

A vertical bar on the left side of the slide, featuring a color gradient from blue at the bottom to yellow at the top. It includes a white arrow pointing up, a grey arrow pointing left, and a red arrow pointing right.

KEY ELEMENTS IN THE COUNSELING PROCESS

- ✓ Gathering Data
- ✓ Evaluating The Problem
- ✓ Gaining Involvement
- ✓ Giving Hope
- ✓ Using Homework

A 3D yellow box with a white outline, positioned to the right of the list. It contains the text 'FIVE KEY AREAS TO REMEMBER' in black, bold, uppercase letters.

**FIVE KEY
AREAS TO
REMEMBER**

Water Source is
The Word

River Is The
Main Flow Of
Church

Boats Are
The Church

The river concept is used because it is ministry to glorify God by having as much of the main flow of the river as possible, with the swiftest, growing at the rate of...

Naturally from here problems are being addressed and solved. Changing answers to the life. They are growing spiritually and becoming more like Jesus Christ.

The person stays in counseling only until he or she is ready to be enter back into the regular discipleship means of the church.

Counseling "restores" believers back to usefulness in the local church.

Normal discipleship when it is done well, presupposes that counseling is always being done among members at different levels.

about another aspect of "Other Ministry"

That is why we emphasis that we do not have a counseling session with an unbeliever - we have an evangelistic opportunity.

...in dis...
...uth or an en...
...are involved.



DATA GATHERING

As we you can see from the last slide the local church is vital In the context of counseling/discipleship.

In the next series of slides we are going to see how to formally Gather data with our Counseling Questionnaire.

As we talk through the importance of each section of the initial data Gathering process, keep in mind the Key Elements in Counseling.

DATA GATHERING



COUNSELING QUESTIONNAIRE

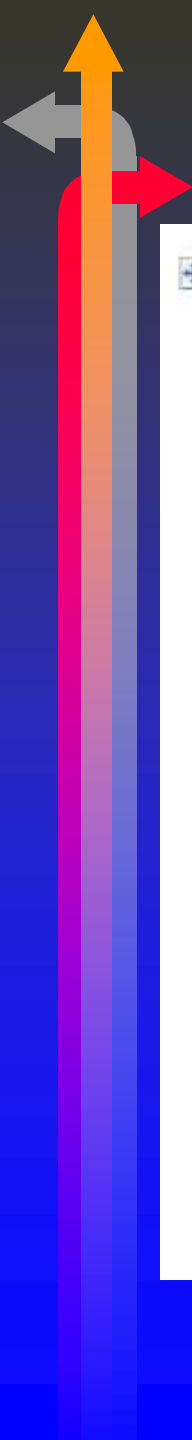
PERSONAL

| | |
|---------|--|
| Date | |
| Name | |
| Address | |
| Phone | |
| Email | |

| | |
|-------------------------|--|
| Occupation/ Employer | |
| How long? | |


| | |
|-----------------|--|
| Sex | |
| Date of Birth | |
| Age | |
| Marital Status | |
| Children's Ages | |

| | |
|--|--|
| Education/ Training (list degrees, years, other training) | |
|--|--|



HEALTH INFORMATION

| | |
|--|---|
| Rate your health (circle one; list additional information as needed) | <input type="checkbox"/> Very Good <input type="checkbox"/> Good <input type="checkbox"/> Average <input type="checkbox"/> Declining <input type="checkbox"/> Other: |
| List all important present or past illness, injuries, or handicaps | |
| Date of last medical exam | |
| Are you presently taking medication? | <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> If yes, please specify: |



Have you had any psychotherapy or counseling in the past? ㄹ

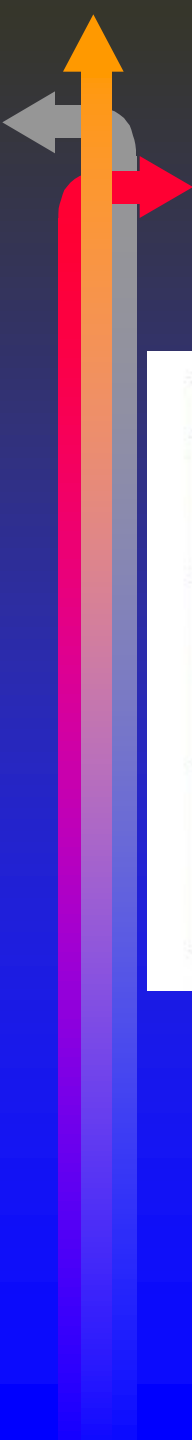
Yes.....No.....If yes, where and what was the outcome? ㄹ

Are you currently seeing a physician? ㄹ

¶
Yes.....No.....¶
ㄹ

SPIRITUAL BACKGROUND ¶

| | | |
|--|--|---|
| Do you believe in God? ¶ | Yes.....No.....Occasionally.....Often ¶ | ¶ |
| Are you saved? ¶ | Yes.....No.....Not sure what you mean ¶ | ¶ |
| Baptized? ¶ | Yes.....No..... ¶ | ¶ |
| Denominational preference. ¶ | ¶ ¶ ¶ | ¶ |
| Member ¶ | Yes.....No.....How long? ¶ ¶ Church Attendance times per month (circle): -0-1-2-3-4-5-6-7-8-9-10+ ¶ | ¶ |
| Summary of spiritual background ¶ | ¶ ¶ ¶ ¶ ¶ | ¶ |
| Do you read the Bible? ¶ | ¶ Often.....Occasionally.....Never ¶ ¶ What version do you prefer to read and study? ¶ ¶ Do you have regular family devotions? ¶ ¶ | ¶ |



| | | |
|---|--|---|
| HBC Member? ☒ | Yes.....No.....How long?☒ | ☒ |
| Participation ¶ (circle all that apply)☒ | Morning Worship.....Life Application Groups.....Evening Service.....¶ Wednesday Prayer Meeting.....Shepherding Groups.....Men's Bible Study....¶ Women's Bible Study.....Other:☒ | ☒ |
| Summarize spiritual background of spouse ☒ | ☒ | ☒ |
| Explain any recent changes in your spiritual life, if any? ☒ | ☒ | ☒ |

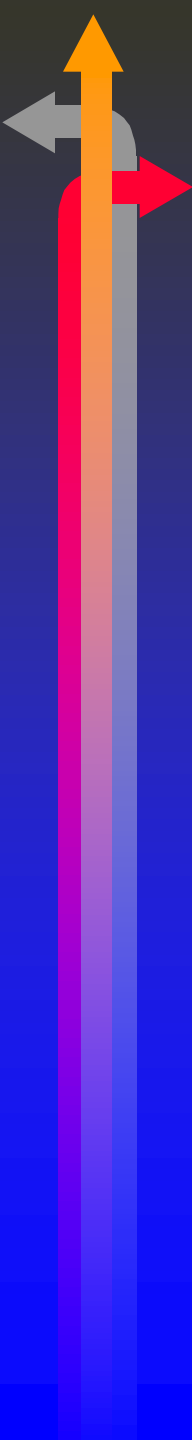
¶



BRIEFLY ANSWER THE FOLLOWING QUESTIONS:←

PLEASE USE A SEPARATE SHEET OF PAPER FOR A FULLER EXPLANATION. ¶

- 1.→ What is the main problem, as you see it? ¶
- 2.→ What have you done or tried to do about it? ¶
- 3.→ What can we do to help? What are your expectations in meeting? ¶
- 4.→ What kind of person are you? Describe yourself. ¶
- 5.→ Is there any other information we should know? ¶



Our counseling sessions are kept in the strictest confidence; we are concerned for your spiritual welfare and your restoration of service to God and the community. Our devotion to your spiritual needs, God's desire to image His Son in your life, and live in harmony with Him and the community, is essential. Galatians 4:19, 6:1-5, Romans 15:14, Colossians 3:16,17, Matthew 18:15-17, Hebrews 13:17, Colossians 3:23. ¶

All counseling is done in light of what we understand the Bible to say on the individual subjects that are discussed, and it is our view that God's Word has every answer for life and godliness. Since our Creator God knows our thoughts and desires, and because Scriptures are inspired by Him, and are perfect to make one wise, and because they are all sufficient for life and godliness, it is our belief that Scriptures are the only method to reveal the needs of man accurately, and reveal his deepest need properly. 2 Peter 1:3, 4, Psalms 139:1-7, 2 Timothy 3:16, 17, Psalm 19, 2 Peter 1:3, 4, Hebrews 4:12, Col. 1:16-18. ¶

The appointments that are made each week for you are important in the process of pleasing God in your life. Be sure to contact your counselor if you cannot make an appointment because of sickness, work, or some other conflict in your schedule. The session will then be rescheduled. It is your responsibility to ensure that you attend each session. We want you to come willingly and without repeated request to make each session. You will be contacted after being absent without notice one time. If you do not show up to sessions and do not contact us to give a reason for your absence after that notice, your counseling opportunity will cease. The effects of these sessions on your life depend on your commitment. ¶

Homework assignments are for your growth time outside of the actual counseling time. Your homework should be that which you depend on to grow and change. Think of the counseling session as an aid to your spiritual welfare and the homework assignments as the tool to change your life. Each assignment is biblically based and will lead you to a dependence on the Lord and not the counseling session. Please do your assignment thoroughly, these are the tools you will use for the rest of your life to grow and change and avoid relapse. If you do not understand the assignment and cannot complete it, we will work through it together at the next session. If the homework assignment is not completed because of lack of interest or laziness, your counseling sessions may be ended as well. We want to help you structure your life so that wholesome spiritual accountability will help you through your problems. A thorough evaluation must be done to resume counseling if you have lost the privilege of continuing your counseling sessions. ¶

We believe that each counseling opportunity affords us an opportunity to serve; however, we also believe that it holds us to the high standard of accountability before our God. Therefore, we never enter into counseling without first praying and acknowledging our stewardship accountability to our Lord. Part of that responsibility is to your church and its leadership. We ask if it is possible, that you notify your pastor that you are seeking counseling elsewhere. If you are the spiritual leader in your ministry, it would benefit you to let one person on the leadership team know of your intentions. If that is not possible, you may discuss with us why you do not think that informing the leadership of the church is wise at this moment, or why you may not think it is necessary. We believe (our or your church) can assist us to help you grow and change through your difficulties. Church leaders are encouraged to sit in on your sessions to observe our counseling if at all possible in order to reinforce our efforts. ¶

Church attendance aids in the full impact of counseling because of the added Biblical instruction you will receive. If you are not a member of a church, we strongly urge you to consider becoming a member of our assembly, or a Bible believing assembly that will help us reinforce our counseling effort. Here are few things that the church does for you. First: The church has a mandate to equip you and strengthen your spiritual life, Acts 20:28, Ephesians 4:11-13, 1 Peter 5:2. Second: The church's verbal ministry of the Word of God reinforces each week the things that you will hear during your counseling session, Romans 10:17. Third: The church propagates usefulness in the local church for the benefit of you and others, Hebrews 10:24, 25. ¶

I understand that these counseling sessions are based solely on the authority of the Word of God, and the counselor's understanding of what God's Word has to say about me. I will commit myself to the homework assignments and advice from the Bible, the Word of God. I will respect the exclusive rights of this official document and will not share its contents in any fashion with any other source without permission. ¶

¶

Signature & Date: _____ ¶

¶

A vertical bar on the left side of the slide, featuring a color gradient from purple at the bottom to yellow at the top. It includes a grey arrow pointing left at the top, a red arrow pointing right, and a yellow arrow pointing up.

KEY ELEMENTS IN THE COUNSELING PROCESS

- ✓ Gathering Data
- ✓ Evaluating The Problem
- ✓ Gaining Involvement
- ✓ Giving Hope
- ✓ Using Homework

A 3D yellow rectangular box with a white outline, positioned to the right of the list of key elements.

**FIVE KEY AREAS
TO REMEMBER**

These Key Elements Should Be Part Of Your Thinking
As You Gather and Evaluate Information
From The Beginning And Throughout The Sessions