# DHARMA TEACHING . \_\_\_\_\_\_



## by Lama Karma Drodul

August 15 -17, 2014

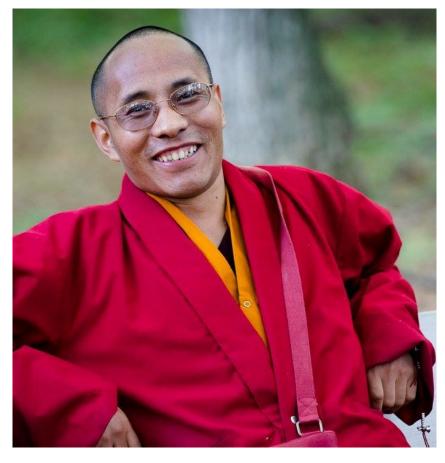
Santa Monica KTC & Los Angeles KTC are pleased to host Lama Karma Drodul for 3 days in LA

Lama Karma Drodul is Khenpo Karthar Rinpoche's principal attendant and assistant. He became a monk when he was nine years old and at twenty received both getsul (intermediate) and gelong (full) ordination from Khenchen Thrangu Rinpoche. Lama Karma excelled in all aspects of dharma study and completed his education in five years. In March 2004, Lama Karma completed his first and in February 2008 his second traditional three-year, three-month retreat under Khenpo Karthar Rinpoche at Karme Ling Retreat Center. He now is the Drubpon (retreat master) at Karme Ling.

#### Note each day is at a different location

Please RSVP in case there are changes Call Daniel 323-424-7894 SantaMonicaKTC@gmail.com

If you have any interest, please come, no one turned away for lack of funds.



#### Friday, August 15th 7:30pm - 9pm

#### **Public Talk and Refuge Vow: Buddha Nature and** becoming a Buddhist

The Church at 1220 2nd Street, Santa Monica. Parking in structures on 2nd Street Suggested donation: \$5

How to access our own Buddha Nature. Examine how we discover joy in our lives and carry it with us always.

#### Saturday, August 16th 10am - 12n, 2 - 4pm **Meditation Instruction**

5655 Bowesfield Street, LA 90016. Plenty of parking on Clyde Avenue. Suggested donation: \$20 each session

#### 10am - 12noon

Calm Abiding meditation instruction and practice. This is the core and essential meditation practice for all **Buddhists** 

#### 2pm - 4pm

Active Compassion meditation instruction, also called "Tong-Len". Lama Karma will give instructions in these 2 profound practices so you will be able to begin a successful meditation practice.

#### Sunday, August 17th 2 - 4pm

### **Practice of Compassion**

Co-sponsored by LA KTC Spirit Studio, 2601 Hyperion Avenue, LA 90027 (Enter at 3711 Evans Street. Behind Barbararella's) Suggested donation: \$20

Teachings on "Chenrezig", the Bodhisattva of Compassion are the essence of Tibetan Buddhism. Both simple and deeply profound, they reveal the heart of altruism that is every tendencies and cultivate an awareness of mind's true nature. The program will include meditation on compassion and mantra practice. It is suitable for both new and experienced meditators.