



## CMH Summer Adventures Arrival / Departure Details

### 2013 Bobbie Burns to Bugaboos Lodge to Lodge Departures

#### Arrival Transportation Schedule:

Your adventure begins in Banff, where you will depart by private coach for CMH Bobbie Burns. On board you are accompanied by a CMH Coach Host, and there will be refreshments including a selection of fruit, snacks and beverages. Please be sure you arrive at the Brewster Transportation Centre (100 Gopher Street) 30 minutes prior to departure.

07:45	Coach Departs Banff
08:45	Lake Louise
09:45	Golden
10:15	CMH Bobbie Burns Helipad at Parson, BC

#### Meeting your CMH Transportation

The evening prior to your departure, call either of the local taxi companies in Banff to reserve a morning pickup at your hotel. Let the company know that you are travelling with CMH and that you will need to be delivered to the Brewster Transportation Centre. The cost of the cab, as well as a gratuity for the driver, is paid for by CMH.

Banff Taxi: 403.762.4444

Taxi Taxi: 403.762.8000

#### Planning to stay in Lake Louise?

Let our Reservations Department know which hotel you will be staying at, and we will arrange for the inbound coach to rendezvous with you at the Post Hotel at 08:45. If you are staying at another hotel, CMH will organize a taxi to pick you up and transport you to meet the inbound coach. If you are again staying in Lake Louise after your trip with CMH, the outbound coach will drop you off at the Post Hotel as it passes through Lake Louise.

#### Parking in Banff

Please arrange with your hotel for vehicle parking for the duration of your CMH Heli-Hiking Trip.

#### Meeting at the Helipad

If you wish to drive direct to the helipad, please advise us in advance so that we can provide you with directions, and a clear, easy to follow map. You will need to arrive at the helipad by 10:00 to be transferred to the lodge by helicopter. Send your map requests to [navigation@cmhinc.com](mailto:navigation@cmhinc.com).

Parking at the Helipad is available. We do everything possible to ensure your vehicle remains safe, however parking at the heli-staging area will be at your own risk.

#### Departing the Lodge

Due to the fluctuating number of flights required to bring all outbound guests from the Lodge to the Helipad and other logistical elements, the departure time from the Lodge and arrival in Banff/Calgary will vary.

The typical departure time would be:

11:15	Coach Departs Bugaboo Helipad
13:05	Castle Junction
13:35	Banff Brewster Transportation Centre
15:05	Calgary International Airport

***When booking departing flights from Calgary, they should be booked for after 6:00 p.m.***

## CMH Navigation

In the event that you are delayed en route to meet the coach in Banff, or for the scheduled arrival time at the helipad, please call or email one of our friendly and knowledgeable staff at:

**Phone: 403.762.7809 Direct Line**

\*Monitored 07:00 – 19:00 MST  
After hours please contact us via email or leave a voicemail.

**Email: [navigation@cmhinc.com](mailto:navigation@cmhinc.com)**

#### Emergency Contact:

To contact a guest at Bobbie Burns or Bugaboo Lodge, please contact our main office at the number / email below. All messages received after hours will be relayed to the guest at the earliest opportunity.

**CMH Main Office in Banff:  
800.661.0252**

Office Hours:

08:30 – 17:00 Monday – Friday  
08:00 – 15:00 Saturday

**Email: [info@cmhinc.com](mailto:info@cmhinc.com)**

#### Nut Allergy Alert

Due to our remote location and the prevalence of nut allergies we have made the decision to have both lodges **NOT FREE** to make for a worry-free family vacation. Please do not bring ANY nut products including trail mix, snacks, or sport bars with you. All nut items are prohibited on the coach and will need to be discarded prior to departure for the lodge.