



SPEAKER SERIES
CAM GILLIES
ORNITHOLOGIST

BUGABOOS HELI-HIKING
JULY 12-15, 2013

JUL 12: BANFF TO BUGABOO HELIPAD

Taxi transfer from your hotel down to the Brewster Transportation Centre.

7:30 am Depart Banff for the journey by motorcoach to the Bugaboo Helipad. Light breakfast and beverages included for the drive.

10:00 am (Mountain Time) Arrive at the helipad for the quick flight to Bugaboo Lodge. After settling into your room, you'll be outfitted with all the necessary hiking gear. Lunch at the lodge. Following a helicopter safety talk, fly up for an afternoon of hiking in some of the world's most stunning mountains. Fly back to the lodge in the afternoon for snacks, beverages, and relaxation before dinner.

7:00 pm Dinner is served family style, with guests and staff eating together.

(B, L, D)

JUL 13, 14: FULL DAYS OF HELI-HIKING

7:30 am Optional morning stretch class.

8:00 am Breakfast buffet. After breakfast, choose from a variety of sandwiches and snacks for your packed lunch in the mountains.

9:00 am The first helicopter leaves the lodge. Each group of hikers, accompanied by a guide, spends the day exploring the immense variety of landscapes in the Bugaboos. After a memorable day, fly back to the lodge, where snacks, beverages or the sauna and outdoor whirlpool await.

7:00 pm Dinner is served.

(B, L, D)

Cam Gillies grew up in the Rocky Mountains of British Columbia and is passionate about birds and photography and guides many of his own trips. He completed his PhD at the University of Alberta on the movement of forest birds in Costa Rica.

Join Cam as he presents his research and fieldwork on various projects he has been involved with, including the catching of endangered Leopard Frogs to snow-tracking Wolverines and following the movements of Barred Ant Shrikes and Rufous-Naped Wrens with radio-telemetry. Learn about his travels through the Caribbean, Central and South America.

JUL 15: BUGABOO LODGE TO CALGARY AIRPORT

8:00 am Breakfast buffet, then prepare for departure.

9:30 am First flight out of the lodge.

11:30 am Depart the Bugaboo Helipad by ground transportation and retrace the journey through Western Canada's national parks to Banff, and Calgary International Airport. A packed lunch is provided for the return trip

1:30 pm Arrive in Banff.

3:30-4:00 pm Arrive at the Calgary Airport.

(B, L)

Trip Inclusions:

- 3 nights accommodation
- transportation from Banff to the Bugaboo Heli-Pad
- 2 ½ days of guided mountain exploration with helicopter flights
- special presentation by Cam Gillies, meals, all snacks, non-alcoholic beverages
- use of CMH hiking equipment (boots, jacket, backpack; we provide a waterbottle and lunch bag)

Pricing:

Adults	\$2,640
Youth (15-17 yrs)	\$2,320
Child (5-14 yrs)	\$1,980

Prices are per person CAD, based on double occupancy and subject to applicable taxes

Deposit:

\$300 CDN to confirm your space.

Reservations:

To secure your spot on this adventure, contact CMH Reservations at 1.800.661.0252 or sales@cmhinc.com