



# 187<sup>th</sup> Annual Convention of the Diocese of Kentucky

## More Than We Can Imagine!

Workshop Information  
November 7th, 2:00-4:30 pm

### Overall Workshop Schedule

**2:00-2:40 – Workshop Session #1**  
2:40-2:50 – Break and move to Session #2  
**2:50-3:30 – Workshop Session #2**  
3:30-3:40 – Break and move to Session #3  
**3:40-4:30 – Workshop Session #3**

### Workshop Session #1 – 2:00-2:40

#### **Disaster 101: Are You Ready?** – The Rev. Karl Lusk

During the course of this workshop the following topics will be discussed: (1) the life cycle of disasters, (2) how congregations can help their communities in disaster relief, (3) how your congregation can get started in the process offering assistance, (4) developing your congregational disaster plan, and (5) a review of our diocesan disaster team.

Location: Meeting Room 230

#### **Isn't Stewardship Just a "Churchy" Word for Fundraising Anyway?** - The Rev. Canon Jason Lewis

This workshop will explore the need for developing a robust theology of stewardship within the life of a congregation, as well as the spirituality of fundraising in the church. Stewardship is more than fundraising, but fundraising is certainly a part of our stewardship. Come, explore the dynamics of fundraising as a form of ministry.

Location: Meeting Room 231

#### **Pastoral Skills for Every Day** - The Rev. Whit Stodghill

In this workshop, participants will learn basic pastoral skills to equip them to visit the sick, talk to a friend who is grieving, and support someone who is struggling. Participants will learn how to "move toward the tension" with a hurting person, and offer an empathetic presence. Basic listening skills will be reviewed. Resources for further reading and study will be presented.

Location: East A

### Workshop Session #2 – 2:50-3:30

#### **General Convention Discussion** – The Rev. Canon Amy Real-Coultas

This workshop will hold a conversation about the upcoming General Convention, the Taskforce to Reimagine the Episcopal Church (TREC) and the Joint Nomination Committee for the Presiding Bishop.

Location: Meeting Room 230

**Instantaneous Release from Trama/Stress/Grief** - Dr. John Skaggs

Imagine being able to take the worst moment of any trauma/stress/grief and erasing that emotional reactive energy from your life and still being able to preserve the memory of that event. This workshop will present a PEAT process, the Spinner method- demonstrate its use, and guide the participants in administering Spinner to each other. Drawing on many different spiritual traditions as well as the concepts of quantum mechanics and energy psychology, this workshop will teach each participant one specific process which is highly adaptable to multiple situations so that you can minister to others with love and compassion.

Location: Meeting Room 231

**First Contact: The Importance of Parish Websites to Your Ministry** – Brian Funk-Kinnaman

The first time newcomers visit your church is no longer in your pews on Sunday; it's on the web. Creating and managing a successful parish website has never been more important to the core mission and ministry of a church. In this workshop we will cover how the look and content of a website can share your story, engage visitors, and influence attendance. We will also go over how to implement a website redesign and the tools available to help you do so.

Location: East A

**Workshop Session #3– 3:40-4:30**

**Keys to Connection** – The Rev. Canon Jason Lewis

Come explore key practices in the ongoing work of welcoming and incorporating new people into the life of your congregation. This workshop will take a look at essential qualities of congregations who are positioned to welcome new persons into their worship and ministry life, as well as the central needs of those newly coming into the church community.

Location: Meeting Room 230

**Dissolving the Fear of Dying (and other garden variety fears)** - Dr. John Skaggs

This is the second of two PEAT workshops (Primal Energy Activation and Transcendence) that can be attended with or without going to the previous Spinner workshop. In this workshop I will present the DP4 process for resolving conflicts and then explain how to use a specific variation to ease the fear of dying. Participants will learn the basic DP4 process, see it demonstrated, and then will practice the Transcendence variation dealing with the issue of death. Being able to offer Spinner or Transcendence to other people is a gift that can be shared endlessly.

Location: Meeting Room 231

**What Are We Called to Do and Are We Doing It? - Micah 6:8** – The Rev. Mary Abrams

Participants at this workshop will explore how we as individual parishes, as a division and as a diocese, are currently living into the Lord's requirements (Micah 6:8). The division of Peace and Justice wants to hear from you how we can serve you better. Come and be apart of this discussion to share your passions, your needs and your visions.

Location: East A