



PLANNED ITINERARY

HIGH-FLYING HELI-ADVENTURE

BOBBIE BURNS LODGE

DAY 1: BANFF TO BOBBIE BURNS HELIPAD

7:00 am Meet at the Brewster Transportation Centre for the ground transfer from Banff to the Bobbie Burns Helipad.

7:15 am Depart Banff.

10:00 am (Mountain Time) Arrive at the helipad for the quick, flight to Bobbie Burns Lodge. Get outfitted with all the necessary hiking/climbing gear. Lunch at the lodge. Following a helicopter safety talk, your certified mountain guide will escort you through this untamed wilderness where you have the opportunity to test your mountain legs and gain some personal insight into how this high-flying adventure will unfold. Heli-flight back to the lodge late afternoon for appetizers and beverages, and relaxation before dinner.

7:00 pm Dinner is served family style, with guests and staff eating together. **(L, D)**

DAY 2: BOBBIE BURNS

Morning starts with a stretch class so you can warm up your muscles and prepare yourself for a full day of mountaineering. After breakfast, your a-waiting helicopter will transport you out into the field for a full day of adrenalin filled exploration. Your guide will set up your program for you. Perhaps you'll start with our Bobbie Burns Canyon Adventure Trail offering an extra opportunity for any novice adventure-seeker to test their limits of excitement. Experience a thrilling ride across a zip-line secured over a raging river. Inch your way between tree tops along a spectacular high ropes course. Rappel down a vertical rock face before scaling the length of a via ferrata. Lunch is out in the field. Return this afternoon for down-time before joining your new-found friends at dinner. **(B, L, D)**

DAY 3: BOBBIE BURNS

After the morning stretch and breakfast you are off to another adventure. Our certified mountain guides will escort you on an adventure like no-other. A short helicopter flight will drop you at the base of Nimbus Tower (elevation 8,700 feet) in the Columbia Mountains for a breath-taking, heart-pounding, muscle-testing day of exploration. Guests will be roped up with the latest technical climbing gear, before being instructed and guided through a series of high mountain adventures. Approaching the first of two towers, your guide will clip you in to the self-protecting cables of the via ferrata system. Climbing, scaling, and scrambling you will make your way over the first tower where you will find your next challenge awaiting: a high cable bridge spanning 160 feet across a steep gully with the bottom an amazing 2,000 feet below. Your next challenge will be to scale the second tower before your final descent – a free-hanging rappel 180 feet to the valley below. At the end of the day you are back at the lodge comparing experiences with fellow-guests over appetizers and later dinner. **(B, L, D)**

DAY 4: BOBBIE BURNS TO CALGARY

8:00 am Breakfast, then prepare for departure.

9:30 am Heli-exchanges begin from Bobbie Burns Lodge to Helipad.

11:30am Depart the helipad by motorcoach, returning to Calgary Airport. Boxed lunch is provided for the return trip.

2:15pm Arrive in Banff. **(B, L)**

4:00 pm Arrive Calgary Airport.

HIKING TIPS

Hydration: Drink plenty of water. You need to replace water lost through perspiration and activity.

ALLERGY ALERT:

The Bobbie Burns Lodge is NUT-FREE