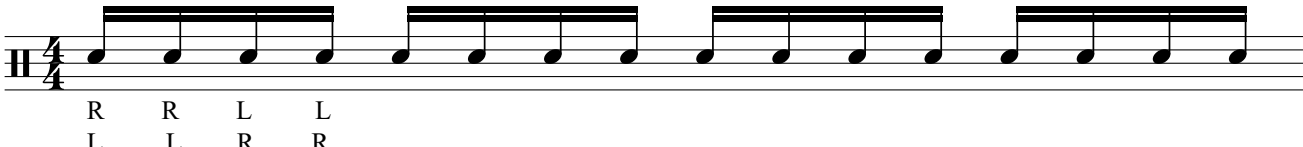


# The Double Stroke Roll

## Double Stroke Roll

Drumset   
R R L L  
L L R R

## Roll Exercise

1.   
4x

4 

2.   
4x

8 

9 

3. 4x

Drs. 10 

Drs. 11 

Drs. 12 

Drs. 13 

4. 4x

Drs. 14 

Drs. 15 

Drs. 16 

Drs. 17 