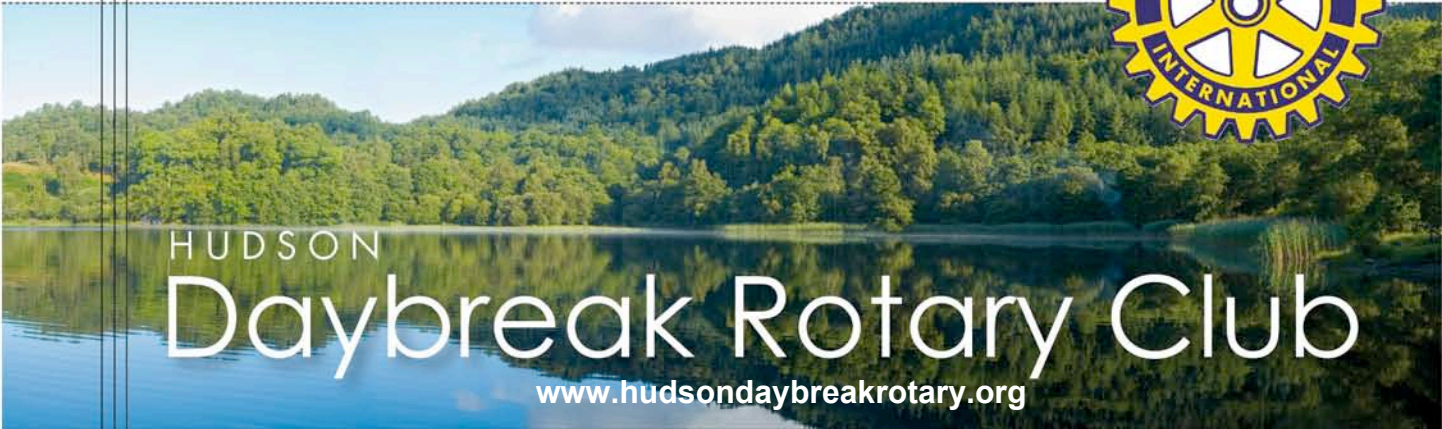


*"Enhancing Opportunities for Youth, Creating a Better Community for all"*



# HUDSON Daybreak Rotary Club

[www.hudsondaybreakrotary.org](http://www.hudsondaybreakrotary.org)

## Rotary speaker for July 28<sup>th</sup>, 2010: Peter Van Dusartz

Our speaker today was Peter Van Dusartz from *Programs for Change*, an outpatient treatment center for alcohol and other substance abuse. *Programs for Change* is located at 901 Dominion Drive in Hudson and is associated with the Hudson Hospital and Clinics, a HealthPartners Family of Care member.

Programs for Change offers the chance to assess the whole person and identify when alcohol or substance use has become a dependency. They offer compassionate and non-judgmental guidance to help people break free from their addictions and move toward living the life they've always intended. Their services include:

- Intake Assessment
- Intensive Outpatient Treatment Program
- Continuing Care Program
- Adolescent Insights Program

Referrals come from individuals asking for personal treatment, the community, AA, doctors, therapists company assistance programs, the court system and drivers safety.

## ANDREW TERWILLIGERS GREETERS

JULY 7  
Herb Till & Len Johnson

JULY 14  
Ed Lucas & Joe Kroll

JULY 21  
Yvonne Larsen & Todd Gillingham

JULY 28  
Chuck Roberts

AUGUST 4  
John Marnell & Dean Knudson

## INVOCATIONS

JULY 7 – Rich Richardson

JULY 14 – Chuck Roberts

JULY 28 – Mark Gherty

## THE FOUR-WAY TEST

- Is it the truth?
- Is it fair?
- Will it build goodwill and better friendship?
- Will it be beneficial to all concerned?

FOLLOW US ON:



### TYPICAL EXPERIENCE

Most people start off by denying they even have a problem. However, through the program the patients begin to realize change is needed. 97.6% of the patients who complete the program would recommend it to others.

Peter continued by stating that sharing through group experiences is a highly effective way to get better. Drug addiction becomes a very isolating disease. Once patients connect with others going through the same thing, they develop a support group that helps them overcome the illness.

### Comment

Casual drinkers consume one drink in 30 days, Heavy drinking for men is two drinks per day and for women, one drink per day. Binge drinking is five drinks or more in one day. Wisconsin ranks number one in all 50 states. St. Croix County ranks 27<sup>th</sup>, or in the top ten of the 72 counties in Wisconsin. The majority of patients the clinic treats are addicted to alcohol and prescription drugs.

### Other Resources

- St. Croix County Human Services
- Pierce County Human Services
- Burkwood in Burkhardt, WI
- Kinnic Falls in River Falls
- Alano Clubs in Hudson, New Richmond and River Falls



Peter Van Dusartz of Programs for Change Speaks to the Hudson Daybreak Rotary