

Name _____
DOB _____
Why were you referred to this clinic?



Primary Care Physician _____
Referring Physician _____

Medical History (please check all that apply)

- Diabetes Asthma Stroke
- Thyroid disease Arthritis Migraines
- Heart disease Anemia ALS/MS
- COPD Emphysema Seizures
- Depression or Anxiety Irreg heart rhythm
- Cancer: Type _____
- Other _____

Surgical History (please list all surgeries/dates)

- Tonsils/adenoids Sinus/nasal surgery
- Heart surgery/stent placement
- Other _____

Social History

Single Married Widowed Divorced
Current employment _____
Retired? Yes No Stay @ home? Yes No
Shift work: Yes No
CDL: Yes No

Allergies

Medication allergies: _____

cats dogs mold grass dust pollen
other _____

Please list all medications and dosages

(Include supplements and over-the-counter meds)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____

Social Exposures

Did you ever smoke? Yes No
How many packs per day? _____
When did you quit? _____

Do you drink alcohol? Yes No
How many drinks per day? _____
Have you ever been an alcoholic? Yes No

Do you consume caffeine? Yes No
How many ounces per day? _____
coffee pop energy drinks
Do/did you use illicit substances? Yes No
meth pot other _____

Other exposures

- Asbestos Radon Farm dust
- Tuberculosis Second hand smoke

Family History

My mother is alive deceased Age _____
Health problems: _____

My father is alive deceased Age _____
Health problems: _____

Do your children have any health problems?

Any family history of:

- Heart disease Stroke Seizures
- Sleep Apnea Insomnia Asthma
- Emphysema Allergies
- Cancer/Type: _____

Past Sleep Evaluation and Treatment

I have had a previous overnight sleep study
The results of my previous sleep study were:

