

## About Dr. Ritamarie Loscalzo, MS, DC, CCN, DACBN



Dr. Ritamarie Loscalzo, **the founder of the Institute of Nutritional Endocrinology**, is passionately committed to transforming exhausted high achievers all over the globe into high energy people who love their lives and live to their full potential.

As a Doctor of Chiropractic with Certifications in Acupuncture, Nutrition, Herbal Medicine and HeartMath®, she's also a certified living foods chef, instructor, and coach and has trained and certified hundreds of others in the art of living foods.

A bestselling author, speaker, and internationally recognized nutrition and hormone health authority, Dr. Ritamarie combines the ancient healing wisdom of whole, fresh foods and herbs with modern scientific research to inspire people everywhere to recharge their energy and reclaim their lives.

Dr. Ritamarie offers online courses, long distance coaching and counseling, as well as in-person classes and hands-on healing methodology.

To learn more and get started on ***7 Simple Strategies to Jumpstart Your Energy Practically Overnight***, visit [www.JumpstartYourEnergy.com](http://www.JumpstartYourEnergy.com) or access Dr. Ritamarie's extensive collection of vibrant living health resources at [www.DrRitamarie.com](http://www.DrRitamarie.com).