

VIDEO GAME

C O N T R A C T

I WANT TO HAVE FREEDOM to make my own choices while playing video games. My parents want to trust me to make great choices while playing video games.

This document will help my parents and I agree on the kind of choices I can make that will earn their trust and give me the freedom that I want.

In order to earn trust and earn freedom:

WE AGREE...

- that my ability to play video games is a privilege and not a right.
- that I really love video games, and it's easy for me to lose track of time while playing them. So my parents and I will agree on a schedule for when I can play, and I will follow that schedule without complaining.
- that I will not play a game with a rating higher than the one my parents and I agree is appropriate for me.
- that my homework and household responsibilities will be complete before I play my video games.
- that I will not play online games or use the web browser on my gaming system without my parent's permission.
- that if a family member wants to play a video game with me, I will find a good stopping point in my game and let them play.
- that if my parents ask me to find a good stopping place to turn off my game, I will quickly finish my game without complaining.



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IF I MAKE THESE GREAT CHOICES...

I earn more freedom, and my parents commit to trusting me with my video game system. I also avoid arguments, lectures, and consequences that aren't fun at all.

IF I DON'T MAKE THESE GREAT CHOICES...

I will face the consequences of losing the privilege of playing video games for an agreed upon amount of time.

Parent Signature _____ Date _____

Gamer Signature _____ Date _____

