



# POOL SCHEDULE

## LAP POOL

### Monday-Friday:

**\*Pool closes at 7:30 p.m.**

4:30 a.m. - 8:30 a.m. - Lap Swim  
(3 lanes available)

8:30 a.m. - 2:30 p.m. - Lap Swim  
(5 lanes available)

2:30 p.m. - 7:30 p.m. - Lap Swim  
(2 lanes available)

### Saturday:

**\*Pool closes at 2:00 p.m.**

8:00 a.m. - 11:00 a.m. - Lap Swim  
(2 lanes available)

11:00 a.m. - 2:00 p.m. - Lap Swim  
(all lanes available)

### Sunday:

**Pool Closed**

**\*Lap Pool - swimmers can share a lane.  
Two swimmers per lane maximum.**

## WATER AEROBICS - LAP POOL

### Monday

6:00 - 6:45 a.m. | Power Waves | Liz  
9:30 - 10:30 a.m. | Power Waves | Denise

### Wednesday

6:00 - 6:45 a.m. | Power Waves | Liz  
9:30 - 10:30 a.m. | Power Waves | Denise

### Friday

6:00 - 6:45 a.m. | Power Waves | Denise  
9:30 - 10:30 a.m. | Power Waves | Denise

## FAMILY POOL

Lap Swim/Family Swim/Walking Pool

### Monday-Friday:

**\*Pool closes at 7:30 p.m.**

### Monday - Thursday

6:00 a.m. - 4:30 p.m.

6:30 p.m. - 7:30 p.m.

### Friday:

6:00 a.m. - 7:30 p.m.

### Saturday:

**\*Pool closes at 2:00 p.m.**

8:00 a.m. - 9:00 a.m.

11:00 a.m. - 2:00 p.m.

### Sunday:

**Pool Closed**

**\*Family/open swim is available**

**\*Walking circle exercise is limited to 30  
minutes if there is a wait.**

## WATER AEROBICS - FAMILY POOL

### Monday, Wednesday, and Friday

10:00 - 10:45 a.m. | Arthritis | Betty  
11:00 - 11:45 p.m. | Arthritis | Betty  
1:00 - 1:45 p.m. | Arthritis | Betty

**Please remember to bring your own pool  
accessories, including towel, as these are not  
currently provided.**