

ONE-MINUTE MEMOIR

BY:

INSTRUCTIONS & TIPS

WELCOME! THIS IS YOUR LIFE! TAKE A SEAT. SET THE TIMER. TELL YOUR TRUTH.

Tell the story you don't want to tell.

Not that one.

The real one. The one that makes you blush. Or cringe. Or quake.

Go for the jugular.

Write the moment you f*cked up.

Or the instant your life changed.

And you made a decision you could never take back.

Tell us how you turned it all around, and became You. Today.

Give us your Raw + Real. Your heart. Your blood.

We'll give you your book.

TIPS:

WRITE FIRST PERSON
USE PRESENT TENSE
RE-LIVE AND RE-IMAGINE

QUICK THREE-PART STRUCTURE:

PART ONE – BEFORE (1-2 sentences)

PART TWO - HINGE. YOUR DECISION (1 sentence)

PART THREE – AFTER (1-2 sentences)

[NOTE: You can write more if you want! If you're quick! We're just giving you the bare bones Power-Punch of Your Personal Story]











ABOUT RACHEL

WRITERS ON FIRE is the brainchild of Best-Selling Author and Yale Grad Rachel Resnick. Her mission is to save you from being mind-numbingly, skull-crushingly boring on page and stage. Your stories are the most powerful marketing tool you have. You must entertain, connect and engage to get paid! Her proven techniques. including her 7-Step System to Uncovering Your Money-Making Memoir, have been used by hotshots from Hollywood to Hell Raisers and 10K to TEDx.

To find out more, visit us at www.writersonfire.com



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new cult. Sign me up "