

**PSYCHOLOGY 322**  
**BEHAVIOR MODIFICATION**  
**Spring 2012**

Instructor: John L. Hawley, Jr., Ph.D.  
Class Meeting Times and Place: MW 10:30 AM – 11:45 AM University Hall 1204  
Office Hours: W 9:30 AM – 10:30 AM Aquia 337 (Or Appointment)  
Psychology Dept. Adjunct Office: 703-993-5212  
Dr. Hawley's Outpatient Office: 703-850-7300 (Emergency Only)  
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**Text:** Martin, G. & Pear, J. (2011) Behavior Modification: What It Is and How To Do It (9<sup>th</sup> Ed.) Upper Saddle River, New Jersey: Prentice Hall

**Course Objective:** To develop basic behavior modification skills used in the practice of clinical psychology and other disciplines.

**Grading Policy:** Grades will be determined by 5 equally weighted components: 1) two (2) separate Class Exams, 2) the Final Exam, 3) a Behavior Modification Project, and 4) Class Participation. Grading scale is 94-100 A, 90-93 A-, 87-89 B+, 84-86 B, 80-83 B-, 77-79 C+, 74-76 C, 70-73 C-, 60-69 D, 0-59 F.

1. **Class Exams:** The two Class Exams are scheduled and noted in this syllabus. Unless there are extraordinary circumstances (legitimate compelling documentation necessary), no makeup exams will be given. Exam format will be multiple choice and essay questions, and will cover all reading assignments and class discussions to date.
2. **Final Exam:** The Final Exam is scheduled for Wednesday 5/9/2010 from 10:30 AM to 1:15 PM. This exam will be cumulative and will cover all reading assignments and class discussions; format will be multiple choice and essay questions. University policy regarding Final Exams applies.
3. **Behavior Modification Project:** Each student will design and implement a behavior modification project, and report the results in both a written format and in an oral class presentation. The project can include any of the concepts and/or procedures discussed in the text, but it must be original, independently done, and have some utilitarian value; the written report also must adhere to basic principles of scientific data presentation and report writing. Both a printed (typed) hard copy and an electronic/digital file copy (attach ".doc" or ".pdf" file format to jhawley@gmu.edu) of the report must be in the possession of the instructor no later than the beginning of the class date of the student's scheduled oral presentation (sign up list to follow).
4. **Class Participation:** Psychology 322 is an applied, practical, "hands on" clinical psychology class that draws heavily from the instructor's decades of clinical practice for case examples. Regular class attendance and participation in class discussions, therefore, is strongly recommended. If you are not in class and participating, you are not learning the material.

**Honor Code:** GMU has an Honor Code. Students are expected to know, understand, and adhere to this Honor Code and its definitions.

**Students with Disabilities:** If you are a student with a disability and you need academic accommodations, please see your class instructor and contact the Disability Resource Center (DRC) at 703-993-2474. All academic accommodations must be arranged through that office.

**Add/Drop Deadlines:** The last day to add this class is 1/31/2012. The last day to drop this class is 2/24/2012.

## CLASS SCHEDULE

Dates		Topics	Chapter Reading Assignments
M	1/23	Introduction	1,
W	1/25	Overview and History	2, 29
M	1/30	Behavioral Assessment	20, 21
W	2/1	Research and Program Design	22, 23, 24
M	2/6	Positive Reinforcement, Conditioned Reinforcement, Extinction	3, 19, 4, 5
W	2/8	Intermittent Reinforcement	6, 7
M	2/13	Fading, Shaping	9, 10
W	2/15	Stimulus Discrimination, Stimulus Generalization, Generality/Response Generalization, Chaining	8, 16, 11
<b>M</b>	<b>2/20</b>	<b>EXAM 1</b>	
W	2/22	Exam 1 Feedback and Learning, Behavior Modification Project Planning	
M	2/27	Punishment, Avoidance Conditioning	12, 13
W	2/29	Respondent Conditioning	14, 15
M	3/5	Systematic Desensitization	28
W	3/7	Rules and Goals, Modeling	17, 18
<b>M, W</b>	<b>3/12, 3/14</b>	<b>SPRING BREAK (class does not meet)</b>	
M	3/19	Token Economies, Self Control	25, 26
W	3/21	Cognitive Behavioral Procedures	27, 28
M, W	3/26, 3/28	Ethics Ethical Principles of Psychologists and Code Of Conduct	30 <a href="http://www.apa.org/ethics/code">www.apa.org/ethics/code</a>
<b>M</b>	<b>4/2</b>	<b>EXAM 2</b>	
W	4/4	Exam 2 Feedback and Learning, Behavior Modification Project Preparation	
M, W	4/9, 4/11	Behavior Modification Projects	
M, W	4/16, 4/18	Behavior Modification Projects	
M, W	4/23, 4/25	Behavior Modification Projects	
M	4/30	Behavior Modification Projects	
W	5/2	Review, Last Class	
W	<b>5/9</b>	<b>FINAL EXAM 10:30 AM- 1:15 PM</b>	