**PSYCHOLOGY 321**

**Counseling Psychology**

**Spring 2015**

Instructor: John L. Hawley, Jr., Ph.D.

Class Meeting Time and Place: MW 9:00 AM - 10:15 AM Nguyen Engineering Building 1110

Office Hours: M 8:00 AM - 9:00 AM Aquia 337 (Or Appointment)

Psychology Dept. Adjunct Office: 703-993-5212 (No Message Availability)

Dr. Hawley’s Outpatient Office: 703-850-7300 (Emergency Only)

E-Mail: jhawley@gmu.edu

**Required Text:**

[Pomerantz](http://www.amazon.com/Andrew-M.-%28Mark%29-Pomerantz/e/B00MQV2XOW/ref=dp_byline_cont_book_1), Andrew M (2013) Clinical Psychology: Science, Practice, and Culture (Third Edition: DSM-5 Update) Thousand Oaks CA: SAGE Publications ISBN-13: 978-1483345048

**Course Objective:** To develop an understanding of the theories and methods of psychological counseling and psychotherapy used in the practice of Clinical Psychology and other disciplines.

**Grading Policy**: Grades will be determined by five (5) equally weighted components: 1) the two Regular Class Exams, 2) the Final Exam, 3) Term Paper, and 4) Class Participation. Grading scale is 94-100 A, 90-93 A-, 87-89 B+, 84-86 B, 80-83 B-, 77-79 C+, 74-76 C, 70-73 C-, 60-69 D, 0-59 F.

1. **Regular Class Exams:** The two (2) Regular Class Exams are scheduled and noted in this syllabus. These exams will cover all reading assignments and class discussions to date, but will focus on the preceding segment’s material; the exam format will be multiple choice and essay/short answer questions. Unless there are truly extraordinary circumstances (legitimate compelling documentation required), no make-up exams will be given.

2. **Final Exam:** The Final Exam is scheduled for Monday 5/11/2015 from 7:30 AM to 10:15 AM. This exam will be cumulative and will cover all class reading materials and discussions; format will be multiple choice and essay/short answer questions. University policy regarding Final Exams applies.

3. **Term Paper:** This course requires an original (not recycled), scholarly term paper on a topic (pre-approved by the instructor) pertaining to some aspect of psychotherapy, but falling under one of the five listed Panel Discussion rubrics (see “Class Schedule”). Term papers must be at least 10 double-spaced typed pages (of text) and include at least six (6) quality references. Both a printed hard copy and an electronic/digital file copy (attach “.docx” or “.pdf” file format to jhawley@gmu.edu) of the term paper must be in the possession of the instructor no later than the beginning of the 4/15/2015 scheduled Psychology 321 class. Students also will participate in and present their term paper research in one of the five scheduled Panel Discussions.

4. **Class Participation:** Psychology 321 is a practical clinical psychology class that draws extensively from the instructor’s decades of clinical psychology practice for illustration of psychotherapy concepts, processes, and techniques. The instructor, a full-time practicing psychologist, will cite numerous real case examples and use experiential exercises (self-revealing is not required; this is a class, not actual psychotherapy) to illustrate real-world psychotherapy. Obviously, a commitment to regular class attendance is very strongly recommended; if you are not present and participating, you are not learning the material.

**Honor Code:** GMU has an Honor Code. Students are expected to know, understand, and adhere to this Honor Code. The instructor for this course reserves the right to enter a failing grade to any student found guilty of an honor code violation.

**Add/Drop Deadlines**: The last day to add this class is 1/27/2015. The last day to drop this class is 2/20/2015.

**Students with Disabilities**: “If you are a student with a disability and you need academic accommodations, please see your class instructor and contact the Disability Resource Center (DRC) at 703-993-2474. All academic accommodations must be arranged through that office.” - Official George Mason University Statement

**Official Communications via GMU Email:** “Mason uses electronic mail to provide official information to students. Examples include communications from course instructors, notices from the library, notices about academic standing, financial aid information, class materials, assignments, questions, and instructor feedback. Students are responsible for the content of university communication sent to their mason email account, and are required to activate that account and check it regularly.” - Official George Mason University Statement

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**CLASS SCHEDULE**

# Discussion Topics with Text Chapter Readings

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| **DATES** | **TOPICS** | **Chapter(s)** |
| W 1/21, M 1/26 | Introduction, Course Overview |  |
| W 1/28 M 2/2 | What is Clinical/Counseling Psychology?  Training, Research, Practice | 1-6 |
| W 2/4, M 2/9,  W 2/11 | Assessment, Diagnosis, and Treatment Planning  in Clinical/Counseling Psychology | 7-10 |
| **M 2/16** | **Term Paper Topics and Panel Discussions Selection** |  |
| M 2/16, W 2/18 | Basic Psychotherapy Techniques |  |
| **M 2/23**, | **EXAM 1** |  |
| W 2/25 | Exam 1 Feedback |  |
| M 3/2 | General Issues in Psychotherapy, Theoretical Orientations in Psychotherapy | 11 |
| W 3/4 | Theoretical Orientation in Psychotherapy  Psychodynamic Psychotherapy, Humanistic Psychotherapy | 12, 13 |
| **M 3/9, W 3/11** | **Spring Break (Class does not meet)** |  |
| M 3/16, W 3/18 | Theoretical Orientation in Psychotherapy  Behavioral Psychotherapy, Cognitive Psychotherapy, Health Psychology | 14, 15, 18 |
| M 3/23 | Psychotherapy with Children, Adolescents, Couples, and Families | 16, 17 |
| W 3/25 | Group Psychotherapy | 16 |
| M 3/30 | Forensic Psychology | 19 |
| W 4/1, M 4/6 | Ethics in Psychology  (See APA website below\*) | 5 |
| **W 4/8** | **EXAM 2** |  |
| M 4/13 | Exam 2 Feedback |  |
| **W 4/15** | **ALL TERM PAPERS DUE** |  |
| W 4/15 | Assessment and Diagnosis Panel Discussion |  |
| M 4/20 | Individual Psychotherapy Panel Discussion |  |
| W 4/22 | Child, Adolescent, Couples, and Family Psychotherapy Panel Discussion |  |
| M 4/27 | Substance Abuse Treatment Panel Discussion |  |
| W 4/29 | Group Psychotherapy Panel Discussion |  |
| M 5/4 | Review, Last Class |  |
| **M 5/11** | **FINAL EXAM** |  |
|  | \* APA Ethical Principles of Psychologists and Code of Conduct http://www.apa.org/ethics/code/ |  |

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