**SYLLABUS FOR COUNSELING PSYCHOLOGY**

**PSYCH 321 – Session 002**

**Spring, 2015**

**Thursday: 7:20 P.M. – 10:00 P.M.**

**Professor: Vilma Y. Nadal, Ph.D.** **Location:** Innovation Hall, Room. 208

**Telephone:** (301) 571-4898 **E-Mail:** [vnadal@gmu.edu](mailto:vnadal@gmu.edu)

**Office Hours:** Thursday 6:15 P.M. to 7:15 P.M.(or by appt.) Aquia Building: Rm 377

**Required Text:**

Pomerantz, A. M. (2014). (3rd. Ed.) Clinical Psychology: Science, Practice, and Culture. Los Angeles:Sage

**Course Objectives:**

The purpose of this course is to:

1. Provide students with an overview of the fields of Counseling Psychology and Clinical Psychology from a research perspective.
2. Assist students in the understanding of career development and vocational psychology from a theoretical perspective.
3. Increase students’ knowledge of psychological theory and research.
4. Enhance students’ ability to examine critically theoretical and research questions in psychology.
5. Help students develop an awareness of the impact of culture, language, gender, and various social factors in counseling and psychotherapy.

**Format of the Course:**

The format of the course will consist of lectures, readings, class discussions, and in-class presentations. Students are expected to read the assigned material to be covered on that day. If you miss a class, it is your responsibility to obtain the lecture notes from a classmate.

**Recommended Professional Journals:**

*American Psychologist*

*Consulting Psychology Journal: Practice and Research*

*Cultural Diversity and Ethnic Minority Psychology*

*Developmental Psychology*

*History of Psychology*

*International Perspective on Psychology: Research, Practice, and Consultation*

*Journal of Comparative Psychology*

*Journal of Consulting and Clinical Psychology*

*Journal of Psychotherapy Integration*

*Journal of Theoretical and Philosophical Psychology*

*Professional Psychology: Research and Practice*

*Psychotherapy*

*Psychological Review*

*Review of General Psychology*

*The Counseling Psychologist*

**Recommended Websites:**

[*www.apa.org*](http://www.apa.org)

www.counseling.org

[*www.nih.gov*](http://www.nih.gov)

[*www.healthy*](http://www.healthy)*people.gov*

**General Requirements:**

1. **Exams:** (50%) There will be three exams consisting of multiple choice and short answer/essay questions. The exams will cover the assigned readings and class discussions. No make-up exams will be offered. Students can drop the lowest grade, but **cannot skip the final exam.**

2**. Class Participation and Attendance:** (10%) The acquisition and development of professional skills is a process of integration through class discussions, and other activities. Therefore, class attendance, and participation are critical in this course.

**3. Group Presentations:** (15%) Each student will participate in a group preparation and delivery on a particular topic related to the class content. A list of topics will be provided in class for your selection.

4. **Synopses/Critiques:** (15%) Each student is required to write ***four article synopses/critiques*** on different articles from professional psychology journals on topics related to the class content. **The critiques are graded according to the following criteria:** (1) Relevance of the topic to the class, (2) description/summary of the article, (3) critical thinking and conciseness, (4) opinion or position regarding the point of the article, (5) follow APA style.

**5. Topic Paper:** (10%) The purpose of writing this paper is to provide students with the opportunity to research a topic of interest in the field of counseling psychology. The topic of the paper **must be approved** by the instructor. **Paper requirements:** (1) the topic must be within the field of counseling psychology, (2) paper must include three to four research sources (references), (3) student must provide an introduction, summary and critical analysis of the topic of choice, (4) also, offer an opinion or position and defend it with the content of the references included (4) the paper should be 8 to 10 pages long, (5) must be written in APA style.

***All papers and synopses must follow APA style.***

**6. Extra Credit:** (5%) **Optional research paper for extra credit.** Students can write a 4 to 5 page research paper on a topic related to class for extra credit. The topic of the paper **must be approved** by the instructor.

**7. Missed/Late Assignments:** Late assignments will be penalized. The grade will be decreased one letter grade per week (10 points every 7 days) it is late.

**8. Grading System:**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Grade**  **A+** | Percentage  **97 - 100** | **Grade**  **B+** | Percentage  **87 – 89.9** | **Grade**  **C+** | Percentage  **77 – 79.9** | **Grade**  **D+** | **Percentage**  **67 – 69.9** |
| **A** | **93 – 96.9** | **B** | **83 – 86.9** | **C** | **73 – 76.9** | **D** | **63 – 66.9** |
| **A-** | **90 – 92.9** | **B-** | **80 – 82.9** | **C-** | **70 -72.9** | **D-** | **60 – 62.9** |
|  |  |  |  |  |  | **F** | **0 – 59.9** |
|  |  |  |  |  |  |  |  |

**9. Honor Code:** You are responsible to adhere to the principles of the GMU honor code. Any infractions to the code will be referred to the Honor Committee. For more information, students can check the following website: http://academicintegrity.gmu.edu/honorcode/.

**10. Students with Special Needs** should see me immediately. Please provide documentation from the Student Services Office on the nature of your disability. You can contact the Disability Resource Center (CDR) at (703) 993-2474. All academic accommodations should be arranged through that office. Students can access the following website for more information: http:www2.gmu.edu/dpt/unilife/ods//

**11. Last day to add classes: January 27**

**12. Last day to drop classes with no tuition penalty: January 27**

**13. Last day to drop classes with 33% tuition penalty: February 10**

**14. Last day to drop classes with 67% tuition penalty: February 20**

**Schedule of Topics and Reading Assignments.**

***Changes to the syllabus schedule will be made as needed, and will be announced in class.***

**Assigned Journal Articles:** Will be posted on Blackboard.

# DATES TOPICS CHAPTER/ARTICLE

**January 22 Introduction, Overview**

**January 29 Counseling Psychology/Clinical Psychology Pomerantz Ch. 1**

**Similarities and Differences Assigned Reading**

**February 5 Evolution of Counseling and Clinical Psych. Pomerantz Ch.2**

**Current controversies Assigned Reading**

**First Synopsis Due**

**February 12 The Interface of Counseling Psychology Pomerantz Ch. 3**

**and Positive Psychology**

**Cultural Issues Assigned Reading**

**February 19 Ethical Issues Pomerantz Ch.4,5,6**

**Conducting Research Assigned Reading**

**Technological Advances in Counseling Psychology Reading**

**February 26 First Exam**

**Career Development Krumbolz, J.D. (2009)**

**Eggerth, D. (2008)**

**March 5 Vocational Psychology Duffy, R.D. & Dik, B.J. (2012)**

**Hirshi, A. & Herrmann, A. (2012)**

**Second Synopsis Due**

**March 12 SPRING BREAK**

**March 19 Diagnosis and Classification/DSM-5 Pomerantz - Ch. 7**

**March 26 The Clinical Interview Pomerantz - Ch. 8**

**Third Synopsis Due**

**April 2 Assessment Ch, 9 & 10**

**Second Exam**

**April 9 Issues in Psychotherapy Ch. 11**

**April 16 Theories of Counseling and Psychotherapy Ch. 12 & 13**

**Topic Paper Due**

**April 23 Theories of Counseling and Psychotherapy Ch. 14 & 15**

**Fourth Synopsis Due**

**April 30 Group and Family Therapy Ch. 16**

**LAST CLASS**

**May 7 Final Exam 7:30 - 10:15 P.M.**