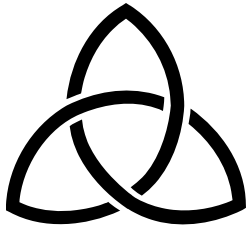


THE TRINITY HERALD



The mission of Trinity Church is to share
the joy of God's love with our community,
our brothers and sisters in Christ.



July 2009



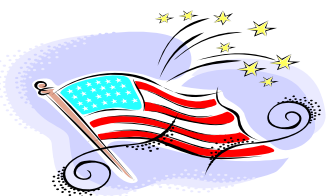
Birthdays

- 1 Olivia Gunn
- 2 Cecil Williamson
- 9 Betty McCants
- 9 Bankston Roberts
- 10 Benjiman H. Sherrod
- 11 John F. Rish
- 12 A. D. Baker
- 13 Gaston J. Lipscomb
- 13 William H. Traeger
- 14 Ollie McKinley
- 15 Rebecca Hall
- 18 Amanda Barnes
- 18 Dick H. Maxey
- 20 Mary Rutledge
- 20 Jay Wright
- 23 Emily Turner
- 24 Sarah Hallmark
- 24 Toni Rutledge
- 28 Katherine Grayson
- 28 Mary Lillian Roberts
- 29 Savannah Barkley
- 30 Victoria Barley

DAY	TIME	
Sunday	10:00 AM	Holy Eucharist (Church)
Wednesday	8:00 AM 5:30 PM	Food Pantry Holy Eucharist with Healing (Chapel)
Friday	7:00 AM	Rogers Breakfast & Bible Study (Parish Hall)

Brunch Schedule for July	
July 5th	Bird
July 12th	Cowling
July 19th	Attaway
July 26th	Lee

Happy 4th of July!



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FAITH, HOPE & LOVE

Before my oldest son was born, I worked for a company in Albertville. This required me to commute about 85 miles round trip from my home in Fort Payne. It was a longer ride than the distance would indicate – it usually took about 2 hours from my day. (When are you driving on 2 lane roads going up a mountain, it feels like an *eternity* when you're stuck behind a log truck, cement truck, chicken truck, etc.) I was always so relieved to arrive at my destination, which for a couple of years happened to be a gym. At a little before 7 AM every morning through the week, I would meet my best friend David so we could workout together. Some days we'd do cardio on the treadmill and others, we'd lift weights. We'd always push each other a good bit because we were both competitive. David hated doing exercises for legs and I always hated doing arms and shoulders. Still, it only took the smallest bit of "friendly verbal jousting" to get us started trying to outdo each other. We surely accomplished *far more together* than we ever would have done on our own. Indeed, after I moved away from Fort Payne to go to seminary, I'm sorry to say I have never been back to a gym. I just don't have the same motivation without my good friend being there to make the burdens lighter, even when they were actually getting heavier – if that makes any sense. Improving myself physically was important – and perhaps it should have been important enough in itself – but for me to get up before 6 AM, drive an hour to go workout, it took a relationship to make it happen.

Today, I want to encourage you to apply this very same concept in the realm of your own spiritual lives. I believe it is very helpful for everyone to have a *prayer partner*. Think of a prayer partner like the person you workout with; it's someone with whom you can "exercise your faith." It should be someone you feel comfortable enough with that you can share several aspects of what you believe – but not someone who is so much like you that they can't *stretch you* a bit. Seek out someone who can hold you accountable, motivate you, but still pat you on the back when you've done well. Then, be prepared to do the same in return. Working out your spiritual muscles is surprisingly like working out your physical muscles. The more you do it, the stronger you are bound to get. And if you have a partner to work along with you, it's only logical that you will be more likely to sustain your growth over a longer period of time. That's because the burdens of life will feel lighter, even when they may be getting heavier.

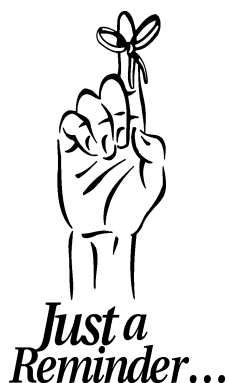
J.D.+

A WORD OF THANKS...

Dear Friends,

We did it! What a joyful celebration of 175 years of Trinity's ministry to the world. We have continued the legacy of our founders and expanded their vision to spread the good news not only to the community but also to the world. This event would not have happened but for each of you saying, "Yes" when asked to do whatever task needed to be done. This was not a one person show, but a community of people with a desire to work together to celebrate our past, present and future. If I were asked to describe Trinity and its members, I would have to use the words of Isaiah, "Here I am Lord, send me." I wish I were there to give each of you a hug and tell each of you a personal, "thank you", however I write this from Guam where I have returned the boys to their mother and spending every day learning Andrew's business.

Sincerely,
Cecil



UPCOMING EVENTS

Episcopal Church Women

Our next meeting will be held at the church in the parish hall.
Tuesday, July 14, 2009 at 5:30 P. M

Vestry Meeting

Tuesday, July 21st
5:30 P.M

SOUTHERN OAKS VISITATION DAY

Sunday, July 5th @ 3 P.M.

We will have bingo and ice cream for the residents.
Come join the fun!



Children's Pool Party

Sunday, July 12th, 11:30 – 1:00
Hot Dogs will be served for Lunch
Location to be Announced

SCHOOL SUPPLIES

Evelyn Maxey will be collecting school supplies for children at Westside Elementary School again this year. If you want to contribute to those who are in need, please bring various supplies to the church *no later than* August 9th. It will be here before you know it!

JULY SUNDAY WORSHIP SCHEDULE

DATE

ASSIGNMENT

10 A.M.

July 5	<p>LEM O.T. LECTOR PSALM N.T. LECTOR INTERCESSOR CRUCIFER/SERVER USHERS OBLATIONERS ACOLYTES</p>	<p>Bobby Kidd & Luke Hallmark Lynn Brasfield Bobby Kidd Stan Brasfield Bryan W. Compton Clay McVay Broughton Rogers & Joe Richie Sarah & Parker Hallmark Sarah McVay & James C. McVay</p>
July 12	<p>LEM O.T. LECTOR PSALM N.T. LECTOR INTERCESSOR CRUCIFER/SERVER USHERS OBLATIONERS ACOLYTES</p>	<p>Becky Cole & A.D. Baker Broughton Rogers A.D. Baker Carolyn Cowling Val Gifford Alex Wright Harris Nelson & Tommy Lee Ken & Linda Snow Sean Frankowski & William Barkley</p>
July 19	<p>LEM O.T. LECTOR PSALM N.T. LECTOR INTERCESSOR CRUCIFER/SERVER USHERS OBLATIONERS ACOLYTES</p>	<p>Amie Attaway & Bobby Kidd George Bley Bobby Kidd John Northcutt Polly Tarence Allen Bley Bill Barley & AG Westbrook Toni Rutledge & Amelia Traeger Joseph Barnes & Casey Cramer</p>
July 26	<p>LEM O.T. LECTOR PSALM N.T. LECTOR INTERCESSOR CRUCIFER/SERVER USHERS OBLATIONERS ACOLYTES</p>	<p>Luke Hallmark & A.D. Baker Frank Rutledge Luke Hallmark Lyle Cole Cecil Williamson Cecil Bedsole Mem Webb & Ken Snow Jeanne Crawford & Rebecca Marlowe William Barkley & Parker Hallmark</p>
		<p>*IF YOU ARE UNABLE TO SERVE, PLEASE FIND SOMEONE TO SERVE IN YOUR PLACE. THANK YOU!</p>

SUNDAY	MONDAY	TUESDAY	WEDNES- DAY	THURSDAY	FRIDAY	SATURDAY
<h1>JULY 2009</h1>			1 8am Food Pantry NO Healing Service Tonight	2	3 7 am James B. Rogers B'fast & Bible Study	4 
			5 10 a.m. Holy Eucharist 11.15 a.m. Brunch 3 p.m. Southern Oaks	6	7	8 8am Food Pantry 5:30pm Heal- ing Service
12 10 a.m. Holy Eucharist 11.15 a.m. Brunch 11:30-1PM Children's Pool Party!	13	14 5:30 pm ECW Meeting at Church	15 8am Food Pantry 5:30pm Heal- ing Service	16	17 7 am James B. Rogers B'fast & Bible Study	18
19 10 a.m. Holy Eucharist 11.15 a.m. Brunch	20	21 5:30 p.m. Vestry Meeting	22 8am Food Pantry 5:30pm Heal- ing Service	23	24 7 am James B. Rogers B'fast & Bible Study	25
26 10 a.m. Holy Eucharist 11.15 a.m. Brunch	27	28	29 8am Food Pantry 5:30pm Heal- ing Service	30	31 7 am James B. Rogers B'fast & Bible Study	