

E.M. Heath Supermarket

Deli Lunch Menu

12C Main St, Center Harbor, NH 03326

July 9th thru July 13th

MONDAY: Lunch ~ Chicken & Biscuits, BBQ Meatballs, Sweet Italian Sausage Sub

TUESDAY: Lunch ~ South of the Border Lasagna, Build Your Own Taco Bar,
Pulled BBQ Chicken Wrap

WEDNESDAY: Lunch ~ Bacon Onion Quiche, Caesar Chicken Wrap, Hush Puppies

THURSDAY: Lunch ~ Beef Stir Fry, Vegetable Fried Rice, Shrimp Egg Roll,
Teriyaki Chicken Wrap

FRIDAY: Lunch ~ Salisbury Steak & Gravy, Mashed Potatoes, Buttered Corn,
Smokey Chicken Wrap

Menu subject to change without notice

Every Thursday features Fried Haddock Dinners from 3pm to 6pm.

Every Friday is Pizza Rama from 11:00 am to 6:30pm. Your choice of 13
different toppings on 12" white crust or 16" white or wheat crusts.

Available Everyday-

Rotisserie Chicken, Chicken Tenders, BBQ Chicken Tenders, Chicken Wings,
Cheese Burgers, Steamed Hot Dogs and our own Chili.

Soup and Chili - Small \$2.49, Medium \$3.49, and Large \$6.99

READY TO GO—Salads, sandwiches and wraps

Call and ask for the Deli at 253-4312

Fresh Salad Bar Daily

Fresh Breakfast Sandwiches Daily