#### **TEENS**

**Sunday Morning LifeGroups**—Meet from 9:45–10:30 AM (between services) in the classrooms beginning Sept. 9<sup>th</sup>.

**Young Men's LifeGroup**—For guys in grades 7–12 meets in the Youth Building Sunday nights beginning in October. Watch for starting date, time and details!

Group contact: Matt Aldridge, 218-269-4879.

**Girls Night Out**—Girls in grades 7–12 are invited to this monthly time of fun, food and fellowship! Sometimes we bake together...we always have something to snack on...we have a time of devotions, games and always have FUN! Begins Sunday, Sept. 23<sup>rd</sup>, 5–7 PM. Then meets the third Sunday of the month, 5–7 PM in the Lower Level Oct. through May. Contact Taylor Welman for information, 218-481-5293.

#### Children

**Sunday LifeGroups**—Meet from 9:45–10:30 AM (between services) in the classrooms beginning Sept. 9<sup>th</sup>.





## 2018 FALL LIFEGROUPS

# LifeGroups for everyone

**Psalms & Proverbs**—Adult Sunday school at its best…a time for gathering together to learn and share as we work through the books of Psalms and Proverbs. Meets Sundays 9:45 to 10:30 AM in the Fireside Room. For more information contact Stan & Teresa Anderson, 218-879-1245.

**First Steps:** *the journey of the early disciples*— Follow the journey of the first disciples as recorded in the book of Acts. They encountered many firsts—praying together, infilling and gifts of the Holy Spirit, caring for the poor, racism, and more. Ten lessons in 10 weeks, plus get to know the people better who walk today's journey with you. Meets Wednesdays from 6:30–7:45 PM in the Fireside Room beginning Sept. 12<sup>th</sup> led by Jim Rogers.

**Doorways Class**—This class will introduce you to our church, answer your questions and explain how we aim to serve. The class is open to all—but we especially request all new and future members to attend. So if you are new to Journey, you are interested in membership, or you're a member who has not taken the Doorways Class, it's for you! Taught by Pastor Hollis and Pastor Fred this class meets Wednesdays, 6:30–7:45 p.m. in the Lower Level, October 17 through November 7.

**DivorceCare**—You don't have to go through it alone! DivorceCare is a divorce recovery support group where you can find help and healing for the hurt of separation and divorce. This group meets on Thursdays, 6:30–8:30 PM in the Fireside Room beginning Sept. 13<sup>th</sup>. Contact Chris Breister, 715-580-0295, for more information. Cost for the book is \$20.

**GriefShare**—Meets Mondays beginning Sept. 24<sup>th</sup>, in the Fireside Room, 6–7:30 PM. This group is for anyone who going through the grieving process from the death of a family member. Cost for the book is \$15. For more information contact Randy Thudin, randythudin@gmail.com.

# **Marriage**

**Marriage Groups**—Grow your marriage together with others in a groups lead by various Marriage Mentor couples. Groups start and end throughout the year, so call for information on openings for new couples. For more information contact Pastor Fred and Carla Goldschmidt (218-879-6765) or Skye and Brian Smith (218 591-7748).

### Men

**Sharpening Iron Men's Group**—This group meets the first Tuesday of the month at 7 PM in the Fireside Room. The main purpose is to develop connectedness and friendships among men at the Journey. Come at 6:30 PM for coffee and conversation. For more information contact Ted Sexton, 218-729-7617.

### Women

Monday Night Ladies Bible Study—Having a Mary Heart in a Martha World...each of us has some Mary and some Martha within. The Mary wants us to leave the dishes and sit at Jesus' feet, while the Martha in us wants to attend to the multiple tasks around us. This group meets Mondays at 6:45 PM at the home of Joan Pedersen, 2009 ½ Doddridge Ave., Cloquet, beginning Sept. 10<sup>th</sup>. Cost is \$9.50 for the book. For more information, contact Joan Pedersen, 218-879-5835.

**Ladies Bible Study**—This longest running Bible study in our church meets Tuesdays at 1 PM in the Lower Level. We begin Sept. 11<sup>th</sup> and will be studying the Book of Hebrews. For more information contact Ruth Rasmussen, 218-879-2425.

Mom's Group—Meets Tuesdays beginning Sept. 11 from 9:15 to 11 AM in the Family Room. Mom's Group is a wonderful opportunity to share, learn and belong if you are a mother of small children. This fall we will be learning from Lysa TerKeurst through her "Finding I Am" study. For more information contact Deanna Johnson, 218-391-9495.

The Bondage Breaker—This group will meet Tuesday afternoons from 1–3 PM at the home of Leona Johnson, 6 Keanu Lane, Esko, beginning Sept. 11<sup>th</sup>. We will be reading The Bondage Breaker and studying the scriptures that support daily victorious living as Christians. This book is an excellent study for anyone interested in growing in Jesus, and learning how to encourage others in their walk with Jesus. This group should finish before Christmas. Call Leona if you would like to order a book, 715-821-3900.

Wednesday Morning Women's Life Group—All women are welcome to our Beth Moore study on the book of Daniel, the second portion of the study that explores thrilling prophecies from the time of Daniel through the second coming of Christ. Group meets Wednesdays, 8:30–10 AM, in the Fireside Room, from Sept. 12 to Dec. 5. Contact Dana Sanders, 218-464-7034, or Jes Manninen, 218-310-4249, for more information and to order the book, \$20, before the group starts.

"Love You to Pieces" Quilt Group"—This group for women interested in quilting meets the 2<sup>nd</sup> Thursday of the month from 10 AM to 3 PM in the Lower Level beginning Sept. 13<sup>th</sup>. You don't have to know how to sew to join this Group! Questions? Contact Sue Belich, 218-349-1817 or Nancy Mrsola, 218-384-3332.

**Rise UP!**— We are so excited to start our first fall session of "Rise UP!" a group for moms of tweens and teens. Rise UP! is a ministry of women encouraging one another to rise up a generation of youth who know, love and follow Jesus. Our meetings will held Sunday evenings from 6:30–8 PM beginning Sept. 30<sup>th</sup>. For more information call Amber Male 218-390-1550. Rise UP!