



"Afternoon WakeUp Call" by Liz Wiltzen www.mountainartist.com

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A Season to Remember

by Rob Rohn

It really was a magical winter. Although we had a lean start to the season, it started snowing in December and never seemed to quit. The skiing was consistently excellent, day after day, reminding all of us why we became guides!

A cycle of very large avalanches in January made the headlines, but from our perspective it was a situation that was relatively easy to manage. The problem (a buried November rain crust) was generally only of concern on big, steep alpine faces, and the run-outs from those places.

The solution – stick to the terrain at treeline and below where the skiing was best anyway. The continuous cold snowfall meant that relatively few problematic layers had a chance to develop in the mid-pack, and none that persisted for any length of time. It was a guide's (and heli-skier's) dream!

Unfortunately with big snows come big tree wells. We had two serious accidents in the trees, one resulting in the death of a young employee from the Regent Inn who had joined us for an afternoon of riding. Our hearts go out to the family and friends of Evan Donald. It was a sobering event and a reminder of how important all the training we do with you is, and why all the safety procedures we have in place are so necessary.

I didn't have the opportunity to enjoy as much of the season's great skiing, or to meet as many of you in the areas as I would have liked. However, I did have the profound experience of spending time with two people who were immensely important to me during the final days of their lives.

The first was Thierry Cardon, one of our most senior guides, a wonderful friend and a mentor to all of us, who I wrote about in our January Newsletter. The other was my mother.

During the course of the winter I spent a lot of time in Toronto at her bedside, cherishing every moment we had together. Our favorite pastime during those days was to go through the numerous photo albums my parents had so painstakingly assembled from the earliest days onward. There were so many fantastic memories of family vacations and special times together. It was inspiring to relive them with her.

The experience was a compelling reminder that the real highlights of our lives aren't often great meetings or incredible conference calls. They're those rare moments when we're able to live our lives as we truly dream them to be.



A season of face shots! Gothics by Tophier Donahue

And those special memories are rarely empty landscapes. They're usually filled with the family and friends we're so fortunate to share our passions and our life experiences with.

I believe that our mission at CMH is to help you discover those extraordinary and memorable moments. Our hope is that when you look back on your year, and ultimately your life, some of the photos in your album will be of times spent with us, of breathtaking vistas from a mountain peak, effortless descents in untracked powder or hikes to the crest of a high alpine ridge, and the unique camaraderie that develops back at the lodge, between friends old and new, who have just shared an amazing day in the mountains together.

Our sincere thanks to all of you who skied or shared a summer adventure with us this year, or in seasons past. We're looking forward to hiking and climbing with you in the months ahead, and next winter will be here before you know it!

With very best wishes,

Rob

CMH Heli-Skiing Launches



by Marty von Neudegg

Most folks will tell you that the greatest time of their life was at University. We're sure they are right about that. After all, what could be more fun than your first days of freedom wrapped up in a party but disguised as a learning opportunity? Not much... except for the best new university on the planet, which has all of that and more!

Welcome to:

POWDER UNIVERSITY @ CMH

Dean: Roko Koell, UIAGM, Professor of Powder

Powder U @ CMH is open for class starting the winter of 2011-2012. The curriculum includes the courses skiers could only dream of (and probably did) in academia:

Powder 101 - The Intro

(Formerly known as Powder Intro). These trips will advance you from your home ski area into a complete, comfortable powder and wilderness skier. If you have ever had any apprehension about Heli-Skiing, from wondering if you are good enough, to how to prepare yourself for the trip, this is the course for you. Each Powder 101 trip includes 10 skiers and 2 guides to allow skiers to maximize instruction time and quickly advance into the type of deep snow skier you have always wanted to be.

The only pre-requisite is that you are a strong intermediate skier on hard pack snow.

Powder 505 - The Steeps

This course is designed for skiers and snowboarders looking for a challenge on seriously steep terrain. The trip runs in late April in the Caribos when snow conditions are most stable and days are longer, offering better access to challenging terrain.

Prerequisite: You must be a strong, confident skier or rider - comfortable on double black diamond runs at resorts like Whistler and Jackson Hole and able to cope with tighter terrain (i.e. couloirs).

Seeking the most challenging terrain available on any given day, we offer expert coaching, finding lines that allow you to

develop your skills without compromising your safety. Part of this program will be working with our guides to know when it is appropriate to ski the steep lines and when it is not. Our guides will be very clear on the stability and hazard on any given day, so you will need to be ready to ski terrain that may be less radical, but suitable for the conditions. Part of being a good steep skier is knowing when you can be more aggressive and knowing when you need to back off.

The weeks are limited to 9 skiers/riders (which will be split into 2 groups), with 3 guides and a Bell 407 helicopter.

Powder 707 - The Masters

Powder 707 has been designed under the expert direction of Roko Koell to keep our guests on the slopes for as long as the spirit is willing. We know that your passion for Heli-Skiing does not fade, even as your knees, backs and other bio-mechanical hot-spots show signs of wear. Powder 707 - The Masters emphasizes quality over quantity of skiing. Two guides and a maximum of ten guests per group ensure a high level of personal attention. Powder 707 weeks will be offered throughout the season.

Prerequisite: A willing mind, even if the body is less so.

Med School

OK, so you have already been to another University and been granted an M.D. or a D.D.S. We admire those credentials too!

Of course you need CME credits and we have seven first-class medical symposia on offer throughout the 2011-2012 season. These programs are open to all health care providers, or other professionals with an interest in health-related issues. These symposia are very popular and they attract professionals from around the globe. To find the specific dates and content of these courses, please see the CMH web site or contact CMH Reservations for more information.

We will be adding more courses to Powder University in the months ahead. If you would like to know more about Powder U please visit www.cmhski.com/powder-U.



Epic Photo of the Season

Tyler and Andy Having Fun in the Pillows on the Warren Miller shoot, CMH Monashees. By Alex O'Brien.

2012/2013 Heli-Ski Reservations

We will begin taking bookings for the 2012/2013 Heli-Ski season starting at 8:30 a.m. MST on **Thursday, November 17, 2011.**

Call CMH Reservations at **1.800.661.0252.**



CMH 2012 Special Programs

	Small Groups	3, 4 & 5 Day Trips	3x11 Group	Private	Nomads	Pay as You Play	Med School	Powder 101 The Intro	
Adamants	◆	◆					◆		
Bobbie Burns		◆	◆						
Bugaboos		◆					◆	◆	
Cariboos		◆						◆	
Galena		◆					◆		
Gothics		◆	◆		◆	◆	◆		
Kootenay	◆	◆	◆	◆	◆				
McBride				◆					
Monashees	◆	◆	◆	◆			◆		
Revelstoke		◆		◆					
Valemount		◆		◆					

Small Group: Small group Heli-Skiing consists of three groups of five skiers plus a guide supported by a Bell 407 six-passenger helicopter. These trips offer supreme flexibility and the right pace for any group.

3, 4 & 5 Day Trips: Great on the wallet, perfect for those with time restraints! CMH offers multiple shorter trip options. Available at several areas, many of these short trips are combined with other specialty trips.

Private: Some say a private week with CMH is the ultimate ski experience. Private groups have exclusive use of a helicopter and two guides, as well as tremendous flexibility in choosing their pace and the amount of skiing they want to do.

Nomads: Only at CMH can you ski through multiple CMH Heli-Skiing areas and travel through seldom skied terrain in different mountain ranges... all on the same trip. Experience freedom, exploration, exhilaration, fun and the original spirit of Heli-Skiing with experienced CMH guides from each area.

Pay as You Play: We can't control the conditions for any given week, so we offer our Pay As You Play program. This trip allows you to pay only for what YOU choose to ski - as much or as little as you want, and as conditions permit. Your initial cost covers accommodation, meals and services. You are only charged based on how much you ski.

Med School: For over three decades CMH has been offering Medical Symposia at our lodges. Over the years, these CME credit trips have attracted medical professionals from around the globe. The evening sessions, which provide the latest information in a variety of specialties, are held in relaxed, informal settings and are open to all health care providers. For details contact CMH Reservations.

Powder 101 - The Intro: We recommend Powder 101 for skiers ready to make the transition into off-piste skiing as quickly as possible. It does not matter if you have never skied in powder before. We'll get you there...fast! Powder 101 groups comprise ten skiers who work with two specially-trained guides, allowing for practical instruction, quick improvement and big fun.

Next Generation: New for 2012, CMH's Next Generation Heli-Skiing trip is all about up and coming Heli-Skiing enthusiasts. Mark it on your calendar because your kids will have it on theirs! These weeks are open to any skier but if you have someone between the ages of 12-25 who wants to join you on your trip, they ski for 1/2 price for 1/2 of the guaranteed vertical.

Powder 707 - The Masters: Designed for skiers whose minds are a bit more willing than their bodies. It emphasizes quality over quantity of skiing. Two guides and a maximum of ten guests per group ensure a high level of personal attention. Powder Masters weeks are offered throughout the season.

	Next Generation	Powder 707 - The Masters	Ski Touring	Ski Fusion	K2 Demo	Powder 505 - The Steeps	Family Trip	Nostalgia Week	Signature Heli-Skiing
	◆		◆						
	◆	◆	◆				◆	◆	◆
		◆		◆		◆	◆		◆
							◆		◆
					◆				
									◆
									◆

Ski Touring: Helicopter access to prime ski touring terrain eliminates the need for long valley slogs so you can concentrate on skiing. Ten touring guests will share the lodge with our Heli-Skiers. Each day touring guests and 2 guides catch the first helicopter flight of the day for an exhilarating downhill to start. After a full day of touring, fly back to all the amenities and camaraderie awaiting at the lodge. These are the finest ski-touring trips anywhere on the planet!

Ski Fusion: CMH's Ski Fusion trips are 7 days in duration. Four days will be spent Heli-Skiing and 3 days Heli-Assisted Ski Touring. The group will be limited to 10 guests and 2 guides sharing the lodge with our Heli-Ski guests. Your guides will assess weather and ski conditions daily to decide which days will be ski touring and which days will be Heli-Skiing.

K2 Demo: "Epic." "The most fun ever." "Life Changing." These are few of the quotes we have heard from guests following an incredible week of skiing in the Monashees during the 2011 K2 Demo Week. For 2012 we are going to switch it up a bit. The K2 Demo Days will take place at CMH Kootenay in March 2012. There will be two, 3-day sessions offered. As always, guests on these trips get to test a variety of unreleased K2 test skis. K2 designers will be on-hand, and will take your feedback to K2 Headquarters to fine-tune the skis... AND... you get a free pair of skis as a thanks for your input.

Powder 505 - The Steeps: Our Steep Skiing Week is designed for skiers and snowboarders looking for a challenge on seriously steep terrain. The trip runs late April in the Cariboo's when snow conditions are most stable and days are longer, offering better access to challenging terrain. Seeking the most challenging terrain available on any given day, we offer expert coaching, finding lines that allow you to develop your skills without compromising your safety. The weeks are limited to 9 skiers/riders (which will be split into 2 groups), with 3 guides and a Bell 407 helicopter.

Family Trips: Our Family Trips are designed for families with 12- to 17-year old skiing kids. Younger children who won't be skiing are welcome, but you'll have to provide childcare (we offer a non-skier rate). Families begin the day skiing together, but kids can return to the lodge when they tire to participate in various fun, supervised indoor and outdoor activities. On our Christmas Family Trip, families share time around a beautiful tree with gifts for everyone in the lodge.

Nostalgia Week: A CMH Tradition! This trip is open to all levels of skiers. Join in for great stories, hearty laughs, a few inside jokes and of course unparalleled spring skiing. This special week is hosted by long time guides and managers.

CMH Million Foot Awards

2010/2011 Season



With the amazing ski conditions this season, all 11 CMH Heli-Skiing areas saw lots of guests cross their Million Foot milestones. Some of them even crossed twice in this season, setting a new record for 21 million vertical feet skied with CMH. Thank you to all the skiers who continue to make CMH Heli-Skiing part of their winter routine.

One Million Feet

Adair, Dennis T.
Aebi, Roman
Arechavala Cantera, Javier
Balfé, Michael (Mike)
Barbini, Luca
Behnke, John
Belz, Gabriele
Berger, Christa
Blankenship, Robert (Bob)
Brant, Robert H. (Bob)
Cabot, Edmund B. (Ned)
Campi, Daniel A. (Dan)
Carey, Anthony (Tony)
Castle, Tom
Cawood, John
Coleman, Charles P. III (Chase)
Collison, Kevin
Coucoules, J. Steve
Cox, Bryan
Cubells, Jean-Louis
Currie, Michele (Misha)
Danielsen, Barry (Gomaz)
Dann, Erin O.
Davey, Timothy (Tim)
Davis, Roger Andrew
Del Pino, Ignacio
Delaye, Eric
Deleuse-Mandy, Marie
Dominique
Delponte, Reggie D. (Reg)
Dinnick, Peter
Donahue, Topher
Downing, David N.
Eberli, Bruno
Eiselt, Roland
Engleby, Robert (Bob)
Eulich, John S.
Faixat, Alex
Follick, Doug

Frank, Reinhold
Franz, Angelika
Frei, William
Garcia Fernandez, Jesus
Gentzbourger, Marc
Gizienski, Terri-Ann
Goeres, Robert
Gomis Pinto, Enrique
Graetz, Robin
Greves, Ian
Haasis, Klaus
Halar, Eugene
Helliwell, Bo
Holstein, Edward S. (Ed)
Holway, Jeff
Hunter, James D. (Jim)
Hunziker, Dominik
Jabre, Zahia
Kellner, Petr
Kesselring, Franz
King, Denise
King, Wallace (Wal)
Kout, Edgar
Lander, Terry
Landsiedl, Franz
Laplante, Richard
Larned, Elizabeth (Liz)
Lazarus, Maree
Lazarus, Wayne
Lechner, Anton
MacLean, Duncan A.
Manz, Dieter
Marty, Francois
Mielke, Earl L.
Milano, Constantino (Gus)
Millant, Patrick
Moesli, Stefan
Monahan, Robert D. (Bob)
Monnier, Aurelien
Monson, Kristen

Muller, Pete
Muller, Stephane
Naegeli-Neff, Margrit
Nobmann, Lee
Ollagnon, Christophe
Omata, Junko
Ortelli, Philippe
Perrelli, Christian
Peters, Alan
Philipps, Greg
Plovanic, Gary G.
Plovanic, Prudence S.
Prosceno, Tom
Rea, Alan
Ricard, Pauline
Robinet, Jean-Claude
Roe, Peter
Roveda, Arrigo
Rowars, Ron
Schiel, Ernst
Schmidt, Ute
Schwaiger, Martin
Shane, Roger
Skogsborg, Carl
Slaughter, Frank
Spence, Elizabeth
Stafsing, Magnus
Steinbrecher, Mary
Strambio De Castillia, Luca
Struhar, Peter
Sundsbo, Solve-Tomter
Sutter, Mike
Thomas, Jennifer
Thomas, Jeremy
Tobler, Bruno
Todd, Gary H.
Tolman, Gary
Ulewicz, Tom Jr.
Unterman, Rony
Vaughn, Fallon B.

Vernazza, Christian
Von Stempel, Susanne
Walker, Boyd
Walters, Marc
Watson, Stephen M. (Steve)
Weber, Urs
Weyer, Gerald
Wimmer, Hans Peter
Wurlod, Daniel
Zauner, Christa
Zauner, Manfred

Two Million Feet

Abousleiman, Marie-Christine
Baker, John L.
Bisset, Edward
Brooksbank, Tessa
Camiso, Tony
Carter, Marian
Connors, Kevin
Cook, Clint
Custer, Phillip E. (Phil)
Delorme, Catherine
Disney, Lew
Dorrance, Bennett
Dupont, Manuela
Dupuis, Christopher (Chris)
Follett, Matthew N. (Matt)
Frank, Walter
Gorton, Steve
Graf, Albert
Green, Kenneth L. (Ken)
Gross, David
Henley, John
Herrero, Dale B. (Duke)
Hinds, Jan
Houle, Andre
Jacobs, Mike J.
Johnson, Christopher W.
Jones, Evan
Kassel, David M.



A perfect day! Gothics. By Topher Donahue

Kinsley, Robert A. Jr. (Rob)
 Krieger, Sonja
 Loeb, Donald E.
 Maerzendorfer, Eva
 Martin, Michael J.
 Mayerbrugger, Josef
 Monnickendam, Gary
 Prowse, Warwick (Rick)
 Record, Eugene E. (Gene)
 Reldan, Jane Roberta (Jane)
 Rizzi, O. Frank
 Robison, Shane
 Rode, Bernd
 Roemmich, Harvey
 Ryf, Claire-Lyse
 Schaetzle, Bernd
 Schmidt, Stefan
 Sevin, Philippe
 Stinehart, Richard (Rick)
 Tremblay, Gene
 Tschudi, Otto V.
 Wencilblat Deas, Diego
 Wieninger, Stefan
 Wiley, Christopher W.

Three Million Feet

Almklov, Roger L.
 Bartusch, Nancy J.
 Bruce, Andy
 Burgess, Charles L. (Chuck)
 Dalley, Bobbie
 Dollar, Steve

Felton, Rusty
 Foote, Peter S.
 Friedberg, Steve
 Golemb, Christine
 Hauser, Marc
 Honda, Shigeki
 Hood, Jerry
 Howar, John
 Hughes, Carol (Rusty)
 Keller, Barbara
 Koehn, Juergen
 Mandell, William
 Meauxsoone, Gerard
 Miller, Warren E.
 Muther, Richard S. (Dick)
 Nichols, Brad
 Palmer, Stephen
 Pollack, Jason
 Puerner, Elizabeth (Liz)
 Smith, Mike J.
 Soucheray, Diane
 Toker, Guclu
 Utter, Harry W.
 Weiss, Gerald A. (Gerry)
 Weston, John

Four Million Feet

Barnes, Glenn
 Flynn, James A. (Jim)
 Gomez de Baeza, Pedro A.
 (Perico)
 Howe, William O. (Bill)

Koizumi, Hajime
 Mitchell, Jim F.
 Phelps, Dennis A.
 Piper, Shirley
 Prevost, Kenny
 Whitman, Sheila

Five Million Feet

Bukowinski, Andres
 Calvert, Robert (Bob)
 Carel, Tony
 Keller Dubach, Anne
 Puerner, John
 Shacklock, Tim
 Taft, David A.
 Whitfield, Benjamin (Ben)

Six Million Feet

Ferguson, Arthur (Boots)
 Gamazo, German
 Jaqua, James B. (Jim)
 Piper, Paul Jr
 Segal, Arthur I.
 Strawbridge, Nina
 Takashima, Hideaki
 Takashima, Junko
 Thomas, Richard S.

Seven Million Feet

Emsley, Zubin
 Forte, Orville (Reb)
 Honeyman, R. Stewart

Hummel, David M. Jr.
 Johnson, Jack

Eight Million Feet

Epstein, Larry
 Thomas, Jean

Ten Million Feet

Laigneau, Eric
 Laigneau, Patricia

Eleven Million Feet

Mintz, Alan
 Schapiro, Marc
 Thompson, David M.

Twelve Million Feet

Alexander, John

Thirteen Million Feet

Dedet, Ary

Fourteen Million Feet

Bonar, Jack
 Wollet, Werner

Fifteen Million Feet

Epstein, Andrew (Andy)
 Ostberg, Roy

Twenty Million Feet

Leibowitz, Todd

Twenty One Million Feet

Leibowitz, Todd

Guests Test Out K2 Skis and Give Feedback to Rock Next Season

"On the very first day, every pair of skis over 128mm underfoot was being tested. Every evening we would take down guest reactions and then set them up with a new ski for the next morning."

by Mike Gutt of K2 Skis

It's hard to believe an entire year has come and gone since the first K2 Test Week with CMH. We walked away from that trip - the remarkable group of guests, staff and snow conditions - with feedback to fuel the creation of an entirely new powder ski. We were also left with the feeling we had just experienced something totally unique - truly a once in a lifetime experience with CMH. They say lightning never strikes the same place twice, yet as shocking as it seems, lightning struck at the Monashees Lodge again in 2011, creating an unforgettable second annual K2 Test Week.

We loaded up the truck at K2's global headquarters in Seattle, Washington with 38 pairs of 2012/13 test skis and two prototype snowboards and made our journey up to the CMH Monashees Lodge. We were heading out in the midst of a La Nina storm cycle that had been pounding the northwest for over a week, dumping foot upon foot of snow in early March. Needless to say, the crew from K2 was excited after closely monitoring the weather and getting updates on the fresh snowfall and stable avalanche forecasts. But excitement levels peaked for everyone at the sight of 15-foot tall snow banks on both sides of the road as we headed into Revelstoke, B.C.

We showed up at the lodge and met the guests, staff and K2 athletes who had arrived just before us. This year K2 and CMH added an extra element to the test week by conducting a Warren Miller shoot at the same time. K2 brought in Andy Mahre - son of decorated US Olympian Steve Mahre - and Tyler Ceccanti, an up-and-coming pro from the Pacific Northwest. While the Warren Miller crew was out filming their movie segment, the rest of us were testing new powder skis with the CMH guests and staff.

Our goal was to get as much feedback, on as many pairs of skis as we could. We brought skis of various waist widths (from 102 to 132mm) and different sizes (from 159cm to 189cm) that contained differing amounts of Rocker. In 2010, it took the guests three days to be convinced to even look at, let alone ski, anything over 105mm underfoot. What a difference a year makes. On the very first day, every pair of skis over 128mm underfoot was being tested. Every evening we would take down guest reactions and then set them up with a new ski for the next morning.

During those seven days we tested powder skis in the most ideal snow conditions for which they were designed: knee to waist-deep powder. Every day we found fresh snow blanketing some of the most amazing pillow lines any of us had ever seen, let alone skied. We gathered feedback from a broad range of



Watch for the Yeti in the Warren Miller film this fall! By Fred Huser

skiers and walked away with more data than we ever could have asked for.

The 2011/12 Pon2oon, a ski that was developed during the 2010 test week, once again rose to the top of the pack as a pure performance powder ski, with more confidence and stability than the original Pontoon. Right alongside was the SideStash model - the most decorated ski in the 2010/11 magazine ski tests - which again proved to be the most versatile, high performance and wider-waisted ski for those who seek the feel of a traditional ski, rather than something as surfy as the Pontoon.

Based on the positive feedback from the tests, both of these skis will be added to the CMH fleet for the 2011/12 Season.

Thanks for helping us develop skis that make skiing easier and more fun for everyone. See you in Kootenay in 2012!

Your Friends at K2

Skyladder Via Ferrata: Bugaboo Via Ferrata Christened

by Topher Donahue

There is something inherently challenging about naming a climb. It's a bit like naming a boat - the boat needs to reveal a bit of its personality before it gets an official title. To sailors and climbers, christening a climb or boat prematurely just doesn't feel right, and if you're the superstitious sort, you may even believe this could bring downright bad luck.

At first, a name for the newest CMH Summer Adventure - a Via Ferrata built by the Bugaboo guides - was elusive. We referred to it simply as, Bugaboos Via Ferrata, yet technically it isn't in the Bugaboos. We then started calling it Trundle Ridge, in honour of the name of the angular rock formation where the sky ladder is installed, but that wasn't quite right either as the route climbs a glassy-smooth, near-vertical face, rather than a ridge.

This winter, the guides finally had time to ponder the personality behind their new Via Ferrata and to give it an official name. The Skyladder Via Ferrata was christened.

When I first learned the new name, I looked back through my photos from last summer and realized Skyladder fits perfectly. It is indeed a ladder in the sky.



At the top of the near-vertical climb, guests are rewarded with spectacular views towards the Bugaboo Spires. By Topher Donahue

Committing to Sustainability

by Dave Butler

I'm just back from a visit to Costa Rica. Amidst the beaches, wildlife and diverse landscapes that were a dramatic contrast to this winter's amazing skiing here at CMH, I was impressed with, and inspired by Costa Rica's commitment to sustainability. I saw this at both the national level and in individual towns and businesses and it got me thinking about what commitment really means.

The dictionary definition of commitment combines two key elements: responsibility and loyalty. At CMH, we've accepted a responsibility for, and have been devoted to, fiscal, community and environmental sustainability since Hans Gmoser started our business nearly 50 years ago.

In Costa Rica, I saw successful tourism businesses built from the ground up with a focus on sustainability. Key sustainability principles are woven into their planning, construction and operations, to create businesses with a very high experience to footprint ratio. I also visited tourism operations that didn't start out with sustainability as top of mind, yet they are now working very hard to incorporate community and environmental stewardship into as much of their business as they possibly can, while at the same time remaining strong and profitable.

I saw both kinds of businesses working hard to continually improve. And that is one of the key pieces in our journey toward sustainability at CMH: no matter how much we've done, there is always more to do.

One of the new approaches we're taking is engaging a small team of internal thinkers, leaders and influencers to critically consider:

- how we stack up against other businesses which lead in sustainability;
- how we can be more efficient and effective in our sustainability efforts;
- the business cases for taking action; and
- how to best monitor our results over time.

Known as our Sustainability Advisory Group, this small staff team will take us to a deeper level of commitment to fiscal, community and environmental stewardship.

If you have any questions or ideas for us, please contact me directly. For some of you who have expertise or interest in sustainability, you may be hearing from us as we seek out new perspectives on how we can continue to improve. It's a journey we believe is worth taking.

Hiking Guests Get the Inside Scoop: The 2011 CMH Speakers Series



Natural wonders await you on a CMH Summer Adventure. By Topher Donahue

by Sarah Pearson

Want to know what makes a popular, yet contentious journalist tick? Would you like to be enthralled and amused by an anthropologist's adventures? Want to learn about the challenges of polar expeditions or what it's like to hike alongside a grizzly bear expert? Look no further. This year, CMH Summer Adventures has a great line-up of guest speakers joining several of our trips.

Brian Keating | July 8 - 12 at Bobbie Burns

Join anthropologist, naturalist and world traveller Brian Keating in the Bobbie Burns from July 8 - 12 for a four-night escape. Having led some 80 expeditions to remote locations around the world, Brian will entertain guests with presentations on his adventures, such as Penguins in Paradise, Madagascar Magic and Animal-Assisted Mountain Adventure. And you'll learn why Reader's Digest selected Brian as its 2006 "Canadian Hero of the Year" for his global environmental efforts.

Christie Blatchford | July 27 - 30 at Bobbie Burns

Christie Blatchford of the Globe and Mail is one of Canada's best-read columnists. Known for her fearless approach to controversial subjects, she will join the adventure at the Bobbie Burns, July 27 - 30. Christie will talk about how journalism has

changed throughout her career and will address the topic of, What Journalism Says About Us. Get ready for a great debate.

Michael Proctor | August 2 - 5 at Bobbie Burns Lodge

From August 2 - 5, Bobbie Burns Lodge guests will have the chance to connect with grizzly bear expert Michael Proctor. As you hike together, he will share his insight on these fascinating and mysterious animals. One evening, Dr. Proctor, who specializes in the grizzly bears of Western Canada's Kootenay region, will lead an engaging discussion on his recent research and work to protect grizzly bear habitat. Presented in partnership with Nature Conservancy Canada (NCC).

Eric Larsen | August 23 - 26 at Bugaboo Lodge

Polar adventurer Eric Larsen headlines the final trip of this speaker's series with a three-day heli-hiking adventure from the Bugaboo Lodge, August 23 - 26. Guests will have the chance to chat with Eric about his polar expeditions, his passion for snow and commitment to the environment. His multi-media presentation, "Into the Heart of Cold", details his 2010 accomplishment of journeying to both the North and South Poles as well as summiting Mt. Everest - all within one year. It will leave you speechless.

Guide Ernst Buehler Achieves 40 year Milestone

by Connie MacDonald



This year marks Ernst Buehler's 40th season as a CMH guide. Originally from Switzerland, Ernst came to Canada in 1969 and became friends with our founder, Hans Gmoser.

Known for his patience, modesty and quirky wit, Ernst has been a mentor to many guides.

"Ernst would let you make your own learning happen, without much to say, but when he said something about a ski line, a slope or where an avalanche could occur, you always listened. If he said something it was important," says Dave Cochrane, Area Manager at the Bugaboos. "He showed everyone that a calm and steady, predictable way of doing things still created a fun and safe time in the mountains and that it was not necessary to put your ego in front of you to have a good time.

"Ernie loves guiding and did not let anything distract him from the simple and basic pleasures of being in the mountains and guiding safely. I think this is the biggest lesson that I ever learned from Ernie."

In addition to his talents as a guide, Ernst has always been a wonderful host according to Rob Rohn, Director of Mountain Operations.

"He helped define the unique mountain hospitality that is such an important part of the CMH experience," says Rohn. "Watching him make the rounds of the dining room after dinner, checking in with each guest to see how they're doing and share a joke or an experience from the day's adventures has always been so inspiring for me. He has the gift of making everyone feel welcome and part of the family".

John Mellis, Area Manager at the Caribooos and long-time pal and co-worker, describes Ernie as a man of few words whose actions and leadership in the mountains speak volumes. "One just has to watch to learn. Ernie has been a major influence on me as a guide. His calm demeanor and unbelievable gut feel for the mountains and snowpack have always been impressive."

"Ernst and I managed to achieve something that many businesses would call impossible. When Ernie decided to step down as Area Manager at the Caribooos, choosing to guide instead, I was able to step into his role and we have continued to work harmoniously this way for five seasons. There is huge respect between us. I feel very proud to lead Cariboo lodge and am grateful to Ernie for teaching me the skills to do it right."

Ernie, on behalf of your CMH family, congratulations on reaching this amazing milestone.

Get Social, Get Connected

by Jane Carswell

Do you Tweet? Share? Like? Check-in? Subscribe? Scan? Regardless of your social media habits you likely come across CMH Heli-Skiing & Summer Adventures in your daily web travels. We have found and followed many of you in the last couple of years via social media but for those we haven't yet connected with, please reach out.

Here's where you can find us:



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Facebook: /cmhski

We love it when you post your stories and photos on our Facebook page and have been known to randomly mail gifts to those who post, so don't be shy.

If getting this newsletter twice a year just isn't enough, you can get your daily fix on our blog. We have a great list of contributors and cover a wide range of stories. Check out these recent articles:

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