



First Annual Texas Clinical Nurse Specialists Conference

**Transforming the Future:
Improving Care with Expert Knowledge**

April 9 – 10, 2010

Radisson Hotel & Suites Austin
Austin, Texas

Hotel Information

Radisson Hotel & Suites Austin – Town Lake
111 East Cesar Chavez at Congress
Austin, Texas 78701
512.478.9611 or toll free: 1.800.333.3333

Single/Double: \$125
Single/Double Suite: \$155
Triple: \$135
Quad: \$145

Please reference **TXCNS** roomblock
when making your reservations.

Reservations can also be made via the Internet at www.radisson.com/austintx/
using internet promotional code **TXCNS**.

All reservations must be guaranteed to a credit card or a deposit of
one night's room and tax. All cancellations must be received by 6:00 p.m.
on the day of arrival to avoid a charge of one night's room and tax.

Reservation cut-off date is Friday, March 19, 2010 by 12:00 a.m. CST.

For your driving directions door-to-door please refer to www.mapquest.com.

HOTEL PARKING

Covered discounted self parking is available for all hotel overnight guests at \$8.00 per night.
Valet Parking is available for \$22.00 per night for overnight guests.
Daytime parking for meeting attendees is based on availability for \$6.00 per entry.

TRANSPORTATION

Airport Shuttle Service: Airport Super Shuttle is available for \$13.00 each way.
Shuttle service is available 24 hours a day. Guests can pick up the shuttle at the airport
without reservations but guests must have concierge arrange pickup from hotel to the airport.
To make a reservation call 800.258.3826 or visit www.supershuttle.com.

Taxi: Taxi service from the airport to the
Radisson Hotel & Suites Austin - Town Lake is approximately \$25.00.

Overall Agenda

Friday, April 9, 2010

- 11:00 a.m. Registration & Exhibits Open
- 1:00 p.m. **Welcome & General Session**
- 1:15 - 2:15 p.m. **Keynote Speaker**
Evidence-Based Practice:
The Magnificent Journey to
Surprising Destinations
*Linda Harrington, PhD, RN, CNS,
CPHQ, CENP, Baylor Health Care
System*
- 2:15 – 3:15 p.m. **Current Management for Heart
Failure Patients**
*Sonja Brune, MSN, RN, CCRN,
CCNS - Acute/Critical Care Clinical
Nurse Specialist, UTHSCSA UT
Medicine Heart Failure Program*
- 3:15 – 3:45 p.m. Coffee Break & Exhibits
- 3:45 – 4:45 p.m. **Hospital Infections & Sepsis: Are
We Gaining or Losing Ground?**
*Patti G. Grota MS, CNS-M-S, CIC,
Deputy Chief, Infection Prevention
& Control South Texas Veterans
Healthcare System, San Antonio*
- 4:45 – 5:45 p.m. Breakout Sessions:
- A. New Updates in Neuroscience**
*Marylyn Kajs-Wyllie, RN, MSN.,
CCRN, CNRN, Neuroscience
Clinical Nurse Specialist, St. David's
Medical Center, Austin*
- B. The Transformation of CNS
Education: Tx CNS Education
Committee**
- **Guidelines for the Education
of CNSs** – *Kathy Baldwin, PhD,
RN, ACNS, ANP, GNP, Associate
Professor & Director of Graduate
Studies in Nursing Harris College
of Nursing and Health Sciences
Texas Christian University &
Susan Wilkinson, PhD, RN, CNS,
Associate Professor & Department
Chair, Angelo State University*

- **The ANCC Core Exam**
*Nina Villagomez, PhD, RN, CDE,
CS, CCRN, The University of
Texas Health Science Center at
Houston*
- **CNS Competencies & Spheres
of Influence**
*Mary Heye, PhD, RN, ACNS-BC,
The University of Texas Health
Science Center*
- **The APRN Regulatory Model**
*Jan Foster, PhD, APRN-CNS
Adult Health, Associate
Professor, Texas Woman's
University*

5:45 – 6:45 p.m.

Welcome Reception: Visit
Exhibitors & View Posters

(Attendees are on their own for dinner)

Saturday, April 10, 2010

- 7:30 – 8:30 a.m. Continental Breakfast &
Poster Viewing
- 8:30 – 9:30 a.m. First General Session
**Pharmacotherapeutics - New
Medications for Your Practice**
*Jim Karboski, PharmD, Clinical
Associate Professor, University of
Texas at Austin, School of
Pharmacy*
- 9:30 – 10:15 a.m. Breakout Sessions:
- A. A Critical Look at The
Metabolic Syndrome**
*Lisa Strickland, MD, Senior Fellow
Endocrinology & Metabolism,
Wilford Hall Medical Center.*
- B. Trauma Radiology: Pearls &
Pitfalls of the Initial Work-up**
*Shannon Billingsley, MSN, RN,
CCNS, ACNP-BC, CCRN, University
Medical Center at Brackenridge,
Dept. of Surgery Education/Trauma
Services, University of Texas Health
Science Center at San Antonio*
- 10:15 – 10:30 a.m. **Break** (Network, Poster Viewing, &
Exhibits Open)

10:30 – 11:15 a.m.	<p>Second General Session Glycemic Management in Hospitals-Current Evidence & Strategies - <i>Stacey Ward, MSN, RN, CNS-BC, BC-ADM, CCRN</i>, Wilford Hall Medical Center Adult Inpatient Insulin Protocol CNS, Clinical Instructor UTHSCSA School of Nursing</p>
11:15 a.m. – Noon	<p>Polytrauma: Research, Treatment & Challenges <i>Cheryl A. Lehman PhD RN-BC CRRN CNS</i>, Associate Professor, Clinical School of Nursing, University of Texas Health Science Center, San Antonio</p>
Noon – 12:45 p.m.	Boxed Lunch (Attendees take time to network & visit with exhibitors)
Adjourn	Turn in Evaluations, Dismantle Exhibits & Poster Presentations

Program Description:

This program will provide current updates for Clinical Nurse Specialists and other Advanced Practice Nurses in the care and management of patients with several common health conditions. The emphasis will be on new ideas to apply to evidence-based care with a goal of improving patient outcomes. The valuable role of Clinical Nurse Specialists in providing expert care will be highlighted.

Objectives:

Upon conference completion, participants should be able to:

- Discuss opportunities and controversies surrounding the future of APRN education.
- Examine the pharmacotherapeutics of new drugs on the market and implications for the APN.
- Discuss the merits of using an evidence-based process for APN practice.
- Describe application of new evidence and current strategies for glycemic management in acute care settings.
- Delineate current guidelines and management strategies for patients with various stages of heart failure.
- Describe new updates in the neuroscience field for patients in acute care settings.
- Describe current issues related to hospital-acquired infections (or healthcare associated infections) and sepsis.
- Identify abnormal and normal findings on x-rays and CT scans in the context of emergency and trauma cases using a stepwise process.
- Examines recent research and treatment of the poly-trauma population to address unique challenges for rehabilitation.
- Describe new findings for care of patients with metabolic syndrome.

Nursing contact hours have been applied for through the Texas Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity will provide up to 7.1 contact hours, through Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Special Thanks to the Planning Committee

Conference Chair:

Angela P. Clark, PhD, RN, CNS, FAAN, FAHA
Associate Professor of Nursing
The University of Texas at Austin School of Nursing

Conference Co-Chair:

Kathleen M. Baldwin, PhD, RN, ACNS, ANP, GNP
Associate Professor & Director of
Graduate Studies in Nursing
Harris College of Nursing and Health Sciences
Texas Christian University

Committee Members:

Alyce Ashcraft, PhD, RN, CNS, CNE, CCRN
Associate Professor
Roberts Endowed Practicship in Nursing
Anita Thigpen Perry School of Nursing
Texas Tech University Health Sciences Center

Jan Foster, PhD, APRN, CNS
Associate Professor
Texas Woman's University-Houston

Linda Harrington, PhD, RN, CNS, CPHQ, CENP
Vice President for Advancing Nursing Practice
Baylor Health Care System

Mary L. Heye, PhD, RN, ACNS-BC
Associate Professor
The University of Texas Health Science Center
San Antonio School of Nursing

Sheri Innerarity, PhD, RN, FNP, ACNS
Associate Professor of Clinical Nursing
The University of Texas at Austin

Stacey Ward, MSN, CNS-BC, BC-ADM
Clinical Instructor
The University of Texas Health Science Center
San Antonio School of Nursing

Susan Wilkinson, PhD, RN, CNS
Associate Professor and Department Chair
Angelo State University

Special Thanks to the Education Committee

Kathy Baldwin, PhD, RN, ACNS, ANP, GNP
Texas Christian University

Susan Wilkinson, PhD, RN, CNS
Angelo State University

Nina Villagomez, PhD, RN, CDE, CS, CCRN
The University of Texas
Health Science Center at Houston

Mary L. Heye, PhD, RN, ACNS-BC
The University of Texas Health Science Center

Jan Foster, PhD, APRN, CNS
Texas Woman's University-Houston

CALL FOR POSTER ABSTRACTS

Poster abstracts may be
submitted in the following areas:

- Clinical and/or Evidenced-Based
Practice projects
 - CNS Student Projects
 - CNS Education Projects

The Abstract submission form
can be downloaded from the
TxCNS.org website.

DUE DATE:
February 22, 2010 by 5 pm.



REGISTRATION FORM

April 9-10, 2010 | Radisson Hotel & Suites Austin | Austin, Texas

Full Name (Name as you would like it to appear on your name badge.)

Email

Title/Credentials

Preferred Address

Employing Agency

City

State

Zip

Employing Agency City, State

Home Phone

Work Phone

Special Needs (dietary or physical that require special accommodations)

Fax

Cell

Early Bird Registration Fees: Before March 15th

Registration Fees: After March 15th

Student

\$65

\$90

Member

\$125

\$150

Non-Member

\$165

\$190

CANCELLATION & REFUND POLICY:

Cancellations must be made in writing and postmarked no later than **April 1, 2010**. Send requests to Jan Allen at jae4@prodigy.net or via mail at P.O. Box 150218, Austin, Texas 78715-0218. Cancellations can also be faxed to 512.312.2134. All cancellations are subject to a \$25 processing fee. NO CANCELLATIONS will be accepted after **April 1, 2010**. Cancellation refunds will be issued within 4-6 weeks after the conference.

PAYMENT METHOD:

Enclosed is my check payable to:
Texas Clinical Nurse Specialists

**Register online at TXCNS.org
to pay by credit card or PayPal.**

Please mail this form with payment to:

Texas CNS Conference
P.O. Box 150218
Austin, Texas 78715-0218

Questions? Call 512.312.2134 or jae4@prodigy.net