Putting on the Armor of Light

An Advent Quiet Day with Meditations and Advent Hymnody.

The Commission on Spirituality invites you to attend a quiet, meditative day at Christ Church in Tuscaloosa during the penitential season of Advent.

Spend the day, DECEMBER 9, with Bishop Henry Parsley as he helps us prepare for the coming of Christ in our lives. Taizè music offered by Tom Poynor, Grace Church, Anniston

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Name_____

Address_____

City, State, Zip_____

Parish_____

Phone (including area code)_____

❑ I will need a vegetarian lunch.

Please return this registration form and a check in the amount of $15, includes lunch made payable to: **The Diocese of Alabama**

Mail to:

Christ Episcopal Church
c/o Amy Dare
605 Lurleen Wallace Blvd. North
Tuscaloosa, Alabama 35401

Registration Deadline is December 1st

You're Invited

Commission on Spirituality
Advent Retreat
521 North 20th Street
Birmingham, AL 35203-2682

Advent Retreat, *"Putting on the Armor of Light,"* Saturday, December 9, 2006

THE SCHEDULE:

9:45 am	Registration
10:00 am	Gathering
	Hymns and Prayers
10:15 am	First Meditation
	Silent Reflection
11:15 am	Hymns/Second Meditation
	Silent Reflection
12:15 pm	Lunch
1:00 pm	Hymns/Third Meditation
2:00 pm	Holy Eucharist with Hymns
2:45 pm	Closing

THE LOCATION:

Christ Episcopal Church
605 Lurleen Wallace Blvd. North
Tuscaloosa, Alabama 35401
Phone: 205-758-4252—Fax: 205-758-0293

Directions from Birmingham and Huntsville:

I-20W/I-59S merge onto AL-69N via Exit 71B toward Tuscaloosa. (I-69N becomes Lurleen Wallace Blvd. N.) Christ Church is 3 miles ahead on left between 6th and 7th streets.