



Apply It!

For the week of April 28, 2013

Scripture: *Philippians 4:8-9, Romans 12:2, Colossians 2:8* “*Mind Over Media*”

Big Idea: Consuming toxic media has the capacity to wreck a home.

1. Who is your favorite musical artist? Favorite movie? Favorite TV show?
2. What is the one form of media that you would have the most difficulty doing without?
(movies, TV, music, internet)
3. While growing up, did your parent(s) or guardian(s) monitor your media consumption? If so, describe their method.
4. In Philippians 4:8, Paul writes, “Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—**think** about such things.” Do you find yourself frequently having negative thoughts? If so, what steps can you begin to take in order to change your patterns of thinking?
5. Do you have a difficult time avoiding toxic TV shows, movies, music, or internet sites?
6. Which “secular” music, movies, or TV shows promote truth?
7. Do you monitor your kids’ media consumption? Describe the strategies you have put in place.
8. Choose a movie, song, or TV show and perform the 3D challenge:
Discover, Discern, Decide. Discuss your findings.

Further study: Colossians 3:1-4, Ephesians 4:22-24, Romans 8:5-11