Symbolism of the Beads
The configuration of the Anglican Prayer Beads relate contemplative prayer using the Rosary to many levels of traditional Christian symbolism. Contemplative prayer is enriched by these symbols whose purpose is always to focus and concentrate attention, allowing the one who prays to move more swiftly into the Presence of God.

The prayer beads are made up of twenty-eight beads divided into four groups of seven called weeks. In the Judeo-Christian tradition the number seven represents spiritual perfection and completion. Between each week is a single bead, called a cruciform bead as the four beads form a cross. The invitational bead between the cross and the wheel of beads brings the total to thirty-three, the number of years in Jesus’ earthly life.

Praying with the beads
Begin by holding the Cross and say the prayer you have assigned to it, then move to the Invitatory Bead. Then enter the circle of the prayer with the first Cruciform Bead, moving to the right, go through the first set of seven beads to the next Cruciform bead, continuing around the circle, saying the prayers for each bead.

It is suggested that you pray around the circle of the beads three times (which signifies the Trinity) in an unhurried pace, allowing the repetition to become a sort of lullaby of love and praise that enables your mind to rest and your heart to become quiet and still.

Praying through the beads three times and adding the crucifix at the beginning or the end, brings the total to one hundred, which is the total of the Orthodox Rosary. A period of silence should follow the prayer, for a time of reflection and listening. Listening is an important part of all prayer.

Find a quiet spot and allow your body and mind to become restful and still. After a time of silence, begin praying the prayer beads at an unhurried, intentional pace. Complete the circle of the beads three times.

When you have completed the round of the prayer beads, you should end with a period of silence. This silence allows you to center your being in an extended period of silence. It also invites reflection and listening after you have invoked the Name and Presence of God.
Possible Prayers for your use with the Episcopal Rosary

A Meditation on the Prayer of St. Francis of Assisi

The Cross:  Glory to the Father, and to the Son, and to the Holy Spirit, as it was in the Beginning, is now and ever shall be, world without end, Amen.

Invitatory Bead:
Make in me a clean heart, O God
Wash me and I will be whiter than snow
For Your power is great
And Your mercy endures forever.

Cruciform Beads:
Lord, make me an instrument of Your peace
Where there is hatred let me sow love
Where there is injury, pardon
Where there is doubt, faith
Where there is despair, hope
Where there is darkness, light and where there is sadness, joy.

Weeks Beads:
Jesus, Son of God, make me a vessel of light
Jesus, Lamb of God, make me an instrument of peace
Jesus, Savior of the World, pardon my sins.

Invitatory Bead
O Lord, grant that I may not so much seek to be consoled but to console
To be understood as to understand
To be loved as to love
For it is in giving that I receive
It is in pardoning that I am pardoned;
And it is in dying that I am born to eternal life. Amen

This prayer was adapted by Katherine Dooley

Trisagion  (*Trisagion* means "thrice Holy")

The Cross
In the Name of God, Father, Son, and Holy Spirit. Amen.

The Invitatory
O God make speed to save me (us),
O Lord make haste to help me (us),
Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be forever. Amen.

The Cruciforms
Holy God,
Holy and Mighty,
Holy Immortal One,
Have mercy upon me (us).

The Weeks
Lord Jesus Christ, Son of God,
Have mercy on me, a sinner.
Agnus Dei Prayer

The Cross
The Lord’s Prayer

The Invitatory
"Let the words of my mouth and the meditation of my heart be acceptable in your sight, O Lord, my strength and my redeemer."—Psalm 19:14

The Cruciforms
Oh, Lamb of God that taketh away the sins of the world have mercy upon us,
Oh, Lamb of God that taketh away the sins of the world have mercy upon us,
Oh, Lamb of God that taketh away the sins of the world give us Thy Peace.

The Weeks
Almighty and merciful Lord,
Father, Son, and Holy Spirit,
bless us and keep us.
Amen.

*Agnus Dei means "Lamb of God"

Julian of Norwich Prayer

The Cross
In the Name of God, Father, Son, and Holy Spirit.
Amen.

The Invitatory
O God make speed to save me (us),
O Lord make haste to help me (us),
Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be forever. Amen.

The Cruciforms
God of your goodness, give me yourself,
For you are enough to me.
And I can ask for nothing less that is to your glory.
And if I ask for anything less, I shall still be in want, for only in you have I all.

The Weeks
All shall be well, and all shall be well,
And all manner of things shall be well.

Or

In His love He has done His works, and in His love He has made all things beneficial to us.

This prayer was created by Sister Brigit-Carol, S.D.
www.solitariesofdekoven.org
A Celtic Prayer

The Cross
In the Name of God, Father, Son, and Holy Spirit.
Amen.

The Invitatory
O God make speed to save me (us),
O Lord make haste to help me (us),
Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be forever. Amen.

The Cruciforms
Be the eye of God dwelling with me,
The foot of Christ in guidance with me,
The shower of the Spirit pouring on me,
Richly and generously

The Weeks
*Pray each phrase on a separate bead.*
I bow before the Father who made me,
I bow before the Son who saved me,
I bow before the Spirit who guides me,
In love and adoration.
I praise the Name of the one on high.
I bow before thee Sacred Three,
The ever One, the Trinity.

*This prayer was created by Sister Brigit-Carol, S.D.*
www.solitariesofdekoven.org

An Evening Prayer

The Cross
Glory to the Father, and to the Son, and to the Holy Spirit. as it was in the beginning, is now, and will be for ever. Amen.

The Invitatory
Open my lips, O Lord,
and my mouth shall proclaim
Your praise.

The Cruciforms
Guide us waking, O Lord,
and guard us sleeping;
that awake we may watch
with Christ, and asleep
we may rest in peace.

The Weeks
Jesus, lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer of the world, give us your peace.
The Bless the Lord

The Cross:
Blessed be the one, holy, and living God.
Glory to God for ever and ever. Amen.

The Invitatory
O God make speed to save me (us),
O Lord make haste to help me (us),
Glory to the Father, and to the Son, and to the Holy Spirit: As it was in the beginning, is now, and will be forever. Amen.

The Cruciforms
Behold now, bless the Lord, all you servants of the Lord. You that stand in the house of the Lord, lift up your hands in the holy place and bless the Lord.

The Weeks
I lift up my eyes to the hills;
From where is my help to come?
My help comes from the Lord,
The maker of heaven and earth.

The Come Lord Jesus Prayer

The Cross
"Blessing and glory and wisdom and thanksgiving and honor and power and might be to our God forever and ever! Amen."—Revelation 7:12

The invitatory
"God is our refuge and strength, a very present help in time of trouble."—Psalm 46:1

The Cruciforms
"Bless the Lord, O my soul, and all that is within me, bless God’s Holy Name."—Psalm 103:1

The Weeks
"Come Lord Jesus, draw us to yourself."—John 12:32
Rosary for Lent

The Cross:

For God alone, my soul waits in silence; from Him alone comes my salvation. He alone is my rock and salvation, my fortress; I shall never be shaken. Glory be to the Father, the Son, and the Holy Spirit. Amen

The Invitatory Bead:

He was despised and rejected of men; A man of sorrows, and acquainted with grief: He has borne our grief, and carried our sorrow. He was pierced for our transgressions, He was bruised for our iniquities: The punishment that brought us peace was upon him. And by his wounds we are healed. Amen.

The Cruciforms:

Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.

The Weeks:

We adore you, O Christ, and we bless you, for by your holy cross, you have redeemed the whole world.

Final Invitatory Bead:

Create in me a clean heart, O God, and renew a faithful spirit within me. Wash me and I will be whiter than snow. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me. Amen.