311 HP	311 TS
Under 12	312 R	312 LJ	312 SJ	312 SN	312 TJ	312 HP	311 TS
Under 13	313 R	313 LJ	313 SJ	313 SN	313 TJ	313 HP	311 TS
Under 14	314 R	314 LJ	314 SJ	314 SN	314 TJ	314 HP	311 TS
14 & Over	315 R	315 LJ	315 SJ	315 SN	315 TJ	315 HP	311 TS
Adult	399 R	399 LJ	399 SJ	399 SN	399 TJ	399 HP	399 TS

NOVICE - *Choice of Speed (Traditional or Slow)

	REEL	LIGHT JIG	SLIPJIG	SINGLE JIG	*TREBLE JIG	*HORNPIPE	TRAD SET
Under 6	406 R	406 LJ	406 SJ	406 SN	406 TJ	406 HP	411 TS
Under 7	407 R	407 LJ	407 SJ	407 SN	407 TJ	407 HP	411 TS
Under 8	408 R	408 LJ	408 SJ	408 SN	408 TJ	408 HP	411 TS
Under 9	409 R	409 LJ	409 SJ	409 SN	409 TJ	409 HP	411 TS
Under 10	410 R	410 LJ	410 SJ	410 SN	410 TJ	410 HP	411 TS
Under 11	411 R	411 LJ	411 SJ	411 SN	411 TJ	411 HP	411 TS
Under 12	412 R	412 LJ	412 SJ	412 SN	412 TJ	412 HP	412 TS
Under 13	413 R	413 LJ	413 SJ	413 SN	413 TJ	413 HP	412 TS
Under 14	414 R	414 LJ	414 SJ	414 SN	414 TJ	414 HP	412 TS
Under 15	415 R	415 LJ	415 SJ	415 SN	415 TJ	415 HP	412 TS
15 & Over	416 R	416 LJ	416 SJ	416 SN	416 TJ	416 HP	412 TS
Adult	499 R	499 LJ	499 SJ	499 SN	499 TJ	499 HP	499 TS

PRIZEWINNER - *Choice of Speed (Traditional or Slow)

	REEL	SLIPJIG	*TREBLE JIG	*HORNPIPE	TRAD SET
Under 7	507 R	507 SJ	507 TJ	507 HP	512 TS
Under 8	508 R	508 SJ	508 TJ	508 HP	512 TS
Under 9	509 R	509 SJ	509 TJ	509 HP	512 TS
Under 10	510 R	510 SJ	510 TJ	510 HP	512 TS
Under 11	511 R	511 SJ	511 TJ	511 HP	512 TS
Under 12	512 R	512 SJ	512 TJ	512 HP	512 TS
Under 13	513 R	513 SJ	513 TJ	513 HP	513 TS
Under 14	514 R	514 SJ	514 TJ	514 HP	513 TS
Under 15	515 R	515 SJ	515 TJ	515 HP	513 TS
Under 16	516 R	516 SJ	516 TJ	516 HP	513 TS
Adult	599 R	599 SJ	599 TJ	599 HP	599 TS

CHAMPIONSHIP – Round awards & Overall awards. Comments available for free on iFeis.net

Round 1: Heavy Shoe - Treble Jig 48 bars speed 73, Hornpipe 40 bars speed 113.

Round 2: Light Shoe - Reel 48 bars speed 113, Slipjig 40 bars speed 113,

Round 3 (OC) – Setpiece

NOTE: Competitions may be merged or split based on entries for a minimum of 5 dancers in each competition.

	Preliminary Championship (2 Rounds)	Open Championships (3 Rounds)
Under 9	609 PC	709 OC
Under 10	610 PC	710 OC
Under 11	611 PC	711 OC
Under 12	612 PC	712 OC
Under 13	613 PC	713 OC
Under 14	614 PC	714 OC
Under 15	615 PC	715 OC
Under 16	616 PC	716 OC
Under 17	617 PC	717 OC
17 & Over	618 PC	718 OC
Adult Championship	699AC	
Advance Adult PC	799AAP	
Advance Adult OC		799 AAO

All dancers that place in the top 3 will qualify to dance in the PC or OC Dance Off.

- Competition to take place at noon after awards.
- \$100 scholarship will be awarded to the First Place dancers in each Dance Off.
- There is no fee for this competition.
- This is a Treble Reel competition; 1 step (right & left foot) 1 at a time, down the line twice.

PC TRAD SET:

Under 12	612 TS
12 & Over	613 TS

TEAMS

	2-HAND	3-HAND	4-HAND	6-HAND	8-HAND
Under 9	9209 FD	9309 FD	9409 FD	9609 FD	9809 FD
Under 11	9211 FD	9311 FD	9411 FD	9611 FD	9811 FD
Under 13	9213 FD	9313 FD	9413 FD	9613 FD	9813 FD
Under 15	9215 FD	9315 FD	9415 FD	9615 FD	9815 FD
15 & Over	9216 FD	9316 FD	9416 FD	9616 FD	9816 FD
Adult	9299 FD	9399 FD	9499 FD	9699 FD	9899 FD

MUSIC – Adhere to the same rules as the Comhaltas Fleadh (see link). Any questions, reach out to MiddleTenneseelrish@gmail.com www.Comhaltas.ie/fleadh/

	Wind (solo)	Reed (solo)	String (solo)	Voice(solo)	Misc.(solo)	Duets	Trios
Under 12	1012 MW	1012 MR	1012 MS	1012 MV	1012 MM	1012 DUET	1012 TRIO
Under 15	1015 MW	1015 MR	1015 MS	1015 MV	1015 MM	1015 DUET	1015 TRIO
Under 18	1018 MW	1018 MR	1018 MS	1018 MV	1018 MM	1018 DUET	1018 TRIO
18 & Over	1019 MW	1019 MR	1019 MS	1019 MV	1019 MM	1019 DUET	1019 TRIO

ART – Open to all ages for any medium. Must be Irish themed.

Irish Art = i.e., drawing, painting, water color, pencil.

Costume Design = i.e. drawing, craft, etc.

Irish Craft = i.e. ceramic, sculpture, sewing, knitting, etc.

	Irish Art	Costume Design	Irish Craft
All Ages	800 ART	801 ART	802 ART

LANGUAGE – Gaelic Language Competitions, the following are required:

- Fíliocht - Poetry -- Recite a short poem or verse
- Amhránaíocht - Singing – 1 Song

	Poetry	Singing
Under 12	812 LNG	812 SNG
12 & Over	813 LNG	813 SNG

BAKING – Open to all ages.

Entries must be dropped of by 11:00am. Awards announced at noon.

	Other Baked Goods	Traditional Soda Bread
All ages	803	804

SOUTHERN REGIONAL DANCING COMPETITION RULES:

1. In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
2. Competitions are open to all but those holding a TMRF, TCRG, or ADCRG designation. A Feis can only accept entries from pupils of teachers registered with An Coimisiun and registered with both the IDTANA and the North American region in which they reside.
3. A competitor may be disqualified for any of the following reasons:
 - a. Conduct unbecoming a lady or gentleman.
 - b. Failure to report on time to compete. (Penalty: disqualification from said event)
 - c. Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.
 - i. Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all registered Feiseanna for a period of one year beginning at the date of the occurrence.
4. Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. This does not pertain to a situation where competitors are involved in stage conflicts, and such conflicts will be handled by the stage monitor.
5. Steel taps or "bubble" heels on dancing shoes and any display of awards is prohibited. Authentic Gaelic dress is desired.
6. First Feis (if offered), Beginner and Advanced Beginner, aka Beginner I and II, must wear a class costume, or a skirt/pants and top. All other categories are excluded from this rule. Modest attire is encouraged when a competitor is not dancing.
7. Competitor's number must be worn and visible to adjudicators when performing in all competitions. Use of reflective plastic number covers is discouraged.
8. The number of awards given is determined by the Feis Committee and is based on the scores and ranks given by the adjudicator(s).
9. Complaints must be in writing stating names and other factual information and signed by the complainant. A \$50.00 fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
10. The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property and/or rental property will be punishable by law.
11. The Feis reserves the right to reject any entry for cause, to cancel all or part of the Feis and to limit competitor's performing time. The decision of the Feis Committee is final in all matters connected with the Feis.
12. All Feiseanna must have a process to allow parents to request that their child or children's name(s) not be listed on the posted competitor list prior to the day of the Feis.
13. Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and include the entry fee for entry to be accepted. Failure to do so will result in a rejected entry. Entries must be received on or before the closing date or they will be subject to a late fee of (Determined by the Feis).
14. With the exception of First Feis and Beginner 1 the status of the dancer does not change unless there are five or more dancers in the competition.
15. Photography:
 - a. With the exception of First Feis, Beginner 1 and Beginner 2 (or their equivalent), photography of any kind which has the capability of capturing a dancer's image while in motion is strictly forbidden.
 - b. A Feis may elect to allow in motion photography for publicity purposes, but the pictures are considered the sole property of the Feis and solely for Feis use only; these are not to be used for personal gain through commercial use or sale, and under no circumstances can they be published on any website or other areas, without the express written permission of the persons involved.
 - c. Additionally, a professional photographer may be formally contracted by a Feis to capture non-motion photographs, such as portrait photography, awards ceremonies, etc. and/or in motion photography provided it is taken at a vendor station or suitable location:
 - i. away from the dancing stages and,
 - ii. requested by a consenting parent, guardian, or dancer (over the age of 18).
16. No block, en Pointe, toe walking movements, stationary or moving is allowed to be performed for all ages up to and including the under 12 age group. However, after September 1 of each year an exception is made for those dancers who are 11 dancing in the under 12 age group.
17. No substance that can become airborne should be used on any dance floor in an attempt to improve traction.
18. Respect for fellow competitors on stage is a requirement at all times. Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.

GRADE LEVEL RULES:

1. Solo competitors in First Feis (if offered), Beginner, Advanced Beginner, Novice or Open (Prizewinner), Adult and Master competitions:
 - a. Must compete in their own age group.
 - b. Must be prepared to perform two steps in each event.
2. With the exception of First Feis and Beginner 1, a dancer's level is determined in each dance (Reel, Light Jig, Single Jig, Slip-Jig, Hornpipe, Treble Jig, and Traditional Set). Traditional Set Dances are limited to those dances determined by An Coimisiun Le Rince Gaelacha as traditional set dances.
3. A Feis Committee may combine competitions if there are less than 5 competitors entered as follows:
 - a. Three consecutive age groups, if including the youngest or oldest multi-year age groups, or up to five consecutive single-age groups, combined into the highest age group, within that grade.
4. Each region may determine the system for moving dancers from one grade to another, as they see appropriate for their region.
5. The syllabus is to contain all grade categories.
6. Competitors have the option to remain in the same category for the remainder of the Feis year.
7. A dancer, at the discretion of the teacher, may move into the next Grade (not Open Championships) without satisfying the requirements. However, once a dancer competes in the higher level, they can never move back to a lower category, (except as outlined in Rule 1, above).
8. Grade Levels
 - a. First Feis: A dancer who has never competed in a Feis. A dancer can only be in this category for a single day and cannot compete at any other level in the Feis. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - b. Beginner I (Beginner) Grade: A beginner is a competitor who has not yet taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Beginner 2/Advanced Beginner category the next year. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.

- c. Beginner 2 (Advanced Beginner) Grade: An advanced beginner who wins 1st, 2nd or 3rd place will advance to the Novice category in that particular dance. Competition dances are reel, light jig, slip jig, traditional treble jig and traditional hornpipe, as a minimum requirement. Dancers must compete with Basic Steps that coincide with the Grade Exam Syllabus.
 - d. Novice Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance. In Novice competitions with 20 or more dancers, a dancer who wins 1st or 2nd place in a dance will advance to the Open/PW category in that particular dance (Dec 2012)
 - e. Open Prizewinner Grade: A competitor who does not qualify as a beginner, advanced beginner or as a novice.
 - f. Adult: An Adult dancer is defined as any dancer who started Irish dancing at the age of 18 or older OR any dancer 18 or older who has not competed in at least five years in a youth competition AND has never placed in the top three in a youth Preliminary championship competition of more than five competitors.
9. First Feis (if offered), Beginner 1, and Beginner 2 are required to dance at traditional speeds. Novice and Open/Prizewinner dancers may choose between traditional and Oireachtas speeds.
10. The following dance speeds must be adhered to;

	First Feis	Beginner	Adv. Beg	Novice	Prizewinner
Reel	122	122	122	113	113
Light Jig	115	115	115	115	115
Slipjig	122	122	122	113	113
Single Jig	124	124	124	124	124
Treble Jig			92	73/92	73/92
Hornpipe			138	113/138	113/138

TRADITIONAL SET SPEEDS:

St. Patrick's Day 94, Blackbird 114, Job of Journeywork 138, Three Sea Captains 96, Garden of Daisies 138, Jockey to the Fair 90, King of the Faries 130

- 11. First Feis, Beginner 1 and Beginner 2 perform only basic steps to coincide with the Grade Exam Syllabus.
- 12. Dancers competing in the First Feis category are limited to participating in the First Feis Category only.

CHAMPIONSHIP LEVEL RULES:

- 1. First place winners in the Open Championship category cannot return to a Preliminary or Open (Prizewinner) competition. Placing in a Regional or National Oireachtas does not change the status of a competitor. A dancer who moves into Open Championship must stay a minimum of 2 years. If after 2 years they have not placed they are allowed to return to Preliminary. An Open Championship dancer who places is not allowed to return to Preliminary until 2 years after their last placement. The regional syllabus where the Feis is being held may have different qualifications for entry.
- 2. Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances and Specials, i.e. Treble Reel Competition, etc.
 - a. Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
 - b. Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
- 3. Preliminary Championships
 - a. Are open to those who at any CLRG-registered Feis:
 - i. Have placed 1st in both an Open (Prizewinner) light and heavy shoe competitions and
 - ii. Have never won 1st, 2nd or 3rd in an Open Championship.
 - b. A dancer who lives in the Southern Region and who wins 1st place in a second Preliminary Championship Competition in any Region MAY move up to Open Championship Competitions immediately, at the discretion of their dancing teacher.
 - c. A dancer who lives in the Southern Region when they win 1st place in a second Preliminary Championship competition MUST move up to Open Championship Competitions no later than the one calendar year anniversary of the second Preliminary Championship win.
 - d. Preliminary Championship competitions with 26 or more competitors may be split in half according to age. * In Preliminary Championships- Separate boys into a separate competition if there are five (5) or more boys entered in a specific competition within a single age a group. If three (3) or more boys are entered in a specific age group in a combined Open Championship competition, the boys and girls MUST be split into separate competitions.
- 4. Every competitor in Preliminary or Open Championship must have a minimum of 8 rotations or 10 minutes between each of their rounds
- 5. In the event the same organization is running 2 feis' in one weekend the following must occur:
 - a. On Championship competitions , 2/3 of adjudicators must be different from the previous day.
 - b. 2nd chance competitions may only be offered on one feis.

TEAM/FIGURE RULES

- 1. Teachers or team captains are responsible that their teams are complete and in position when the competition is announced.
 - a. There are no restrictions on figure age groups
 - b. Figure age groups will be determined by the oldest dancer.
 - c. 8 hand teams are allowed to repeat dancers at all Southern Region feiseanna in accordance with the World and Regional Oireachtas rules.
- 2. The length of 2 hand and 3 hand dances in competition are to be 48 bars of music plus an 8 bar introduction.
- 3. Only dancers that meet the definition of an "Adult Dancer" may compete in Adult Ceili competitions. "Adult Dancer" includes Adult Grade Level, Adult Championship, Advanced Adult Preliminary Championship and Advanced Adult Open Championship, as defined by the qualifications found elsewhere in these rules.
- 4. In the event that the same organization is running 2 feiseanna in one weekend, the following may occur: Figure and Ceili competitions may be offered at only one of the feis' on that weekend.

ADJUDICATORS & MUSICIANS

- 1. Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
- 2. Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.

3. In matters pertaining to adjudication, the decision of the adjudicators is final.
4. Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
5. Championships and Preliminary Championships require at least three adjudicators.
6. Each Feis is required to list their adjudicators on their syllabus and/or website at least three weeks before the close of entries, one-third of which are to be from outside the region where the Feis is being held.

COSTUME RULES

1. Make up is prohibited on a dancer in the first three grades (First Feis (if offered), Beginner 1 and Beginner 2 or their equivalent) up to and including the under 12 age group. Make-up (including false eyelashes and tanner on the face) is not permitted for dancers, in either solo or team competitions, up to and including the Under 10 age group.
Clarification: Both make up rules refer to the age group of the competition, not the actual age of the dancer. For example, 9-year-old dancers, competing in a team that is entered Under 12, may wear make-up or at a feis where the youngest Open Championship age group is Under11, then all dancers in that competition may wear make-up. These rules must also be announced from side stage at the event. Participants should be reminded that should they be in breach of these rules and be required to remove their make-up, that they risk missing their rotation in the competition.
2. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
3. Competitors in competitions at the First Feis (if offered), Beginner 1 and Beginner 2 Grade will wear only the competitor's dancing school costume or a skirt/pants and top.
4. Costume Length: Length of costumes must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to change into black tights (of a denier not less than 70 per cent) in order for the dancer to continue in the competition.

MODESTY RULES

From An Coimisiun:

- Changing costumes, dressing and undressing of dancers will not be acceptable in the halls or public areas. For the sake of modesty and in the interests of safety of young people, dancers will not be permitted to walk around the feis scantily dressed.
- Respect for fellow competitors on stage is a requirement at all times.
- Lack of respect or courtesy for fellow competitors by aggressive dancing on stage will be subject to penalty at the discretion of each individual adjudicator.
- Length of costume must adhere to principles of modesty and enable dancers to safely execute their movements and steps. Adjudicators who determine a costume to be too short or to lack modesty may ask a competitor to wear black tights (of a denier not less than 70 percent) in order to continue in the competition. For competitions adjudicated by a panel of more than one adjudicator, all adjudicators on the panel must agree to asking the dancer to wear tights. Effective March 1, 2022.
- Appropriate undergarments covering the midriff must be worn. Undergarments must provide full coverage. Dancers wearing undergarments that do not cover the areas of the body as in the illustrated example will be asked to put on black tights of a denier of not less than 70%. This is monitored by the adjudicator. For competitions adjudicated by a panel of more than one adjudicator all adjudicators on the panel must agree to ask the dancer to put on tights. (Effective March 1, 2022)

The feis will NOT give any refunds for any reason including consequences for violations of these rules.