



Applied Suicide Intervention Skills Training (ASIST)

The Seamen's Church Institute (SCI) offers **Applied Suicide Intervention Skills Training (ASIST)**: a two-day interactive workshop in suicide first aid.

The **LivingWorks ASIST** program teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety.

FEATURES:	Scientifically proven intervention model Powerful audiovisual learning aids Group discussions Skills practice and development Balance of challenge and safety
DURATION:	Two days (15 hours)
PARTICIPANTS:	Anyone 16 or older; each participant must attend both days
TRAINERS:	Two or more LivingWorks registered trainers
COST:	\$450 for two days, payable at time of registration Lunch both days and course materials included
DATES:	July 13-14 October 25-26
LOCATION:	SCI Center for Maritime Education 129 S. Water Street, Paducah, KY 42001

As the world's leading suicide intervention workshop, LivingWorks' ASIST program is supported by numerous evaluations including independent and peer-reviewed studies. Results demonstrate that ASIST helps participants become more willing, ready, and able to intervene with someone at risk of suicide. ASIST is proven to reduce suicidality for those at risk.

Founded in 1834, the Seamen's Church Institute has a long history in education and training, and its roots in Paducah, KY go back twenty years.

For more information or to register, contact: ASIST@seamenschurch.org

