

Share your creativity with the world

LESSON 1

What is creativity?

Have you ever thought of a way to make something better or thought of a way to solve a problem that no one else has thought of? Have you ever written a poem or song to express how you feel? If you could be a teacher for a day, do you know what you would do to make your classes more exciting for you and your friends? If you answered yes to any of these questions, you are a creative person!

Creativity is the tendency to generate or recognize ideas, alternatives, or possibilities that may be useful in solving problems, communicating with others, and entertaining ourselves and others.

Did you know you are a creative person? We are all creative and we all show our creativity in different ways. You do not have to be able to sing or draw a picture to be creative; you just need to use your imagination and find inspiration in the world around you.

CREATIVITY IS:

- A skill that everyone has
- Used every day
- Essential to have in the 21st century
- The process of having an original thought or idea that can be put into action



CREATIVITY IS NOT:

- Something only a few people have
- Just for the “arts” such as drawing, writing, or singing



activities:

- 1.) Think about your day from the time you wake up to the time you go to bed. Create a list of ways you are creative during the day, keeping in mind that creativity can be as simple as having a new idea or looking at something in a new way. When you have completed your list, talk with your classmates about the ways you are creative. Do you think you are a creative person? Why or why not? Has your understanding of creativity changed?
- 2.) As a class, think of one thing in your school or community that you would like to change. Individually, describe why the change you propose is important to the creative health of your school or community. Use any art form you choose to craft your message.
- 3.) Research how others define creativity. After you have collected three different definitions, choose your favorite and in a short paragraph defend your choice.