American College of Nurse Practitioners

2009 National Clinical Conference

October 7-11, 2009 • Albuquerque, NM • Albuquerque Convention Center

Take Advantage of:

- Dynamic keynotes
- More than 120 CE sessions in a variety of subject areas
- Over 100 exhibitors
- Hands on educational and clinical workshops
- And more!

Preliminary Program

Nurse Practitioners: Shaping Policy, Improving Practice
The true Southwest awaits you in Albuquerque, New Mexico. Come immerse yourself in our rich culture and heritage, rooted in centuries of history. Soak in our blue skies and sun that shines 310 days a year—perfect for outdoor activities. Breathe in the high desert air scented with sage and piñon, and you’ll understand why Albuquerque, NM is a destination like no other.

Whether you want to shop for authentic Native American jewelry, try hot air ballooning, explore living history museums, enjoy Albuquerque events and festivals, sample local cuisines or hit the golf courses and spas, Albuquerque has you covered.

For business or pleasure, Albuquerque is a must-see destination in the American Southwest. Albuquerque—It’s a Trip*—you’ll never forget.

Don’t miss the opportunity to explore the city while attending this dynamic educational conference.

Top 5 Reasons to Attend the ACNP 2009 National Clinical Conference:

• Discover the latest in clinical practice and find solutions to improve patient care.
• Earn over 30 CE credits attending outstanding educational sessions.
• Explore opportunities for professional and patient advocacy.
• Network with nurse practitioners from around the country with similar interests.
• Enjoy the sights and sounds of Albuquerque!

About ACNP

The American College of Nurse Practitioners (ACNP), located in Washington, DC, is a national, non-profit membership organization whose mission is to ensure a solid policy and regulatory foundation that enables Nurse Practitioners to continue providing accessible, high quality healthcare to the nation. ACNP’s unique membership structure consisting of both individual nurse practitioners as well as national and state NP organizations unites the diverse practice specialties of NPs.

ACNP’s Core Values

• Nurse practitioners have the ability and responsibility to positively influence health policy.
• The care of individuals, families, and communities is the foundation of our nursing profession.
• Nurse practitioners provide high quality, cost-effective care.
• Interdisciplinary non-hierarchical team care is the highest quality of care.
• Organizational collaboration and inclusiveness is essential.
1st Annual ACNP-PAC Fun Run/Walk

Friday, October 9, 6:00 am – 7:00 am • Downtown Albuquerque

Started in 2002, the ACNP Political Action Committee (ACNP-PAC) helps ensure that members’ interests are being effectively addressed at the federal level. Financial support from ACNP members DOES make a difference and ACNP members have made generous donations in the past at events such as the National Clinical Conference.

With low humidity, blue skies, and over 300 days of sunshine a year, Albuquerque is the perfect location to kick-off the 1st Annual ACNP-PAC Fun Run/Walk. Join us Friday morning for a two-mile fun run/walk around downtown Albuquerque. Half of the fun run/walk will be along historic Route 6! The entry fee is $25 per person and all funds will go to support the efforts of the ACNP-PAC. Register early for a chance to receive a free t-shirt!

Separate registration is required for the 1st Annual ACNP-PAC Fun Run/Walk. After you complete your conference registration online, a link will direct you to the ACNP-PAC Fun Run/Walk registration form. Any questions about the Fun Run/Walk should be directed to acnpconference@jspargo.com or (703) 679-3996.

2009 Albuquerque International Hot Air Balloon Fiesta

Saturday, October 10 • 5:30 am – 8:30 am Balloon Fiesta Park

For nine days in October, the New Mexico skies are painted as hundreds of balloons lift off from Albuquerque’s Balloon Fiesta Park. For ballooning fans worldwide, the Albuquerque International Balloon Fiesta is a pilgrimage. For people new to ballooning, the Balloon Fiesta is an once-in-a-lifetime experience.

With 600 balloons, Balloon Fiesta is the largest ballooning event on earth, the most photographed event on earth, and the largest annual international event held in the United States. Imagine 54 football fields, all put together. That’s the size of Balloon Fiesta Park’s 78-acre launch field! And on this field, there are no viewing stands; guests walk the field and are a part of the action.

Join us for the Saturday morning Mass Ascension when all 600 balloons will launch. Motor coaches will transport you between the Hyatt Regency Albuquerque and the Balloon Fiesta Park where you’ll be free to walk among the balloons and talk to the pilots.

While on the grounds, you can also visit the Balloon Discovery Center to learn about the sport of ballooning, check out the entertainment on the Main Street Stage, or pick up a gift at the official Balloon Fiesta Souvenir Tents. Don’t forget to bring your camera!

For more information on the Hot Air Balloon Fiesta, please visit http://www.balloonfiesta.com.

Separate registration required. $28 per person, includes transportation, admittance to the Balloon Fiesta Park, and complimentary refreshments. Space is limited so register early!

Did You Know That…?

The Sandia Mountains at the eastern edge of Albuquerque are the first to be encountered west of the Mississippi River. “Sandia” is Spanish for “watermelon.”

The Sandia Tramway at 2.7 miles is the longest in North America. The tram whisks visitors from the base of 6,600 feet to the top of 10,378 foot Sandia Peak in about twenty minutes.

Albuquerque is the nuclear capital of the United States. Much of the nation’s nuclear research program is conducted or supervised here.

Albuquerque enjoys blue skies and sunshine 310 days out of the year.

Historic Route 66 was first commissioned in 1926 with a giant S-curve connecting various cities in New Mexico with mostly unpaved road. Today, I-40 runs along much of the original roadbed with many of the original neon signs still dotting the path.

The New Mexico state question is “Red or Green?” This refers to red or green chile when ordering Mexican food. Chile is featured in every meal from breakfast through dinner in New Mexico and it is the number one cash crop in the state.

New Mexico grows more chiles than any other state, with more than 120,000 tons of chile being produced annually.

Feature films and television show productions are on the rise in the Albuquerque area and throughout New Mexico. Current TV shows and recent movies shot on location include USA’s “In Plain Sight”, “Termination Salvation: The Future Begins”, “No Country for Old Men” and “Transformers.”
Official Conference Schedule

Continuing Education (CE) Credit

Manage your CE credit at your convenience! This year, the CE Website will open the first day of the conference and remain open after the conference ends. Input the sessions you attended daily from the comfort of your hotel room or at home after the conference ends. No self-serve CE kiosks will be available in the Registration area of the Exhibit Hall.

Once the conference opens, you will be able to go online to https://reg.jspargo.com/acnp09/ce/default.asp to input your information and print your CE certificate. You will need your registration confirmation number (last six digits on your badge) to log-in to the website.

Wednesday, October 7
8:00 am – 7:00 pm  Registration
9:00 am – 12:00 pm  Pre-Conference Skills Workshops
1:00 pm – 4:00 pm  Pre-Conference Skills Workshops
6:30 pm – 8:00 pm  Welcome Reception

Thursday, October 8
6:30 am – 4:00 pm  Registration
7:00 am – 8:45 am  Industry Sponsored Product Theater
9:00 am – 10:30 am  Opening Session
10:45 am – 11:45 am  Concurrent educational sessions
2:00 pm – 3:00 pm  Concurrent educational sessions
3:00 pm – 3:15 pm  BREAK
3:15 pm – 4:15 pm  Concurrent educational sessions
4:30 pm – 5:30 pm  Concurrent educational sessions

Friday, October 9
6:00 am – 7:00 am  1st Annual ACNP PAC Fun Run/Walk
6:30 am – 4:00 pm  Registration
7:00 am – 8:45 am  Industry Sponsored Product Theater
9:00 am – 10:30 am  Plenary Session - NSO
10:30 am  Official Exhibit Hall Opening/Ribbon Cutting
10:30 am – 2:00 pm  Exhibits/Poster Session Open
12:00 pm – 1:00 pm  Lunch in Exhibit Hall
1:30 pm – 2:30 pm  Concurrent educational sessions
2:45 pm – 3:45 pm  Concurrent educational sessions
3:45 pm – 4:00 pm  BREAK
4:00 pm – 5:00 pm  Concurrent educational sessions
5:15 pm – 6:45 pm  Industry Sponsored Product Theater

Saturday, October 10
5:30 am – 8:30 am  Hot Air Balloon Ascension
6:30 am – 4:00 pm  Registration
8:00 am - 9:30 am  Plenary Session
9:30 am – 10:30 am  Concurrent educational sessions
10:30 am – 1:30 pm  Exhibits/Poster Session Open
10:45 am – 11:45 am  Concurrent educational sessions
12:00 pm – 1:00 pm  Lunch in Exhibit Hall
1:30 pm – 2:30 pm  Concurrent educational sessions
2:30 pm – 2:45 pm  Concurrent educational sessions
2:45 pm – 3:45 pm  Concurrent educational sessions
4:00 pm – 5:00 pm  Concurrent educational sessions

Sunday, October 11
9:00 am – 10:00 am  Concurrent educational sessions
10:15 am – 11:15 am  Concurrent educational sessions
11:30 am – 12:30 pm  Concurrent educational sessions

* Attendance is limited, so register early. All workshops take place on Wednesday, October 7, 2009.
Amid growing expectation that health care providers demonstrate quality and safety in clinical practice, in 2005 the Nurses Service Organization (NSO) with support of CNA, embarked on the first ever ten year (1994 – 2004) analysis of malpractice actions involving nurse practitioners. This study evaluated claims in a number of critical areas; clinical specialty; claims by state and financial analysis. Data on key such as scope of practice, prescribing authority, diagnosis, and collaboration were of particular interest.

In an exciting move, NSO has announced a 2009 update of this study with design modifications based on significant input from NPs. ACNP is delighted that NSO has agreed to release the findings from this update for attendees the Clinical Conference.

Strategic focus on critical policy issues facing NPs truly exemplifies policy in action.

The conference poster session will be located in the exhibit hall and will provide another venue for presenters to share research, practice, and personal experiences with colleagues. ACNP welcomes posters from NPs, NP students, and industry.

One award will be given for the best poster submitted by the NPs and NP students. The criteria for the award will be based upon innovation, significance to NP practice, organization, and demonstration of evidence-based practice.

Conference attendees will be awarded one (1) CE credit for review of the conference posters. Posters will be located in the Exhibit Hall during exhibit hours.

Friday, October 9
10:30 am – 2:00 pm
Saturday, October 10
10:30 am – 1:30 pm

Poster presenters will be available for discussion at their poster during exhibit hall luncheon hours.

To submit a poster for presentation, please visit http://wams.jspargo.com/acnp09/abstract/. The deadline for poster submissions is Monday, August 3, 2009.
W01  Suturing Workshop: The Basics
Lorraine Bock, MSN, CRNP
This workshop is designed to enable the APN to learn basic practical suturing skills inherent in the general practice environment. This workshop will review anesthetic principles, wound preparation, and suture selection. Local anesthesia and digital blocks will be discussed. Suturing techniques will be demonstrated with hands-on experience for the participant. Wound closure with adhesive and percutaneous staples will also be reviewed. Participants who register for this workshop should not register for Advanced Suturing Techniques.

W02  Maximize your E&M: Improve Your Bottom Line
Lynn Rapsilber, APRN-BC
Coding and reimbursement knowledge is critical for fiscal responsibility. Knowing the tools for reimbursement and how to document appropriately can enhance your bottom line and equate into more dollars in your pocket. The coding and billing process for outpatient and office-based practice will be discussed including information about CPT, ICD-10, and HCPCS. A lecture overview of E&M will be followed by hands-on auditing of notes to explain E&M coding.

W03  Thoracic Radiology - From CXR to Chest CT
Susan Collazo, MSN, ACNP
Thoracic Radiology becomes an integral part of a NP’s practice - from acute care to internal medicine. This session will review the basics of thoracic radiology and expand the nurse’s knowledge of thoracic radiology and abnormal radiographic findings utilizing actual case studies. This 3-hour workshop will cover basic anatomy on a CXR and CT Chest and expand into pathophysiologic abnormalities such as atelectasis vs consolidation.

W04  12 Lead ECG Interpretation: Signs of Distress
Kathy Noyes, MSN, CS, FNP, ACNP
Interpretation of 12-Lead ECGs is an advanced skill essential for primary care and specialty practices to identify patients with cardiovascular risks and/or events. This skill is also necessary for some patients requiring pre-op clearance. This workshop will review the advanced skills of 12 lead interpretation including characteristics of hypertrophy, ischemia, injury, infarction, drug/electrolyte abnormalities and conduction defects. Basic rhythm interpretation is a minimum prerequisite for this workshop.

W05  Minor Procedures
Elizabeth Blunt, PhD, CRNP
Colleen Stellabott, MSN, CRNP
A repertoire of minor procedure skills are in increasing demand for NPs working in emergency departments (EDs), urgent care clinics, specialty practice groups, and high-volume primary care practices. This hands-on presentation will cover ingrown toenail management, nail removal, digital block, subungual hematoma release and paronychia management. Participants will have an opportunity to practice the skills presented under faculty supervision.

W06  Suturing Workshop: Beyond the Basics
Lorraine Bock, MSN, CRNP
This skill workshop is designed to provide advanced suturing skills such as management of nonlinear lacerations, stellate lacerations and deep lacerations. Advanced anesthetic methods such as transthecal digital blocks, ear blocks, and facial anesthesia techniques will be demonstrated. Advanced suturing techniques including horizontal & vertical mattress, running sutures, corner stitch, subcuticular stitch, and management of dog ears will be demonstrated and practiced. Participants who select this workshop should not select the basic suturing workshop.

W07  Reimbursement for NPs in Acute Care Settings
Kathy Magdic, MSN, ACNP-BC
George Sample, MD, FCCP
Reimbursement of health care providers by third-party payers is a complex issue. While NPs working in acute care and emergency departments face some of the same challenges as their primary care counterparts, they are also faced with some unique challenges.
The purpose of this workshop is to provide NPs working in acute care with resources and information to aid them in navigating the complexities of billing and coding. Topics that will be covered include coding for evaluation and management services related to incident to, shared visits, consults & referrals, critical care time, and prolonged services. Other topics will include the use of modifiers, how to bill ICU procedures and how to avoid fraud. Case studies will be incorporated to illustrate the various issues. Particular emphasis will be placed on Medicare rules.

**W8  Coding: From A - Z**
*Jan DiSantostefano, NP, MS*

If you are just getting into coding, you may wonder what elements make up a visit. What is the difference between the Evaluation & Management codes of an office visit? What are the bulleted items for a physical exam? How do you determine the complexity of medical decision making? Coding is ever changing, and you must keep up with the annual changes in order to maximize charges. This workshop will teach modifiers and their use, what elements are required to document office evaluation and management codes, office emergency care, and the elements of a Welcome to Medicare Exam, as well as other helpful tips for coding.

**W9  12 Lead ECG Interpretation: Signs of Distress**
*Kathy Noyes, MSN, CS, FNP, ACNP*

Interpretation of 12-Lead ECGs is an advanced skill essential for primary care and specialty practices to identify patients with cardiovascular risks and/or events. This skill is also necessary for some patients requiring pre-op clearance. This workshop will review the advanced skills of 12 lead interpretation including characteristics of hypertrophy, ischemia, injury, infarction, drug/electrolyte abnormalities and conduction defects. Basic rhythm interpretation is a minimum prerequisite for this workshop.

**W10  Intra-Joint Steroid Injections**
*Chester Rall, APN, FNP*

In a Family Practice setting, many orthopedic problems have to be referred to specialists for a variety of conditions. However, intra-joint injections should not be among them. Using appropriate aseptic technique, intra-joint injections can be safely and effectively performed in a primary care setting. This workshop presentation will teach the attendees indications for an intra-joint injection, where to give the injection, proper injection technique, and appropriate post-procedure care instructions including the prescribing of prophylactic antibiotic and analgesic medications.

**W11  Neuro Exams Made Simple**
*Deborah Downey, MN, CNRN, NP  
Ruth Brobst, MSN, CRNP*

The neurological exam includes testing and examination techniques for localization of neurological disorders. This workshop will cover the basic neurological exam from cranial nerve testing, motor, sensory and reflexes through both demonstration and supervised participant practice. This workshop will present an organized approach for neurological screening and evaluation based on disorders commonly seen in primary care. It will also discuss and present special examination techniques appropriate for specific neurological disorders and patient populations including Parkinson’s Disease, dementias, radiculopathies, myelopathies, stroke and headache.

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**Industry Sponsored Symposia**

These symposia are educational opportunities for in-depth exploration of important clinical topics. Symposia are longer than most other sessions and carry continuing education credit. Check the ACNP Conference website (www.acnpconference.com) for a list of the most current symposia as they are added to the Conference schedule.

**Industry Sponsored Product Theaters**

These product theaters are educational opportunities for in-depth exploration of important clinical topics. Product theaters are longer than most other sessions but do not carry continuing education credit. Check the ACNP Conference website (www.acnpconference.com) for a list of the most current product theaters as they are added to the Conference schedule.

**Pharmacology & CE Credits**

ACNP is approved as a provider of CE in nursing by the Virginia Nurses Association, which is accredited as an approver of CE in nursing by the American Nurses Credentialing Center’s Commission on Accreditation. Attendees may earn over 30 credits.
Exhibitors from a wide range of healthcare-related industries will be present at this year’s National Clinical Conference. Attendees are encouraged to visit the exhibits and view the latest developments and products in pharmaceutical equipment, supplies, patient information and services to support your practice.

Exhibitors as of 5/14/2009:
- Advance Magazines
- American College of Nurse Practitioners
- American Nurses Credentialing Center (ANCC)
- Boehringer Ingelheim
- Calmoseptine, Inc.
- Case Western University-School of Nursing Clinical Advisor
- Department of Veterans Affairs
- Dermalogix Partners Inc.
- Duke University School of Nursing
- Duramed Pharmaceuticals
- Eagle Hospital Physicians
- Electromed, Inc.
- Elsevier/W.B. Saunders/Mosby
- FDA Center for Drug Evaluation & Research
- Frontier School Midwifery & Family Nursing
- Geisinger Health Systems
- Gerontological Advanced Practice Nurses Association (GAPNA)
- Gideons International, The
- Hospital Corporation of America
- King Pharmaceuticals
- Lippincott Williams & Wilkins
- Logistics Health
- MAYO Clinic
- Merck/ Schering-Plough
- Mission Pharmacal Co
- Morgan Pediatric Center
- National Association of Pediatric Nurse Practitioners
- National Disaster Medical System
- NeilMed Pharmaceuticals
- Nurses Service Organization
- Ortho Women’s Health & Urology
- Purdue Pharma L.P.
- Sanofi Pasteur Inc.
- SCIOS Inc.
- SDI
- Stanford Medical Center
- Take Care Health Systems
- Taro Pharmaceuticals
- The Little Clinic
- University of Pennsylvania Health System
- Vidacare Corporation
- Warner Chilcott
- Women’s International Pharmacy

The 2009 ACNP National Clinical Conference is THE event for leading nurse practitioners. Learn more about corporate opportunities for marketing, sponsorship and exhibiting by contacting:

J. Spargo & Associates, Inc.
800-564-4220 or 703-631-6200 or acnpexhibits@jspargo.com.
All sessions are one hour. The level of the session’s content is indicated after the description (Beginner, Intermediate or Advanced) as rated by the session’s speaker. Sessions containing pharmacology are indicated with an 🚫.

**Educational Sessions**

**THURSDAY, OCTOBER 8, 2009**

**10:45 AM – 11:45 AM**

**Identifying and Treating ADHD in a Primary Care Setting 🚫**

George Wootton, MS, APRN-BC, FNP

In this session, issues of ADHD in primary care across the lifespan will be discussed including presentation, screening, diagnosis, treatment, and pharmacological management. Attendees are encouraged to discuss cases and bring questions. (Intermediate)

**Session:** 247

**COPD: What’s New in 2009 🚫**

Nanette Alexander, MSN, APRN-BC

COPD continues to be a significant burden to our healthcare system. This session will discuss pharmacological and non-pharmacological treatments options available to manage this chronic disease. (Intermediate)

**Session:** 192

**Hepatitis C: Where Do I Start? 🚫**

Lynn Rapsilber, APRN-BC

Is your patient’s hepatitis antibody test positive? Now what should you do? This session will give a synopsis of Hepatitis C and discuss what can be done to decrease fears and help guide your patient to appropriate treatment. (Beginner)

**Session:** 24

**Sports and Overuse Injuries**

Kathy Abel, MSN, CRNP

This fast-paced informative session will include assessment and management of a variety of sports injuries. Emphasis will be on strategies and techniques appropriate for primary care setting. (Beginner)

**Session:** 90

**NP Practice Patterns with Overweight and Obese Patients 🚫**

Maureen R. Courtney, APRN, FNP-BC, PhD

This session will present study findings and inform the profession of NP practice patterns in the care of overweight and obese patients. Attend to receive an electronic listing of weight loss protocols, CME and web education links, and additional resources to aid in the care of this patient population. (Advanced)

**Session:** 149

**DKA and HHS: From Outpatient Problem to Life-Threatening Event 🚫**

Melanie E. Mabrey, MSN, APRN, BC-ADM

Attend this presentation for a discussion of the causes of hyperglycemic crisis, various means of prevention, and treatment options in the home, office setting, ED, ICU or intermediate care unit. (Intermediate)

**Session:** 122

**Exert Your Independence: Starting Your Own Private Practice**

Elaine R. Henson, MSN, ANP-BC

Independent practice is often viewed as only for a select few. However, in this ever-changing healthcare climate, nurse practitioners need to exert their independence and start their own practice. At the completion of this presentation, you will leave with the tools necessary to succeed. (Intermediate)

**Session:** 138

**New Thinking in the Management of Menopause 🚫**

Barbara A. Dehn, MS, NP

Since the WHI, many providers are rethinking hormone treatments. This presentation will give a review of current literature and guidelines as well as discuss the new therapies emerging on the horizon. (Intermediate)

**Session:** 254

**2:00 PM – 3:00 PM**

**Playground Injuries and Emergency First Aid in Children**

Kathy Abel, MSN, CRNP

Playground and trampoline injuries continue to rise on a yearly basis, impacting child safety and healthcare costs. Attend this session to learn how to educate patients and their families on how to prevent many of these injuries from occurring or treat them more expeditiously. (Beginner)

**Session:** 93

**Wound Care in the Older Adult**

Jacquelyn M. Sullivan, MSN, GNP, ACNP

This presentation will review normal age changes in the skin and wound-healing principles to promote optimal wound care in the older adult. (Intermediate)

**Session:** 12
Educational Sessions

Thursday, October 8, cont’d.

IBS: Real Treatment Options
Lynn Rapsilber, APRN-BC
IBS is a common health condition that interferes in the life of those afflicted by it. By attending this session, you will receive the current thinking on the pathology of this condition and treatment options for your patients. (Intermediate)

Session: 25

Pharmaceutical Marketing and Your Practice
Donald Gardenier, MS, MPA, ARPN
Susan Rawlins, MS, RNC, WHNP
This session will explore the evidence on how prescribers’ decisions are affected by pharmaceutical marketing. The session will employ an interactive approach to encourage participants to examine their prescribing practices. (Intermediate)

Session: 6

From Tubes to Drains in Thoracic Surgery
Susan Collazo, MSN, ARNP-BC
Nurse Practitioners (NPs) are ideal resources in health care. This session will provide a review of the various tubes placed in the pleural space to keep the NP up-to-date on the present management of diseases of the pleural space. (Beginner)

Session: 275

So Your Patient Is HIV+: Understanding the Basics of Primary Care and the HIV+ Patient
Julie Stewart, DNP, FNP-BC, NP
With over one million individuals living with HIV in the United States, nurse practitioners need to be aware of what to do when an HIV test comes back positive, as well as HIV primary care guidelines. (Beginner)

Session: 23

Aesthetic Medicine for NPs: Is It A Risk Worth Taking?
Melanie Balestra, MN, NP, JD
This session will provide the participant with knowledge of the different types of aesthetic procedures available and the risks involved. A discussion of aesthetics as an add-on to primary care or a separate practice will also be presented. (Intermediate)

Session: 63

Blow to the Belly: Evaluation and Management of Blunt Abdominal Trauma in Children
Becky Cook, MSN, NP
Abdominal trauma can be associated with significant morbidity and mortality. This presentation will discuss the emergency department evaluation and management of children with blunt abdominal trauma. (Intermediate)

Session: 112

3:15 PM – 4:15 PM

Children and Injuries: Accident or Abuse?
Becky Cook, MSN, NP
Although frequently misdiagnosed, early identification of inflicted child injury is crucial. This presentation will review risk factors, patterns of injury, and key aspects of the evaluation to aid in diagnosis of child abuse. (Intermediate)

Session: 99

Assessment Tools to Evaluate Cognitive and Functional Impairment
Siobhan Sundel, MSN, APRN, BC
Early detection of progressive cognitive impairment and functional decline in the elderly is critical to timely intervention and treatment. Attend this presentation to learn about several quick and effective assessment tools that can provide an early detection of growing problems. (Beginner)

Session: 19

Pleural Effusions: A Review of Simple to Complex Using Case Studies
Susan Collazo, MSN, ARNP-BC
Pleural effusions can be caused by a wide variety of intrathoracic and systemic diseases. A knowledgeable nurse practitioner can systematically investigate for an etiology and provide effective treatment of the pleural effusion in an efficient manner. (Intermediate)

Session: 273

The Critically-Ill Bariatric Patient
Jacquelyn M. Sullivan, MSN, GNP, ACNP
Many obese people delay treatment and present to the provider or hospital sick enough to warrant a critical care admission. This presentation will review the physiological body system changes that result from obesity and identify the impact to the critically-ill obese patient. (Intermediate)

Session: 42

Insomnia: Symptom or Diagnosis?
Nanette Alexander, MSN, APRN-BC
Insomnia is a frequent complaint in a primary care practice. This session will allow the primary care provider to identify causes of insomnia, prescribe pharmacological and non-pharmacological treatment plans for insomnia, and give guidelines of when to refer to a sleep specialist. (Intermediate)

Session: 193

The NP and CHE Collaborative Intervention for CVD Risk Reduction
Mary Donnelly-Strozzo, MS, MPH, ACNP-BC, ANP-BC
Amy Barlow, ANP-BC
A nurse practitioner/community health educator model will be presented which will add to the existing evidence that nurse-directed collaborative models are effective and improve positive outcomes in patients with CVD risk factors. (Intermediate)

Session: 214

Educational Sessions
Differential Diagnosis of Low Back Pain
Robbie Lowery, MSN, FNP
The goal of this discussion is to assist the provider in arriving at the correct diagnosis in the patient presenting with complaints of lower back pain. (Beginner)
Session: 231

Thyroid Disease: A Hidden Epidemic
Debra Muth, RNC, NP, ND
This lecture will provide a holistic treatment plan which includes safe and effective methods to achieve optimal thyroid function. A review of current clinical research will support treatment of clinical hypothyroidism. (Intermediate)
Session: 21

Thyroid Disorders: It’s Much More Than TSH
Melanie E. Mabrey, MSN, APRN, BC-ADM
Thyroid function is dependent upon so much more than thyroid-stimulating hormone. Learn more about the diagnosis and management of thyroid disorders in this informative session. (Intermediate)
Session: 124

ESBLs: What You Need to Know
Nancy Munro, MN, CCRN, ACNP
This session will discuss the mechanism for the development of extended spectrum beta lactamas, how to recognize them, and how to treat them correctly. (Intermediate)
Session: 134

A Horse of a Different Color: Other Types of Diabetes
Louise Laskaratos, FNP-C, CDE, BC-ADM
This discussion will examine recent research and case studies on less common types of diabetes including Cystic Fibrosis-Related Diabetes, diabetes caused by other illnesses, medication-induced diabetes, and trauma-induced diabetes. (Intermediate)
Session: 156

Treating Tobacco Dependence: Nurse Practitioners Can Save Lives
Diane Bartscherer, MS, DNP (c), ANP-BC
Daniel Jacobsen, FNP-S
Treating tobacco dependence is the single most important intervention NPs can accomplish to prevent the morbidity and mortality associated with tobacco use. This presentation will provide nurse practitioners with the information and skills necessary to effectively treat patients who use tobacco. (Intermediate)
Session: 180

Yes We Can: Using Motivational Interviewing With Overweight Children and Their Families
Carolyn Montoya, MSN, CPNP
This session will review the current definitions of pediatric obese and overweight children, discuss the prevalence of the problem, and focus on the use of motivational interviewing as a tool for successful management of obesity in children. (Intermediate)
Session: 188

FRIDAY, OCTOBER 9, 2009
1:30 PM – 2:30 PM

It’s a Super Bug: C Difficile, a Super Killer
Janice DelGiorno, MSN, ACNP-BC
Patients on antibiotics are at risk of becoming infected with Clostridium difficile (C difficile). The chief cause of nosocomial diarrhea in the US and Europe, C difficile, is now endemic in nursing homes and other facilities for long-term care. This presentation will discuss the epidemiology, diagnosis, and available treatment which include passive immunotherapy using pooled normal human immune globulin. (Beginner)
Session: 15

Deal or No Deal: Negotiating and Creating Employment Agreements
Melissa Roberts, RN-BC, MSN, JD
As professionals, nurse practitioners need to develop their negotiating skills and contract knowledge in order to position themselves in today’s job market. This presentation will discuss the necessary points in employment contract development as well as the finer points of negotiation. (Intermediate)
Session: 31

Primary Care Management of the Long-Term Cancer Survivor
Jane T. Williams, MSN, FNP, BC
Improvements in cancer screening and treatment mean patients are surviving longer. Many cancer patients will be followed by primary care practitioners. This presentation will offer guidelines on screening for recurrences and managing long-term consequences of cancer treatment. (Intermediate)
Session: 32

HIT Happens: Heparin-Induced Thrombocytopenia
Caroline F. Graham, MSN, CRNP
This session will explore important issues in the diagnosis and management of patients with Heparin-Induced Thrombocytopenia and understanding the clinical problems they pose. (Intermediate)
Session: 34
Educational Sessions

Friday, October 9, cont’d.

Chronic Disease Management in the Elderly
Nanette Lavvie-Vaughan, MSN, APN
This program will utilize case studies as a springboard for discussion of common geriatric conditions, assessment of complications, and management across diverse practice settings. Pearls for practice will be provided to assist the nurse functioning in a case management role. (Intermediate)
Session: 56

Crash Course in 12 Lead EKG Interpretation
Rosemary Hohenleitner Miller, MSN, CRNP
This presentation will discuss how to determine when a 12 lead EKG is uninterpretable and how to identify conditions including left and right bundle branch blocks, left and right ventricular hypertrophy, and axis deviation. (Intermediate)
Session: 72

High-Five: Pre-Participation Sports Physical with Confidence
Colleen Andreoni, ANP-BC
The pre-participation sports physical really can be comprehensive and time efficient. Attend this presentation to come away with a greater self-assurance of your decision to restrict, exclude, or allow participation without restriction for young athletes. (Intermediate)
Session: 94

Pediatric Psychopharmacology
Sonya M. Montgomery, MSN, FNP-BC, PMHCS-BC
This session will focus on safe and effective prescribing practices for children and teens who present with behavioral and emotional disturbances in the primary care setting. Participants are encouraged to share their most challenging clinical cases for group learning. (Intermediate)
Session: 110

2:45 PM – 3:45 PM

Arthrocentesis and Joint Injection
Elizabeth Blunt, PhD, APRN-BC
Colleen Stellabotte, MSN, APRN-BC
Arthrocentesis and joint injection are commonly-performed primary care procedures. This presentation will focus on the knee including identification of landmarks, equipment, aspiration procedure and indications, and contraindications for performing both arthrocentesis and joint injection. (Intermediate)
Session: 105

Degenerative Cervical Spine Disorders: Is it Radiculopathy or Myelopathy? You Make the Diagnosis!
Robert Salsameda, MSN, NP-C
Localized neck and distant pain—secondary to cervical disk herniation and degenerative processes leading to extremity weakness—is a common clinical problem. This presentation will demonstrate how proper patient management requires the accurate correlation of clinical and imaging findings. (Intermediate)
Session: 123

Conquering Insulinophobia: Do You Fear Insulin or Does It Fear You?
Melanie E. Mabrey, MSN, APRN, BC-ADM
Starting insulin can be a daunting task for the nurse practitioner and patient. In this session discover techniques to overcome your patient’s (and perhaps your) insulin resistance with opportunities to work with insulin devices. (Beginner)
Session: 125

Differential Diagnosis for Hemolysis
Nancy Munro, MN, CCRN, ACNP
The ICU patient with hematological issues can be challenging and puzzling. Immediately, an advanced practice nurse envisions patients who are septic and immunocompromised. However, this patient description is only the beginning of a very complicated ICU course. This session will discuss the various mechanisms for hemolysis and how to initiate the diagnostic process. (Intermediate)
Session: 132

Pills, Shots, or Drips: Understanding the Choice Treatments for Osteoporosis
Elaine R. Henson, MSN, ANP-BC
Nurse Practitioners are constantly bombarded with new treatments for emerging diseases. Osteoporosis incidence continues to rise with the aging of the baby boomers. By the end of this presentation, you will be able to successfully differentiate between the various pharmaceutical treatments available for osteoporosis. (Beginner)
Session: 147

Alcohol Screening and Brief Intervention: Our Youth Are at Risk
Becky Cook, MSN, NP
Adolescents at risk for alcohol problems need to be identified and strategies implemented to screen and assess. This presentation will discuss the detriments of alcohol to youth, developmental issues as a result of alcohol use, screening and assessment tools to identify at-risk adolescents, and guidelines for implementation. (Intermediate)
Session: 98

Minimizing Errors in the Evaluation of Chest Pain
Anh-Vu Nguyen, MD, FAAFP
Chest pain is one of the most common presenting complaints seen by nurse practitioners and myocardial infarction is the most common condition associated with malpractice claims. This presentation will discuss the prevalence of chest pain visits, the prevalence of medical liability in the evaluation of chest pain, and offer techniques for minimizing errors in the evaluation of chest pain. (Intermediate)
Session: 45

Mama’s Not Right: Behavioral Management in the Elderly
Nanette Lavvie-Vaughan, MSN, APN
This presentation will provide a review of the common causes of delirium and behavioral problems in the elderly. It will focus on a multi-faceted, interdisciplinary approach to handling behavior problems in multiple settings. (Intermediate)
Session: 58
4:00 PM – 5:00 PM

Using your PDA to Improve Practice and Save Time
Patricia Krauskopf, PhD, FNP-BC

There are a variety of handheld technology choices which can enhance the delivery of health care in many settings. Utilizing case scenarios, this session will demonstrate select PDA applications that can greatly assist the nurse practitioner in clinical practice, thus allowing them to improve clinical effectiveness and save time. (Intermediate)

Session: 139

Immunization Preventable Diseases: Are They Truly Eradicated?
Normadeane Armstrong, MSN, APRN-BC, PhD

Despite immunization, preventable diseases continue to exist. Health care practitioners need to continue to encourage and enforce immunization practices and make the public aware of the consequences of not being vaccinated. (Intermediate)

Session: 164

Women and Heart Disease: Across the Lifespan
Carolyn L. Strimike, MSN, ACNP-BC
Margaret Latrella, MSN, APRN-BC

Women of all ages are at risk for heart disease. The recognition and diagnosis of heart disease in women, symptoms observed in women, and management strategies will be discussed. (Intermediate)

Session: 44

Deep Brain Stimulation Therapy
Laurie Baumgartner, MSN, APRN-BC, CCRN

Deep brain stimulation can help control Parkinson’s disease, essential tremor and dystonia. Learn who is a candidate for this life-altering therapy through patient videos that accurately highlight the symptom control and quality of life improvement. A short discussion of trials testing the utilization of deep brain stimulation for other physical and psychological conditions will also occur. (Intermediate)

Session: 8

Getting to Yes: Moving the Addicted Patient Towards Treatment
Ruth A. Robst, MSN, CRNP
Erin M. Goodhart, BS, MA

It is estimated that between 10% and 16% of adults in the outpatient population suffer from problems related to addiction. Primary care providers often feel ill-equipped to intervene. This program will focus on the prevalence and treatment of substance abuse and strategies to move patients toward rehabilitation. (Intermediate)

Session: 76

COPD: Diagnosis and Management
Catherine S. Jones, MSN, ANP-C, AE-C

A review of COPD physiology will lay the foundation for a discussion on GOLD guidelines for the diagnosis and management of this challenging population. Attend this session to make sure that you are delivering up-to-date management for individuals with COPD. (Beginner)

Session: 87

Distinguishing Between Adult ADHD and Bipolar Disorder in a Primary Care Setting
George Wootton, MS, APRN-BC, FNP

This presentation will focus on Bipolar Disorder and ADHD as typically seen in primary care settings. Similarities, differences, co-morbidity, treatment of primary and secondary symptoms, evaluation, overall treatment strategies, and referral guidelines will be discussed. (Intermediate)

Session: 248

Delirium in the Adult Hospitalized, Acute Care Patient: Recognition, Diagnosis and Treatment
Grace Good, MSN, APRN-BC

Older patients are more susceptible to developing delirium during their hospitalization than younger patients. This is especially true of older adults who have a baseline dementia. Utilizing case presentations, this session will demonstrate how to utilize tools to recognize delirium, how to manage behavior issues related to delirium, and what tools may be useful to distinguish delirium from dementia. (Intermediate)

Session: 145

SUNDAY, OCTOBER 11, 2009

9:30 AM – 10:30 AM

Recognizing and Treating Peripheral Arterial Disease: Early Diagnosis and Risk Factor Modification
Diana K. Eastridge, MS, CNP

This presentation will discuss how early diagnosis of PAD and risk factor modification allow nurse practitioners the opportunity to improve the functional status and avoid amputations in their patients. New technologies that may offer surgical solutions even to high-risk patients will also be discussed. (Intermediate)

Session: 235

Studs, Stamps and Screams: Managing Problems with Tattoos and Piercings
Melissa Roberts, RN-BC, MSN, JD

This session will explain the basics of post-tattoo and post-piercing care as well as how to manage infections, allergic reactions, and other problems seen with tattoos and piercings. (Intermediate)

Session: 30

True Confessions of Real 12 Lead ECGs
Leslie L. Davis, MSN, ANP

This interactive session is designed to improve skills in 12 Lead ECG interpretation. Knowledge of basic ECG rhythms is encouraged as a pre-requisite. (Intermediate)

Session: 133
Evaluation and Treatment of Recurrent Urinary Tract Infections

Leanne Schimke, MSN, NP-C, CRNP

Urinary tract infections are becoming more prevalent in women and need to be appropriately evaluated and treated in this era of bacterial resistance. This discussion will cover contemporary management of recurrent urinary tract infections. (Intermediate)

Session: 62

Walking on ICE: Common Prescribing Errors in the Older Adult Population

Deborah Gilbert-Palmer, EdD, FNP-BC

This session will focus on reviewing the most common prescribing errors, drug interactions, and adverse reactions to be considered in the older adult population. (Intermediate)

Session: 75

Cardiac Assessment: Beyond the Stethoscope: A Case Study Approach

Barbara A. Todd, MSN, ACNP-BC, FAANP

It is unquestionable that physical examination and accurate cardiac assessment, in conjunction with history taking skills, is the cornerstone of bedside diagnosis, not only for nurse practitioners but all clinicians. This session will focus on integrating physical exam findings, clinical history through a case study approach. (Intermediate)

Session: 302

How Effective Are We Being: The Role of Simulation in Evaluating Students and Our Teaching

Deborah Becker, PhD, ACNP-BC

This presentation will provide the participant with ways to create simulations based on the objectives of their program. Methods of incorporating simulations into curricula will be explored and examples of various simulations will be demonstrated. Ideas and experiences on simulation will also be shared. (Intermediate)

Session: 189

Do You Know Your T-Score and What are We Going to Do About It?

Kris Todd, MSN, FNP-C, ONP-C

Osteoporosis is a silent disease until a fracture occurs. If NPs understand the disease process as well as preventive and treatment strategies we can make a significant difference in the lives of our patients and their families. (Intermediate)

Session: 157

Microscopic Hematuria

Leanne Schimke, MSN, NP-C, CRNP

Microscopic hematuria is frequently encountered in primary care and the appropriate workup is critical to rule out the possibility of a life-threatening disease. This discussion will provide evidence-based medicine regarding the recommended evaluation of microscopic hematuria through the use of case studies including radiographic images. (Intermediate)

Session: 103

Interventional Management of Chronic Pain

Erin McMenamin, MSN, CRNP, AOCN

Treatment of chronic pain presents challenges to practitioners. Some patients may benefit from interventions for the relief of pain. This presentation will review interventions used to treat patients suffering from pain on a chronic basis. (Advanced)

Session: 250

Evidence-Based Prescribing: Myths, Realities and Strategies for Practice

Elissa Ladd, MS, PhD, FNP-BC

This session will includes a discussion of strategies that the busy clinician can use to evaluate the quality of information on drugs and ways in which evidence-based choices can be incorporated into daily practice. (Intermediate)

Session: 237
Session: 263

1:30 PM – 2:30 PM

How to get Credentialed and Contracted with Commercial and Public Payers
Christine Williams, FNP
Cheryl Gregg Fahrenholz, RHIA, CCS-P
Jeana M. Singleton, JD
Mary Jane Maloney, BSN, MS, CNP
APNs face increased difficulties in achieving credentialed and contracted statuses with commercial insurance and public payers. OAAPN has spearheaded state and regional efforts to address this problem head on. Newly tested and successful tactics will be shared. (Advanced)

Session: 70

Coding 202
Jan DiSantostefano, MS, NP
Coding is ever-changing and you must keep up with the annual changes in order to maximize charges. This class will teach you about modifiers and their use, what elements are needed to bill for routine office visits, and some other tips and tools for maximizing reimbursement. (Intermediate)

Session: 35

Diverse Presentations of Coronary Heart Disease
Leslie L. Davis, MSN, ANP
Gender and ethnic differences exist in knowledge of ischemic symptoms, actual symptom experience, and determinants of delay in seeking care. Individual educational strategies and public health messages will be discussed as potential solutions to the delay in seeking care. (Intermediate)

Session: 131

Where the Sun Don’t Shine: Update on Colorectal Cancer
JoAnn Coleman, MS, ACNP
This presentation provides an update on current prevention, screening, diagnostics, and treatment of colorectal cancer. Minimally invasive surgery, new antitumor agents, and the role of genetics allow improved patient outcomes and improved quality of life. (Intermediate)

Session: 88

Working with Families: Cultural Issues in Pediatric Obesity
Carolyn Montoya, MSN, CPNP
The focus of this presentation will be on the identification of evidence-based obesity prevention strategies for Hispanic, African-American, and Native American children. Current trends and definitions regarding pediatric obesity will also be presented. (Intermediate)

Session: 216

Vitamin D: The New Super Drug
Leanne Schimke, MSN, NP-C, CRNP
Vitamin D is the new hot topic in the media. Primary care practitioners need to be able to provide educated information to patients, identify individuals who should be screened for Vitamin D deficiency, and provide recommendations for prevention of diseases with recommended amounts of this vitamin. (Beginner)

Session: 104

Constant Cravings: Overcome Overeating for Type 2 Diabetes Control
Caroline B. Trapp, MSN, APRN-BC, BC-ADM
New research suggests that food cravings resulting in overweight and obesity have a genetic basis. Even so, there are effective, non-pharmaceutical strategies to minimize cravings and achieve diabetes and weight control. Eight steps for clinical practice will be reviewed. (Beginner)

Session: 258

Chest X-Ray Interpretation for the ACNP
Kate Morse, MSN, CRNP
Chest x-ray interpretation is an essential skill for the ACNP. This talk will review normal and abnormal anatomy and provide participants with an effective approach to interpretation. (Intermediate)

Session: 115

1:30 PM – 5:00 PM

Clinical Practice: How to Prevent and Win Licensure and Medical Malpractice Claims
Daneil McAuliffe, LHCRM, BSN, LD
This three-hour session is designed to provide the Nurse Practitioner with the knowledge needed to prevent and win adverse licensure and malpractice claims. The session will focus on principles and laws that can aide in producing a positive outcome for the Nurse Practitioner. Scenarios and data from real cases will be used to illustrate and apply the principles and laws that will be presented. (Intermediate)

Session: 303

2:45 PM – 3:45 PM

Changing Paradigm in the Treatment of AAA
Amy P. Harper, MSN, ACNP-BC
Stent-graft repair of AAA in comparison with open surgical repair can offer decreased length of stay, decreased recovery time, and improved outcomes. (Advanced)

Session: 268

Clinical Residency Experiences for Licensed NPs in a DNP Program
M. Katherine Crabtree, DNSc, FAAN, APRN-BC
The clinical residency for licensed NP students enrolled in a Doctor of Nursing Practice program will be described. Issues related to mentoring, integration of the clinical inquiry project, separating the work role and the learner role, and outcomes will also be discussed. (Advanced)

Session: 242
Illness and Injuries: Getting Your Patients Back to Work
Susan E. Majerus, MSN, CNP
A basic understanding of occupational principals with an application to primary or acute care is necessary in assisting the patient employee with safe and appropriate return-to-work restrictions. (Beginner)
Session: 66

Rapid Response Systems
Angela Nelson, MSN, CCRN, ACNP-BC
Rapid Response Systems are groups of clinicians trained to assess and treat hospitalized patients showing acute signs of clinical deterioration. A review of clinicians included in this team, training involved, utilization, management, documentation, and outcome data will be reviewed. (Intermediate)
Session: 119

Carcinoid Disease
Maria Derylo, MSN, ANP
Lack of knowledge about carcinoid disease can contribute to misdiagnosis and delays in diagnosis and treatment of patients with carcinoid disease. This presentation will provide an overview of carcinoid disease as well as discuss diagnostic tests to identify carcinoid disease and to direct treatment. (Intermediate)
Session: 130

Cancer Vaccines for Prevention and Treatment: Informed Nurse Practitioners Can Empower Patients
JoAnn Coleman, MS, ACNP
This presentation will assist nurse practitioners in educating their patients about preventive cancer vaccines as well as consideration of a clinical trial for a therapeutic cancer vaccine when offered. (Intermediate)
Session: 89

Advance Directives
Barbara A. Biedrzycki, MSN, CRNP, CCRP, AOCNP®
This educational session will provide the history and overview of various forms of advance directives, regulations, and practice. Strategies to incorporate advance directives usage throughout the life span and advocacy techniques will also be shared. (Intermediate)
Session: 217

Demystifying Cardiac Stress Testing
Susan Bowlin, MSN, FNP-BC
Take the stress out of ordering and interpreting cardiac stress testing. Take it up a notch and learn what is involved in supervising them. Increase your comfort level and your revenue potential by attending this presentation! (Intermediate)
Session: 264

Managing Treatment-Resistant Depression in Primary Care
Pamela Bender, MSN, CRNP, FNP-BC
The majority of patients with major depression are diagnosed and treated by their primary care providers. There are many challenges in successfully managing treatment-resistant depression. Differentiating subtypes of depression and implementing successful treatment strategies will be discussed. (Advanced)
Session: 144

From Allergies to Neoplasm: Evaluating Nasal Congestion and Obstruction in Primary Care
Cheri M. Adams, MSN, CRNP
Nasal congestion and obstruction has various etiologies that need to be considered. It is important that the healthcare provider be aware of common and uncommon causes of nasal congestion and obstruction in order for the patient to receive the appropriate treatment and referral if indicated. (Intermediate)
Session: 251

Dealing with Common Acute Care Problems: A Case Study Approach
Kate Morse, MSN, CRNP
The ACNP needs to be prepared to evaluate and treat a variety of acute care conditions. This presentation will discuss some of the common problems encountered in the role as a team leader of a Rapid Response Team. (Intermediate)
Session: 117

Compassion Fatigue: The Cost of Caring
Valerie Hart, EdD, APRN
This session will explore the phenomenon of Compassion Fatigue. Risk factors and assessment of strategies for dealing with symptoms as well as preventing the development of signs will be examined. (Intermediate)
Session: 186

Recession-Proof Your Health Care Practice
Deborah Maragopoulos, MSN, FNP
Attend this session to learn how to recession-proof your practice by partnering with a niche market of holistic-minded patients using a unique business model to tap into the rich vein of integrative health care. (Intermediate)
Session: 209

Pickin’ and Grinnin’: Appropriate and Effective Management of Acne
Melissa Roberts, RN-BC, MSN, JD
This presentation will address the pathophysiology, history and physical exam, diagnosis, treatment, and prevention of acne. (Intermediate)
Session: 39
Clinical Presentation and Treatment for Atrial Fibrillation in Wolff-Parkinson-White Syndrome
Joanne Thanavaro, DNP, ACNP-BC
A case of AF in WPW syndrome will be presented to demonstrate the typical presentation, diagnosis, treatment strategies, and clinical outcomes. (Intermediate)
Session: 259

In Search of a Peaceful Death
Betsy Murphy, FNP
Elderly patients at the end-of-life stage rely on their providers to educate and support their families. This presentation will demonstrate how informed decision-making and planning is the key to a peaceful death. (Beginner)
Session: 252

SUNDAY, OCTOBER 11, 2009
9:00 AM – 10:00 AM

Psychopharmacology for Primary Care: Essential Concepts, Part 1 of 2
Pamela Bender, MSN, CRNP, FNP-BC
Essential concepts in neurobiology will be discussed to provide a solid foundation for prescribing psychiatric medications. The complex relationship between neurotransmitter functions and psychiatric disorders will be a primary focus. (Advanced)
Session: 142

Hyponatremia: Why it Occurs and What to Do About It
Karen Ayers, MS, ACNP
Hyponatremia is a common and significant electrolyte abnormality. This presentation will help the learner identify hyponatremia, determine its cause, and initiate appropriate treatment. (Advanced)
Session: 151

Pulmonary Artery Hypertension
Kathy J. Noyes, MSN, CS, FNP, ACNP
Pulmonary artery hypertension is a progressive, disabling disease. This program includes the pathophysiology, diagnostics, and drug therapies for treatment. (Advanced)
Session: 222

10:15 AM – 11:15 AM

Psychopharmacology for Primary Care: Application of Concepts, Part 2 of 2
Pamela Bender, MSN, CRNP, FNP-BC
The majority of psychiatric medications are prescribed by primary care providers. The focus of this session will be on psychiatric drug classifications, mechanisms of action, and application of neurobiological concepts toward making sound psychopharmacologic clinical decisions. (Advanced)
Session: 143

Advanced 12 Lead ECG Interpretation: Hemiblocks, Fascicular Blocks and Wide Complex Tachycardias
Kathy J. Noyes, MSN, CS, FNP, ACNP
This presentation will dissect the complexities of hemiblocks, fascicular blocks and wide complex tachycardia, including aberrancies and ventricular tachycardia. (Advanced)
Session: 224

The In-Hospital Management of Venous Thromboembolic Disease
Sharon Holloway, MSN, ACP
Venous thromboembolic disease is a significant cause of morbidity and mortality in the hospitalized medical patient. Targeted therapeutic approaches are imperative to promote early recognition and treatment of this preventable disease. (Intermediate)
Session: 224

Vertigo: How to Stop the Spinning
Susan Berg, MSN, FNP
This is a follow-up course to Dizziness: Is the Ear to Blame? (Session 68). This course will further explore the three most common types of inner ear dizziness as well as focus on disease treatment and follow-up. (Intermediate)
Session: 69

11:30 AM – 12:30 PM

Cases in Cardiology
Sharon Holloway, MSN, ACP
This presentation will utilize a case-based approach to understanding typical and atypical symptoms of cardiovascular disease. (Intermediate)
Session: 233

Medical Management of the Endurance Athlete
Leslie Iverson, ARNP, MPH
Health care providers must have an understanding of the potential complications—chronic and acute—related to endurance athletes and their activities, as this is an area of increased participation in the general population. (Advanced)
Session: 207

Hypertension as the Predominant Risk Factor for Cardiometabolic Disease
Leslie L. Davis, MSN, ANP
The purpose of this presentation is to review characteristics of cardiometabolic disease and how to diagnose the syndrome. Treatment goals and management strategies will be discussed through the use of case studies. (Intermediate)
Session: 284

Managing Treatment-Resistant Depression in Primary Care
Pamela Bender, MSN, CRNP, FNP-BC
The majority of patients with major depression are diagnosed and treated by their primary care providers. There are many challenges in successfully managing treatment-resistant depression. Differentiating subtypes of depression and implementing successful treatment strategies will be discussed. (Advanced)
Session: 304
Travel

Air
The airport serving this year’s conference is the Albuquerque International Sunport (ABQ).

Information: (505) 244-7700
2200 Sunport Blvd., SE
Albuquerque, NM 87106

Ground Transportation
A wide variety of ground transportation serves the Albuquerque International Sunport located outside baggage claim on Terminal Level 1.

Taxi fare - approximately $20 each way.

Shared shuttle service (Sunport Shuttle) - $11 for the first person and $5 for each additional person in your party traveling on the same shuttle van. A round-trip is discounted to $20 for the first person and $10 for each additional person in your party.

Sunport Shuttle – ground level, baggage claim #3
(505) 883-4966
(866) 505-4966.
http://www.sunportshuttle.com

Hotel Accommodations
Reserve your room at either the Hyatt Regency Albuquerque (headquarters hotel) or the DoubleTree Hotel Albuquerque for this year’s conference via the ACNP Conference website and take advantage of ACNP’s preferred rates of $195 per night at the Hyatt and $143 per night at the DoubleTree. Located in the heart of downtown, the Hyatt Regency hotel is just across the street from the Convention Center and the DoubleTree hotel is connected to the Convention Center via an underground carpeted concourse. When not in session, the Geology Museum, Indian Pueblo Cultural Center, Mission of San Augustin de Isleta, and wonderful galleries and artisan shops are all close by.

The preferred rate will only be available for reservations made through the ACNP Housing Center. All hotel reservations should be made by the cut-off date: Wednesday, September 16, 2009. Any reservations made after the cut-off date will be subject to hotel availability and may not be available at the group rate.

All the meetings and events associated with the 2009 National Clinical Conference will be held at the Albuquerque Convention Center and the Hyatt Regency Albuquerque.

Questions? Please contact the ACNP Housing Center at acnphousing@jspargo.com or 888-243-7419.
**ATTENDEE DEMOGRAPHIC INFORMATION**

1. **Specialty**
   - Acute Care
   - Adult
   - Family
   - Gerontological
   - Other (Specify)

2. **Do you have a DEA Number?**
   - Yes
   - No

3. **Practice Setting (Check all that apply)**
   - College/School Health
   - College/University (faculty)
   - Community Health Center
   - Correctional/Prison Facility
   - Emergency Room/Urgent Care
   - Employee/Occupational Health
   - Health Department
   - Home Health
   - Hospice/Palliative Care
   - Hospital
   - Long-Term Care
   - MD/NP Practice
   - Military
   - NP Private Practice
   - Psych/Mental Center
   - Rural Health Clinics
   - Women’s Health Center
   - Other (Specify)

4. **Do you have prescriptive authority?**
   - Yes
   - No

5. **Subspecialty Areas (check all that apply)**
   - Allergy/Immunology
   - Cardiovascular
   - Dermatology
   - Endocrinology
   - Gastroenterology/Digestive
   - Hematology/Oncology
   - Infectious Diseases
   - Nephrology
   - Other (Specify)

Special Needs: Registrants requiring special needs or assistance, please indicate special need here:

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- Enclosed check or money order for $500.00
- Credit Card Payments
  - American Express
  - MasterCard
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