

November 21-22, 2008



The Commission on Spirituality of the Diocese of Alabama invites you to come aside for a weekend of *The Spirituality of Henri Nouwen* at St. Stephen's Episcopal Church in Birmingham on Friday evening, November 21, and Saturday, November 22. The presenter is Joseph Howell, Ph.D., well known lecturer and workshop leader on spiritual growth.

This weekend will be an exposure to Nouwen the man through the senses of Joseph Howell whom Henri befriended and mentored. As a psychologist and lay minister, Dr. Howell will provide a look into the psycho-spiritual dynamics of Henri Nouwen, focusing

upon such issues as self esteem, rejection, grief, individuation, woundedness, intimacy, healing and wholeness. By exploring selected writings, the audience will be given the opportunity to look into their own psychological and theological frame of reference within the holy container of being the beloved of Christ, a concept which Henri Nouwen's life so embraced.

Name _____ **REGISTRATION FORM**

Address _____

City/state/zip _____

Phone _____ Email for confirmation: _____

Lunch : **Total (with lunch): \$75.00** _____

Vegetarian? **Additional fee for CEU credit: \$10** _____

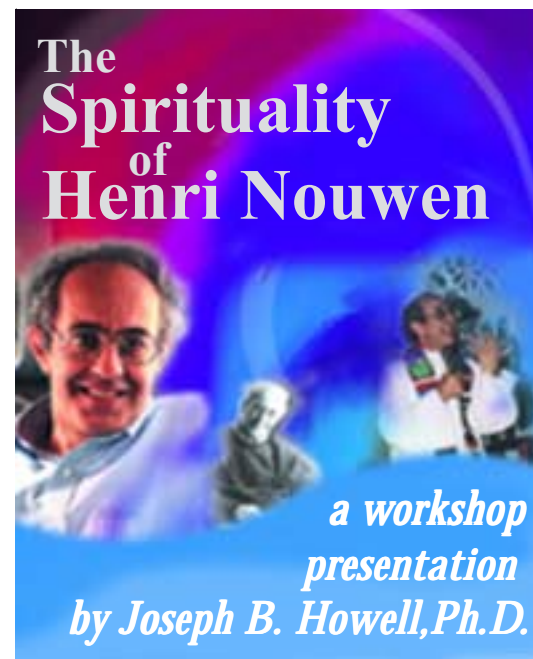
Yes No **Total Amount Enclosed** _____

Checks payable to: **Diocese of Alabama**. Send this form with check to: **Sarah Sartain, Carpenter House/Nouwen, 521 North 20th Street, Birmingham, AL 35203-2682**

Need Accommodations? A block of 25 double rooms have been reserved at the **Hampton Inn Hotel, Colonnade**, for Friday 11/21 and Saturday 11/22 for the "Henry Nouwen Retreat" for the "Diocese of Alabama" group. The room rate is \$99. Reservations can be made by either calling a toll-free number(1-800-HAMPTON (426-7866) or by visiting their website, www.birminghamcolonnade.hamptoninn.com.

Questions? Contact Lark Howell: 256.238.1560 or jlblhowell@bellsouth.net

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What this weekend is about.....

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Also....CEU Credits.....

**CEU credits are available for LPC and LCSW
\$10 additional fee**

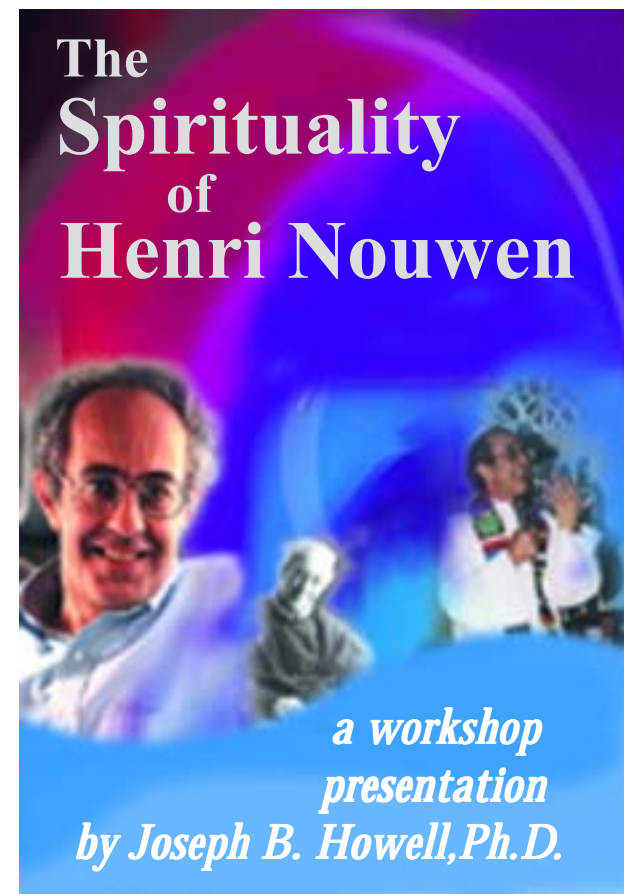
The Huntsville/Madison County Mental Health Center-is recognized by the National Board for Certified Counselors to offer Continuing Education for National Certified Counselors. We adhere to NBCC continuing education guidelines. Provider #5745.

The Huntsville/Madison County Mental Health Center is an approved provider for Continuing Education for Social Workers in the State of Alabama through the Alabama State Board of Social Work Examiners.

Commission on Spirituality Retreat
521 North 20th Street
Birmingham, AL 35203-2682



The Episcopal Diocese of Alabama
Commission on Spirituality
presents



November 21-22, 2008

**St. Stephen's Episcopal Church
Birmingham, Alabama**

BULK MAIL
Nonprofit Organization
US Postage
PAID
Permit #368
Birmingham, AL

The Spirituality of Henri Nouwen

Henri Nouwen was a complex individual whose strengths were also his own enemies. Led into the limelight because of his exceedingly courageous spiritual voice, he was trapped by his own popularity; and paradoxically by his self-described loneliness. This internal struggle was met by Henri's study of the science of psychology combined with his theological quest to know God. His books continue to be sold all over the world because of his willingness to "question out loud" his place in the human family, his search for acceptance, and his openness to the divine. So personal were his writings that many readers feel him to be expressing their very own inner thoughts and spiritual questions. Giving hope to so many by revealing his daily walk, his dreams, his despair, even his self-loathing, his redemptive honesty became a "road to daybreak" for himself and countless others. Jesus Christ and the Eucharist are the core of Henri's teaching and his example.

SCHEDULE

Friday, November 21

- 6:30-7:00 pm Registration
- 7:00 pm Personal Reflections upon Henri Nouwen
- 8:00 pm The Combination of Theology and Psychology in Nouwen's Teachings
- 9:00 pm Adjourn

Saturday, November 22

- 8:30-9:00 am Gathering and late registration
- 9:00 am *Wounded Healer*
- 10:00 am *The Return of the Prodigal Son*
- 11:30 am Lunch
- 12:30 pm *Life of the Beloved*
- 2:00 pm Small group gathering
- 3:00 pm Group reports and questions
- 3:45 pm Holy Eucharist

SPEAKER



Dr. Joseph Howell

is a Clinical Psychologist in private practice in Anniston, Alabama. He is a lay minister and member of Grace Episcopal Church.

When Dr. Howell was a student at Yale Divinity School in the 1970's he was a student and friend of Professor Nouwen. Having

studied Nouwen's teachings, and having known the man himself, Dr. Howell presents a unique insight and voice to one of the most noted Christian writers of our time.

For program questions and information, contact
Lark Howell: 256.238.1560 or jlblhowell@bellsouth.net

Driving directions to the church from the Hampton Inn-Colonnade Hotel are as follows:

Leave the hotel on Colonnade Parkway. Travel 0.2 miles. Road goes under Highway 280 and becomes Blue Lake Drive. Travel another 0.8 miles. This Road becomes Cahaba Heights Road. Travel an additional 1.1 miles. Turn right onto Crosshaven Drive. (CVS Pharmacy on corner.) Travel for 0.9 miles, crossing over Overton Road. St. Stephen's Church is on the right.

The Spirituality of Henri Nouwen

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Registration Deadline: Monday, November 10

Lunch : Vegetarian? Yes No

Total (with lunch): \$75.00 _____

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