



CMH Summer Adventures Arrival / Departure Details

2013 Bugaboo Lodge Departures

Arrival Transportation Schedule:

Your adventure begins in Banff, where you will depart by private coach for CMH Bugaboos. On board you are accompanied by a CMH Coach Host, and there will be refreshments including a selection of fruit, snacks and beverages. Please be sure you arrive at the Brewster Transportation Centre (100 Gopher Street) 30 minutes prior to departure.

07:30	Coach Departs Banff
08:00	Castle Junction
9:50	CMH Bugaboos Helipad at Spillimacheen, BC

Meeting your CMH Transportation

The evening prior to your departure, call either of the local taxi companies in Banff to reserve a morning pickup at your hotel. Let the company know that you are travelling with CMH and that you will need to be delivered to the Brewster Transportation Centre. The cost of the cab, as well as a gratuity for the driver, is paid for by CMH.

Banff Taxi: 403.762.4444
Taxi Taxi: 403.762.8000

Planning to stay in Lake Louise?

Let our Reservations Department know which hotel you will be staying at, and we will arrange for a shuttle to pick you up at approximately 07:30 so you can rendezvous with the coach at Castle Junction. Also, let us know if you need a return shuttle to Lake Louise from the outbound coach as it passes through Castle Junction.

Parking in Banff

Please arrange with your hotel for vehicle parking for the duration of your CMH Heli-Hiking Trip.

Meeting at the Helipad

If you wish to drive direct to the helipad, please advise us in advance so that we can provide you with directions, and a clear, easy to follow map. You will need to arrive at the helipad by 9:50 to be transferred to the lodge by helicopter. Send your map requests to navigation@cmhinc.com.

Parking at the Helipad is available. We do everything possible to ensure your vehicle remains safe, however parking at the heli-staging area will be at your own risk.

Departing the Lodge

Due to the fluctuating number of flights required to bring all outbound guests from the Lodge to the Helipad and other logistical elements, the departure time from the Lodge and arrival in Banff/Calgary will vary.

The typical departure time would be:

11:15	Coach Departs Bugaboo Helipad
13:05	Castle Junction
13:35	Banff Brewster Transportation Centre
15:05	Calgary International Airport

When booking departing flights from Calgary, they should be booked for after 6:00 p.m.

CMH Navigation

In the event that you are delayed en route to meet the coach in Banff, or for the scheduled arrival time at the helipad, please call or email one of our friendly and knowledgeable staff at:

Phone: 403.762.7809 Direct Line

*Monitored 07:00 – 19:00 MST
After hours please contact us via email or leave a voicemail.

Email: navigation@cmhinc.com

Emergency Contact:

To contact a guest at Bugaboo Lodge, please contact our main office at the number / email below. All messages received after hours will be relayed to the guest at the earliest opportunity.

**CMH Main Office in Banff:
800.661.0252**

Office Hours:

08:30 – 17:00 Monday – Friday
08:00 – 15:00 Saturday

Email: info@cmhinc.com

Nut Allergy Alert

Due to our remote location and the prevalence of nut allergies we have made the decision to have both lodges **NUT FREE** to make for a worry-free family vacation. Please do not bring ANY nut products including trail mix, snacks, or sport bars with you. All nut items are prohibited on the coach and will need to be discarded prior to departure for the lodge.