

SERVICE OPPORTUNITIES BY SPIRITUAL GIFTS

Administration

Knollwood Service Team Member

IJM – Administrative Help

Sanctity of Life – organize Baby Bottle Campaign

Administrative help

Mercy

Peer Counselor at Sanctity of Life

Peer Counselor at Britepaths

Mentor at Good News Jail Ministry

Teaching

Bible Study Leader for Good News Jail Ministry

Child Evangelism Fellowship Club Leader

Service

Take monthly food donations from Knollwood to Central Union Mission contact person

Shelter Upkeep at Central Union Mission

Serve Dinner at Central Union Mission

Bible Study Grader for Good News Jail Ministry

Food Collection and Delivery for Britepaths

Stock Pantry at Lorton Community Action Center

Do Laundry for the homeless at the Lamb Center

Kitchen or front desk help at the Lamb Center

Help sort donations, do building maintenance, or run errands for ECHO

CURRENT NEEDS AT ECHO

Food/Health

Food:

Flour/Sugar (2#)
Bag Rice (2#)
Vegetable Oil
Pancake Syrup
Pancake Mix
Macaroni and Cheese
Can Pasta
Spaghetti Sauce
Spaghetti
Jelly
Instant Potatoes
Bag Beans
Juice (Individual or Large Cans)

Personal Care Items:

Laundry Detergent
Deodorant
Shaving Cream
Children's Toothbrushes
Razors
Toilet Tissue
Facial Tissue
Shampoo/Conditioner

Supply Items

Masking tape – 1" & 2" widths
Clear tape – 2" width
13- and 30- gallon heavy duty bags
Ziploc bags – 2 gal., 1 gal., qt., sandwich
Batteries – AA, AAA & C
Brown paper grocery bags

Housewares

Flatware
Pots and pans – 2 qt. and larger
Large frying pans
Towels
Kitchen utensils (spatulas, etc.)

Small appliances
Vacuum cleaners
Sewing machines
Microwaves

Clothing

Children's winter coats, like new
Men's clothing – small & medium sizes
Boys' jeans – sizes 6 – 18
New white socks and underwear – all ages

Layettes

Baby wipes
Sleepers, sizes 0-3 and 3-6 months
Onesies, girls' 3-6 months

Children's Enrichment Bags

Educational games/activities
Card games
Dolls & clothing – gently loved or new
Small stuffed animals, Beanie Babies, etc.
Action figures, toy cars, Lego/Duplo blocks, etc.
Books for toddlers – 14 years
Items for ages 10-14 especially needed

Special Need

Computers and LCD monitors
Keyboards, mice, cables, power supplies and adapters

CURRENT LAMB CENTER NEEDS

HOUSEHOLD ITEMS

- 55 GALLON TRASH BAGS
- 13 GALLON TRASH BAGS WITH DRAW-STRINGS
- LYSOL SPRAY
- LAUNDRY DETERGENT AND BLEACH
- COSTCO PAPER TOWEL ROLLS FOR WALL DISPENSER
- PERSONAL CARE
- SMALL DEODORANT
- SHAVING CREAM
- TOOTHBRUSHES
- DISPOSABLE RAZORS

OTHER DONATIONS

- SMART TRIP CARDS AND METRO PASSES
- GIFT CARDS TO MAJOR DISCOUNT STORES

SERVING ITEMS

- STYROFOAM BOWLS
- STYROFOAM DINNER
- PLATES
- PLASTIC UTENSILS
- STYROFOAM COFFEE CUPS (8OZ)

CLOTHING ITEMS

- UNDERWEAR
- SOCKS
- BELTS
- T-SHIRTS
- THERMAL UNDERWEAR

FOOD & DRINKS

- BOTTLED WATER
- BUTTER/MARGARINE
- SALAD DRESSING
- CREAM CHEESE
- COFFEE
- MILK
- SALT
- CEREAL
- INSTANT OATMEAL
- POPTARTS
- FRESH FRUIT
- SMALL CANNED FRUIT